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GOAL SETTING WORKSHEET

Start by thinking about different areas of improvement you would like to work on with your mentor. Prioritize them on a scale from 1 to 3 (1 - most important, 2 - medium importance, 3 - not important right now), then list your specific concerns in this area.

Being a Good Leader/Manager	Building Relationships/ Networking	Creating Work/Life Balance
Priority:	Priority:	Priority:
Concerns:	Concerns:	Concerns:
Developing My Career	Changing Jobs or Career Paths	Working Successfully in Banking
Priority:	Priority:	Priority:
Concerns:	Concerns:	Concerns:
Learning More About My Interest Areas	Improving My Technical Skills	Understanding the Culture of Banking
Priority:	Priority:	Priority:
Concerns:	Concerns:	Concerns:

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Preparing for Promotion	Furthering My Education	Dealing with Difficult People
Priority:	Priority:	Priority:
Concerns:	Concerns:	Concerns:
Managing Change	A Recent Promotion	Other:
Priority:	Priority:	Priority:
Concerns:	Concerns:	Concerns:
Other:	Other:	Other:
Priority:	Priority:	Priority:
Concerns:	Concerns:	Concerns:

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Next, look at the areas you marked as MOST IMPORTANT and the concerns you listed in those areas. Translate those concerns into goals, remembering that goals should be SMART:

- **SPECIFIC** Is this goal narrow enough?
- MEASURABLE How will I be able to tell whether I've achieved this goal?
- **ATTAINABLE** Can I create an action plan that leads me to achieving this goal?
- **REALISTIC** Is it reasonable to expect that I will achieve this goal?
- TIMELY Can I achieve it by my deadline?

Use this area to define your goals, commit to a deadline, and note what you have achieved throughout the program.

GOALS	DEADLINE	DEFINE SUCCESS
1.		
2.		
3.		
4.		
5.		

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