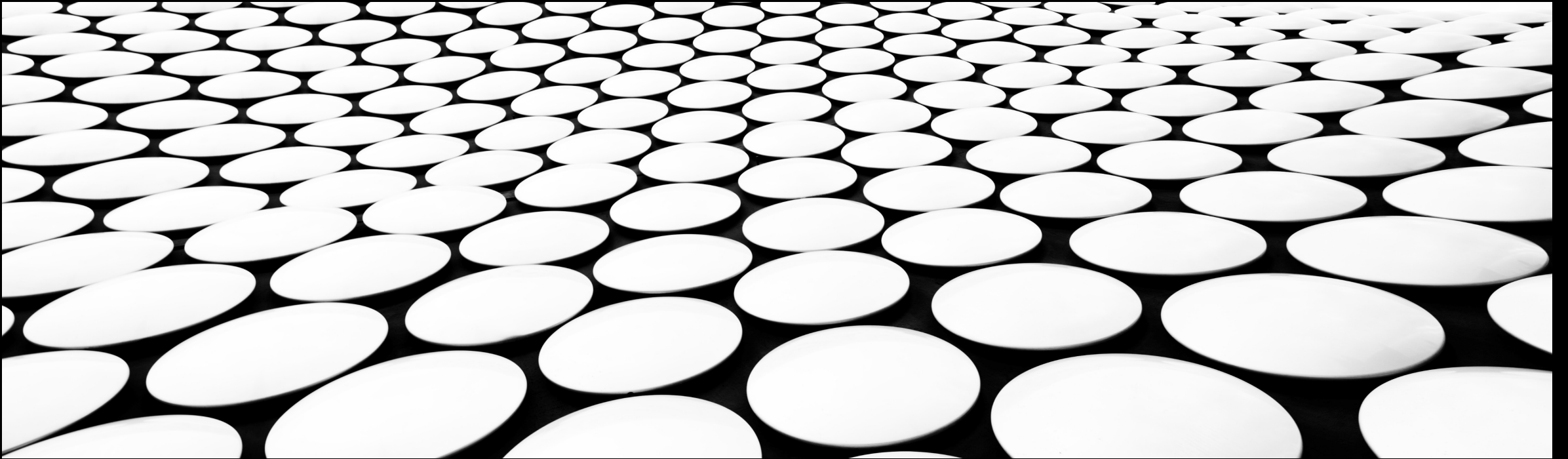


MAKE THE MOST OF OUR SITUATION

SUSAN HOSTETTER, SVP HUMAN RESOURCES AT TAB BANK





MY NORMAL





CHANGE



1. KEEP ROUTINES



AVERAGE COMMUTE

- OREM 18.3 MINUTES
- PROVO 18.4 MINUTES
- SLC 20.1 MINUTES
- WEST VALLEY CITY 22.8 MINUTES
- SANDY 24.2 MINUTES

2. REPURPOSE YOUR COMMUTE



3. WORKSPACE



4. FOCUS



5. BREAKS



6. MAXIMIZE TECHNOLOGY



7. CREATE GOALS



8. TAKE TIME
FOR YOURSELF



9. HONOR OTHERS



10. COMMUNICATE

MAKE THE MOST OF OUR SITUATION

1. KEEP ROUTINES
2. REPURPOSE YOUR COMMUTE
3. WORKSPACE
4. FOCUS
5. BREAKS
6. MAXIMIZE TECHNOLOGY
7. CREATE GOALS
8. TAKE TIME FOR YOURSELF
9. HONOR OTHERS
- 10.COMMUNICATE

MAKE THE MOST OF OUR SITUATION

SUSAN HOSTETTER

SENIOR VICE PRESIDENT OF HUMAN RESOURCES

801.624.5456 DIRECT

SUSAN.HOSTETTER@TABBANK.COM

