

Learning Institutes

Wednesday, November 19th, 2025 Marriott Marquis | Houston, TX 9:30 a.m. – 5:00 p.m.

A. TAADA Presents: Developing a Robust Treatment Plan Utilizing Consultation from Young to Late Adulthood

Topic: Counseling Theory/Practice and the Counseling Relationship, Human Growth and Development Theories in Counseling

Presenter(s): Stephen Jennings; Christina Meyers; Michele Mahr

Seasoned counselors often discover that a client's initial goal/presenting problem is only a symptom of deeper issues. Utilizing consultation as outlined in the ACA Code of Ethics, this program outlines the development of a generationally appropriate treatment plan from consulting with the client's support network.

B. CEO of Building a Business with Empathy and Ethics: The Culturally Sensitive Business Masterclass We All Missed

CE Requirement Category(s): Cultural Diversity, Ethics

Topic: Counselor Professional Identity and Practice Issue

Presenter(s): Terra Wagner

Building a culturally sensitive and ethical counseling practice requires intentionality at every step from your website to termination. An inclusive practice begins with use affirming, non-assumptive language woven throughout all written materials. The website should reflect diversity in imagery, language, and accessibility, ensuring all clients feel welcome. Intake processes must invite clients to share cultural and identity-based information safely and openly. In sessions, clinicians should practice cultural humility, tailoring approaches to fit each client's worldview. Diagnosing should be done with awareness of cultural norms to avoid mislabeling or pathologizing difference. Insurance documentation should be handled with

transparency and fairness, ensuring clients understand their rights and costs. Finally, termination should honor the client's journey and needs. When empathy and ethics guide every business decision, counseling becomes not only a service but a safe space for healing and respect across all cultures.

CANCELLED: C. Experiential Activities for Building Intimacy in Couples Counseling

D. TMHCA Presents: From Class to Clients: Launching a Legal, Ethical, and Profitable Private Practice

CE Requirement Category(s): Ethics

Topic: Counselor Professional Identity and Practice Issue

Presenter(s): Kate Walker; Jennifer-Marie Fairchild

Launching a private practice takes more than clinical skill—it requires a strong foundation in ethics, legal compliance, and business strategy. This six-hour pre-conference session is tailored for graduate counseling students and early-career professionals preparing to enter private practice. Participants will explore essential topics including ethical decision-making, risk management, business planning, and emerging trends such as the use of artificial intelligence in marketing, documentation, and client workflows. Special emphasis will be placed on how these innovations align with ethical codes and regulatory standards. Through interactive discussions, real-world case examples, and structured planning, attendees will develop a personalized roadmap to transition from classroom to practice. The session will also address common pitfalls related to supervision, pricing, and technology use. Participants will leave with increased clarity, confidence, and tools to ethically and effectively launch a sustainable private practice in today's evolving mental health landscape.

E. Overparenting at the Intersection of Generativity

Topic: Human Growth and Development Theories in Counseling

Presenter(s): Melodee Alexander

This session presents the progression of research on overparenting extending into midlife. Over the last two decades, a great deal of research has been presented on the impact of overparenting in childhood,

adolescence, and early adulthood; however, research is needed to understand the impact of overparenting in midlife. This presentation will cover the impact of overparenting in midlife, consider how these outcomes influence adult sibling relationships, and explore the overarching familial outcomes as parents share the generative stage and move into later life.