

# Be Prepared for Winter Storms

Snow, ice, and/or extremely cold temperatures are expected. This weather can cause power outages, frozen pipes, and dangerous road conditions.

## Keep these items in your home

- Non-perishable foods (like dried fruit, peanut butter, granola bars, etc.)
- Bottled water (1 gallon per person per day)
- Other items you may need:
  - Baby food, formula, and diapers
  - Prescription medications
  - Pet food and water

## Prepare for a power outage

- Have your phone and medical devices fully charged, and have a back-up battery if possible
- Get a flashlight, candles, and matches
- Have extra blankets, warm clothes, and thick socks

## Other tips

- If the overnight temperature will be below 20 degrees Fahrenheit, let your faucets drip to prevent your pipes from freezing.
- Keep space heaters at least 3 feet away from anything that can burn.
- Go to a warming center if your home gets too cold. Find locations at <https://www.tn.gov/tema/tennessee-shelters.html>.

**Learn more from the Red Cross** at <https://www.redcross.org/get-help/how-to-prepare-for-emergencies/types-of-emergencies.html>.