Save your Word document with your last name first:

“Last name – recipe name”

Email to fcp@quidnunc.net

Delete this text box before sending.

|  |  |
| --- | --- |
| **Name:** |  |
| **Email:**  |  |
| **Telephone (best #):**  |  |
| **Academy #:** |  |
| **I am at least 18 years old** |  | Yes |  | No |

**Replace this text with your recipe name**

**Yield:** # of portions and portion size

**Timing:** Prep Time = Total Time =

**20-word statement highlighting potato nutrition and/or the versatility of potatoes.**

**Include a photo here (compress iif possible) – the photograph is required but will not be used for judging purposes.**

**Ingredients**

*\*Up to 10 ingredients (salt, pepper, spices, herbs, and water are “free” and not part of the ingredient count).*

List in order of use in common measurements.

**Method of Preparation (Instructions)**

**Required utensils**