

FCP Newsletter Articles

Month	Article	Author	Subject
Summer 2021	Sustainable Nutrition: A Complex Balancing Act of Environmental, Economic, and Social Factors	Amy Myrdal Miller, MS, RDN, FAND	Sustainability
Spring 2021	An Overview of the 2020-2025 Dietary Guidelines for America	Toby Amidor, MS, RD, CDN, FAND	Policy
Winter 2021	A Tale of Collard Greens: Diversity, Equity, and Inclusion from	Lesley E. Schatz, MPH, RD, LDN & Lauren Swann, MS, RD, LDN	Food
Fall 2020	Community Nutrition and COVID-19	Brianna Tobritzhofer, MS, RD, LD	Food
Summer 2020	Healthy Soil: Farming Practices and the Soil Microbiome	Jennie Schmidt, MS, RD	Agriculture
Spring 2020	Preparing Delicious Meals on a Budget	Sara Haas, RDN, LDN	Meal Planning
Winter 2020	Protein: Quality and Quantity	Kim Schwabenbauer, MS, RD, CSSD	Food
Fall 2019	It Takes a Village to Prevent and Reduce Food Waste	Shirley A. Blakely, PhD, RDN	Sustainability
Summer 2019	From the Microbial World to the Table: Fermented grains and Legumes	Denis Ray Schneider, PhD	Food
Spring 2019	Sustainable Seafood	Stephanie Green, RDN	Sustainability
Winter 2019	Call it Plant-Based, Plant-Centric, Plant-Fordwar or Plant-Focused - Call it Good News	Mindy Hermann, MBA, RDN	Food
Fall 2018	Understanding the Gluten-Free Certification Process: What You Need to Know	Krista Ulatowski, MPH, RDN	Allergies
Summer 2018	Adapting Stages of Change and Motivational Interviewing to Enhance Customer Engagement in the Retail Setting	Eileen Myers, MPH, RDN, LDN, CEDRD, FADA, FAND	Consulting
Spring 2018	Agriculture In America: Complex Issues, Crucial Conversations	Amy Myrdal Miller, MS, RDN, FAND	Food
Winter 2018	Calories on the Menu: Accurate Calculations Dependent on W	Rachel Huber, MPH, RDN & Catherine Powers, MS, RD, LD	Regulatory
Fall 2017	Safely Accommodating Food Allergic Customers	Winthrop, Beth, MS, RD, CNSC & Pyper, Barbara J., MS, RD, SNS, FAND	Food Safety
Summer 2017	Farmers' Markets and the Older Adult Populations	Maacklenburg, Amalie	Food, aging
Spring 2017	What You Don't Already Know About FDA's New Food Labeling Regulations	Lovings, Jessica, MS, RDN	Regulations
Winter 2017	Tracking Trends: How Food and Cullinary Professionals Can Benefit and Leverage	Helm, Janet, MS, RDN	Food
Fall 2016	Come to Your Senses: An Exploration of Sensory Evaluation for Nutrition Professionals	Hottenstein, MS, RD, LDN	Food
Summer 2016	Can You Say Snack in French?	Redmoond, Michele, MS, RDN	Food
Spring 2016	Food Safety from Basics to Behavior	Stretch, Teresa, MS, RDN, CPFS & Pyper, Barbara J, MS, RD, SNS, FCSI, FAND	Food Safety
Winter 2016	Setting the Table for Success: Developing and Strengthening of Business Skills	Elana Natker, MS, RD	Business Skills
Fall 2015	The Roll of Food and Nutrition Professionals in Reducing Food Waste	Diane Welland, MS, RD	Sustainability
Summer 2015	Creating Scrumptious and Reliable Recipes	Marcia K. Stanley (MS, RD)	Food
Spring 2015	Legislation on your plate: School Lunch Edition	Berdan, Garrett (RDN, LD)	Policy
Winter 2015	Food and Drug Administraiton Final Rule on restaurnat menu labeling: How will coumers and restauranteurs respond?	Cluskey, Mary (PhD, RD)	Labeling

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Winter 2015	European Food Tour: Observations and Indulgences	Schwartz, Jaime (MS, RD)	Food, culture
Fall 2014	Creating Sustainable Food Systems: Case Study from the Dairy Industry	Fitzgerald, Erin	Sustainability
Summer 2014	Incorporating Seasonal & Local Foods into Meal Planning Lessons	Stevens, Allison (MS, RD, LD)	Meal Planning
Spring 2014	Kitchen Trends in High Volume Education Foodservice Operations: A Peek at What Savvy Operators are Saying	Cline, Tami (PhD, RD, SNS) and Olson, Sharon (MBA)	Equipment
Spring 2014	A Taste of What's to Come: 6 Insights from the Future of Food	Geagan, Kate (MS, RD)	Trends
Winter 2014	Communicating about Food: What Every Dietitian Ought to Know	Frasieur, Amy (MS, RD, CD)	Communications
Fall 2013	Managing Food Allergies in a Campus Setting	Winthrop, Beth, MS, RD, CNSC	Allergies
Summer 2013	Writing for Dietitians: Tips to Getting Started	Shanta Retelny, Vicky (RD, LDN)	Communications
Spring 2013	The Continuous Evolution of Food Labels: Regulatory revisions reflect how the packaged piece supports public health priorities	Swann, Lauren (MS, RD, LDN)	Labeling
Winter 2013	Sustainable Labels: mapping the footprint of eco-labels and certifications	Guiducci, Gina (MS, RD, LDN) and Beadle, Allison (MS, RD)	Labeling
Fall 2012	Leadership: A recipe for success	Pyper, Barbara (MS, RD, SNS, FCSI, FAND)	Leadership
Summer 2012	Being Social Media Tech Savvy	Omar, Danielle (MS, RD)	Communications
Spring 2012	Round-up of nutrition labels and profiling systems	Geiger, Sylvia (MS, RD)	Labeling
Winter 2012	School meal programs help fill nutrient caps for children	Martin, M. Josephine (PhD, RD)	School meals
Fall 2011	Benefits of Whole Grains	Slavin, Joanne (PhD, RD)	Food
Summer 2011	Passport to Flavor: Recapturing FCP's Culinary Workshop	Welland, Diane (MS, RD) and Bosshardt, Alexa (MPS, RD< LDN)	Education
Summer 2011	Argentina's World-Class Barbecues and Water Falls	Tsufis, Paula (RD, LD, CCP)	Travel
Summer 2011	Morsels, Nibbles and Bites	Fargo, Charlyn (MS, RD, LDN)	Menus
Spring 2011	Dietitians and the obesity epidemic - are we the driver or passenger?	Glenz, Meghan (MPH, RD, LD)	Wellness
Spring 2011	Napa Valley children and weight coalition	Delmonico, Sanna (MS, RD)	Wellness
Winter 2011	Choosing and enjoying foods in a complex world	Hellwig, Jennifer (MS, RD)	Wellness
Winter 2011	Winning the war on salt	Lakatos Shames, Tammy (RD, LDN, CDN, CFT) and Lakatos, Lyssie (RD, CDN, CFT)	Food
Fall 2010	What's for dinner? FCP finds out what's concerning - and confusing - today's consumers	Hellwig, Jennifer (MS, RD)	Menus
Summer 2010	Serving up farm to school programs: a trend with traction	Moores, Susan D. (MS, RD)	School meals
Spring 2010	Blending dietetics and culinary arts: A recipe for success	Fargo, Charlyn (MS, RD, LDN)	Career
Winter 2010	The World of spices: when flavor and nutrition unite	Bazilian, Wendy (DrPh, RD)	Ingredients
Fall 2009	Food safety in a global market: supply-chain protection	Cody, Missy (PhD, RD)	Food safety
Summer 2009	Delicious summer vacation bargains	Ball, Serena (MS, RD)	Leisure
Summer 2009	Hands-on learning in the Bahamas	Bartell, Michelle (MA, RD, CDN)	Education

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Spring 2009	Get connected and spread your message	Shanta Retelny, Vicky (RD, LDN)	Communications