

WM VIRTUAL SYMPOSIUM

Weighing the Evidence: The Future of Weight Management



Tuesdays @ 12 pm ET until 2:30 p.m. ET ~ February 1 & February 8

Join us for a total of 5 hours CPEU web-based education with 5 engaging expert speakers!
Each 2.5-hour session includes expert speakers followed by Q&A.

February 1st Sessions:

The Diabetes Galaxy: Looking at Weight Management and More in People with Diabetes

- Speaker: Susan Cornell, BS, Pharm.D, CDCES, FAPhA, FADCES
 - Summarize recent changes to the American Diabetes Association Management of Hyperglycemia in Type 2 Diabetes.
 - List recommendations for appropriately selecting glycemic-lowering medications to improve weight management, reduce ASCVD, HF and/or CKD risk in patients with type 2 diabetes.
 - Formulate patient-centered treatment for people with diabetes to manage weight and reduce cardio-metabolic/renal risk.

The Gut Microbiota and its Effects on Weight Loss after Bariatric Surgery

- Speaker: Elisa Morales Marroquín, Ph.D., M.S.
 - Evaluate the scientific evidence studying the relationship between the gut microbiota and bariatric surgeries
 - Provide the audience with nutritional recommendations for gut-microbiota targeted weight loss programs based on the available evidence
 - Examine the relationship between the gut microbiota and obesity development

Obesity Care: Perspectives from a Comprehensive Program

- Speaker: Meg Ariagno, MBA, RD, CSOWM
 - Summarize bariatric surgery as a treatment for obesity and examine literature on weight regain after bariatric surgery
 - Outline functioning pathways for patients experiencing weight regain Practice ethical decision making
 - Apply management strategies to support a comprehensive obesity program

February 8th Sessions:

Treating Obesity – Investigating the Evidence on Intervention Modalities and HAES

- Speaker: Tanya Halliday, PhD, RD
 - Describe current evidence examining the effect of HAES interventions
 - Compare and contrast intervention components in HAES and traditional weight management interventions
 - Implement evidence-based strategies for providing weight management interventions according to individual needs of adults with overweight or obesity

Counseling for Success – Shared Decision Making

- Speaker: Eileen Stellefson Myers, MPH, RDN, LDN, CEDRD, FADA, FAND
 - Explain how shared decision making is incorporated into a nutrition counseling session.
 - Define the components of a client-centered process in relation to evidence-based practice.
 - Demonstrate effective use of shared decision making in practice.

Virtual Symposium Early Registration Fees:

Early pricing ends 1/10/2022

WM DPG Member - \$20.00 per Session (\$30 after 1/10/22)

WM DPG Student or Retired Member - \$10.00 per Session (\$20 after 1/10/22)

Other - \$30.00 per Session (\$40 after 1/10/22)