



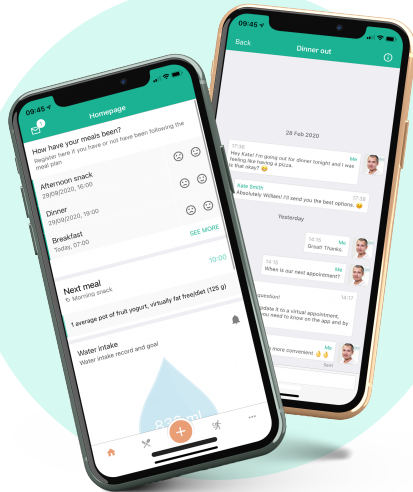
# Nutrition Software for Weight Management

## Web-based software for nutrition professionals

- Meal planning and recipe creation;
- Macro and micronutrient analysis;
- Diet and lifestyle assessment;
- Automated calculations;
- Food journals and water intake assessment;
- Weight progress between appointments;
- Lifestyle recommendations and goal setting;
- Direct and secure chat with clients.



*"I use Nutrium for logging patient information and creating meal plans. Nutrium has cut my work time down by at least 75% per patient."* **Wiley, S.**



## Nutrium free mobile app for clients

- Meal plans and recipes updated and one click away;
- Lifestyle recommendations and goal setting;
- Food diary with feedback from the professional;
- Water intake and meals reminders;
- Weight logs and physical activity tracking;
- Direct chat with the professional to assess needs.

*"The app allows for flexibility and diet plans can be modified based on patient feedback."* **Dr. Anand H.**

**Join us in a 14-day free trial and discover  
how Nutrium can help you change your clients' lives!**

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More than 100,000 nutrition professionals already trust us