Women's Health
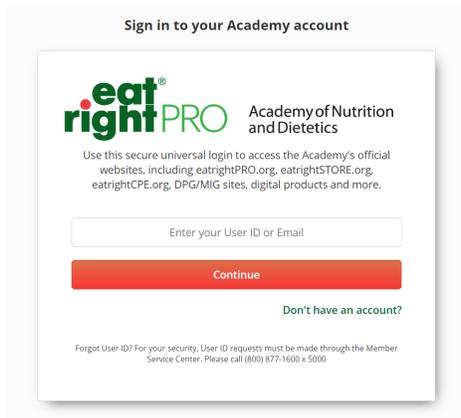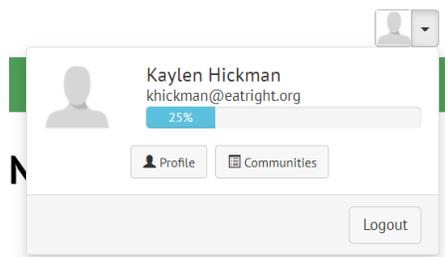a dietetic practice group of the
Academy of Nutrition and Dietetics

Women's Health Discussion Board Instructions

1. Email the following address directly to post to the discussion board:
   THEACADEMY-WH@ConnectedCommunity.org.
   a. The subject line of the email will become the subject line of the thread.

1. Navigate to the Discussion Boards page.

2. Click on the red "Sign in" button in the upper-right corner.   Sign in
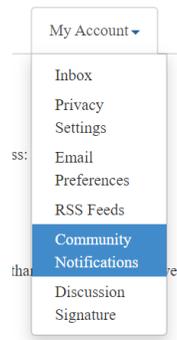
3. Log in using your Academy username and password.

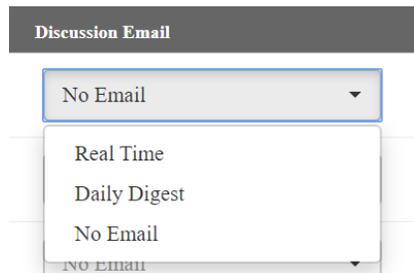
4. To post a new message:
   a. Click "Post New Message".
   b. Add a Subject and your discussion content.
   c. Click the blue "Send" button.

5. To reply to a message:
   a. Click "Reply to Discussion" to send your message to the entire community or "Reply to Sender" to reply privately to the original sender; both links are, located in the gray column at the right. (We recommend replying to the sender for simple comments that add little value to the overall discussion; and replying to the entire community when you are sharing knowledge, experience or resources that others could benefit from.)
   b. You can also reply from your email account by replying directly from the email notification you receive without having to log in to the community website. Simply click on the "Reply to Discussion" link in the column at the right and type in your message.

6. As a member of the discussion board, you are automatically enrolled in a "Daily Digest" email.

7. To change your email preferences, go to your 'Profile' page by clicking on the drop-down arrow next to the profile icon in the upper-right hand corner.

a. Select "Community Notifications" under 'My Account.'

b. Change your discussion board email preferences.

8. With the "Daily Digest" you will receive an email at the end of every day with all the posts that were sent.
   a. The links in the email allow you to either "Post New Message" to the discussion board, reply to the group or sender, or view the post on the website.