Clinical Nutrition Management

a dietetic practice group of the

Academy of Nutrition
and Dietetics

Annual Report

June 1, 2022 - May 31, 2023

Clinical Nutrition Management (CNM)
Dietetic Practice Group (DPG 44)

Submitted by Kerry Clark, RDN, CD, FAND Chair 2022 – 2023

From The 2022 – 2023 CNM DPG Chair

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Vision

Members positively influence healthcare through nutrition leadership.

Mission

Empower and support leaders to advance nutrition practices in healthcare.

The CNM DPG was established by dedicated nutrition leaders in 1983 and has continued to inspire and support members who are responsible for leading the development and implementation of nutrition programs across a variety of settings in the continuum of care.

This Annual Report describes the many activities and accomplishments that demonstrate the best of the CNM DPG for this membership year.

This encompasses engagement in promoting and advancing clinical nutrition practice and research, developing leadership skills, advocacy for correctly identifying and documenting malnutrition, promoting MNT and lobbying for reimbursement, remaining up-to-date in nutrition informatics and quality improvement action for all age groups... while fostering meaningful networking opportunities, mentoring and fiscally supporting students, while promoting a culture of diversity and inclusion!

My hope as Chair was to grow member benefits in 2022-23. With the support of engaged visionary leaders on our Executive Committee we accomplished this. New benefits included Informatics Virtual Technology Fairs and Hot Topics, an updated Pediatric Staffing Survey, growth in social media access & followers, further development in IDEA offerings with the #SEE ME initiative, and a newly formed Outpatient Member Interest Group. Additionally, we resumed in-person Symposium with a record number of first-time attendees.

Find the strategic plan on our <u>website</u>. Find previous annual reports <u>here</u>.

With enthusiasm and respect,

Kerry Clark, RDN, CD, FAND 2022 – 2023 CNM Chair

Final membership count on May 31, 2023: 1,770

CNM DPG 2021 – 2023 Goals						
Goal 1:	Provide opportunities, resources, and recognition to members to develop and enhance multidimensional skill for leadership and management.					
Goal 2:	Leverage data to lead nutrition-related healthcare initiatives and influence public policy					



Member Communications

Future Dimensions

In Clinical Nutrition Practice

Clinical
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Articles published in our <u>peer reviewed publication</u>, *Future Dimensions in Clinical Nutrition Practice*, this year reflected the diversity of leadership and practice of our members. Subjects included an update on ANDHII®, BMI and women of color, diagnosis and treatment of PCOS in marginalized women, wearables for clinical use, the role of the CNM in a VUCA environment, the dietitian licensure compact, the Cures Act mandate, professional civility and ethics in the workplace, prevalence of imposter phenomenon by RDN practice area, and the infant formula crisis. Regular reports kept members informed about our public policy efforts, the House of Delegates activities, and committees including nutrition informatics, quality improvement, reimbursement, and IDEA (inclusion, diversity, equity, access). Three CPEU articles were also provided this year.

Each issue is posted on the website as a full PDF, then also features each article within the newsletter separately. This change enables readers to easily locate and download article titles with CPEU and find their desired subjects, in addition to downloading the full newsletter. A total of 148 members completed one (or more) of 9 available guizzes with an 84% successful pass rate.

We would like to thank Jen Doley, MBA, RD, CNSC, FAND, *Future Dimensions* Editor, and associate editors Jenn Waters and Wendy Phillips for recruiting authors and providing editing services to ensure our newsletter is both evidence-based and provides practical application of clinical nutrition management strategies.

Article listing by issue:

Summer 2022:

- Nutrition's Role in ERAS Programs: Principles and Implementation (CPEU)
- Valid Methods for Diagnosing Malnutrition in Patients with Heart Failure

Fall 2022:

- Do You Know ANDHII[®]?
- Beyond BMI: Reckoning with the Racist History of Body Mass Index and Ending its Continued Burden on Women of Color (CPEU)
- The Diagnosis and Treatment of PCOS in Marginalized Women with Social Disadvantage

Winter 2023:

- The Role of the CNM in a VUCA Environment
- The Future Dietitian Licensure Compact Supports Clinical Nutrition Program Expansion and Payment
- The Cures Act Mandate

Spring 2023:

- Professional Civility and Ethics in the Workplace (CPEU)
- Prevalence of Imposter Phenomenon by Practice Area in Registered Dietitian Nutritionists
- Not Just a Pediatric Problem: Five Important Themes from the Infant Formula Crisis

Find CNM newsletters on the website <u>here</u>. Find CPEU quizzes here.

The priorities for the **Communications Committee in 2022-23** were to grow our social media following, distribution of News You can Use E-blast ~6 times/year, share both Academy & CNM DPG updates, and public policy action alerts to its members and followers. Our team helped coordinate messaging for our members to stay informed, including social media, and utilizing our eBlast and electronic mailing list. The News You Can Use features updates from the DPG, the Academy and other toolkits/resources to create a space for members to easily access current events all in one place. It was exciting to see in member survey results that this was listed as a top-rated benefit! We helped communicate Academy messaging when needed, helping our members understand how Academy efforts and activities are applicable to their own work. Our Communications team expanded our reach to attract new members and maintain current website information. The table below demonstrates our growth in social media audiences.

Social Media Platform	March 2018	May 2019	May 2020	May 2021	May 2022	May 2023
Facebook	2,156	2,451	2,741	3,414	3,794	3,931
Twitter	1,194	1,514	1,718	1,842	1,956	1,941
LinkedIn	215	300	387	820	1,874	2,259
Instagram	111	451	729	1,031	1,131	1,265
Total	3,676	4,716	5,575	6,107	8,755	9,396

Social media content is intended to create excitement for members to attend the CNM DPG Symposiums each year, and to help support education and financial stability of DPG and Academy events. There are many ways that members can stay in touch!

- Future Dimensions quarterly newsletter
- The CNM electronic mailing list (EML) and the Pediatric Subunit EML
- Watch for periodic e-Blasts!
- News you can Use updates
- Instagram: @CNMDPG
- Twitter: @CNMDPG
- Facebook: @ClinicalNutritionManagementDPG
- LinkedIn: Clinical Nutrition Management Dietetic Practice Group
- DPG Website: www.cnmdpg.org

In the coming year we hope to make better engage members with live video feed and/or the addition of podcasts.

Connect with us!



2023 CNM Symposium



We were very excited to return to an in-person format for the 2023 CNM Annual Symposium, "New Heights: Elevating Nutrition and Dietetics Practice" on April 27-29, 2023! The symposium provided CPEU from presentations and an additional 3-6 CPEU in optional events including the pre-conference, posters, and exhibits. There were over 160 attendees, 75 of which were "first timers," and 15 Exhibitors at the

symposium.

On Thursday, Sylvia Escott-Stump, MA, RDN, LDN, FAND, led an interactive pre-conference session on Teamwork, and we kicked off the symposium with our opening session focused on RD career advancement followed by a welcome reception with networking, hors d'oeuvres, and exhibits. Friday was a full day of presentations as well as an opportunity to review quality improvement posters and continue meeting with exhibitors. Saturday rounded out our symposium with speakers continuing to provide innovative and thought-provoking topics that led to energizing round table discussions at lunch.

Our Professional Development Committee is hard at work planning the 2024 symposium which will return to a virtual format as we continue to evaluate what the future of symposium looks like in a post-COVID era.





Public Policy

The Clinical Nutrition Management DPG prioritized public policy and advocacy efforts with guidance from the Academy.

The Policy Team's goals for the year included:

- Leverage CNM DPG member expertise on regulation or policy issues.
- Leverage CNM DPG resources to support ANDPAC.
- Strengthen member awareness and engagement in public policy and legislative issues.

During the year, the team:

- Highlighted over 10 action alerts, including as a report out in Executive Committee reports, the CNM newsletter, and via notifications to the social media team to be be included in member communications
- Attended the new monthly Dietary Guidelines Affinity Group.
- Requested member volunteers to provide feedback/research on the definition of ultra processed foods and definition of healthy.
- Attended the Townhall highlighting the White House Strategy on Hunger and provided an overview of the conference for the CNM DPG Newsletter
- Attended the Policy and Advocacy Summit and submitted an report for the Newsletter

Finally, the CNM DPG donated \$200.00 to the ANDPAC administrative fund which was funded in the FY 22 budget. An additional \$85.00 was donated on behalf of members who donated as part of a CNM event registration.

Nutrition Services Payment Committee

During 2022-2023 the Nutrition Services Payment Specialist updated the **Roadmap to Establishing a Hospital Based Outpatient Nutrition Program**. This tool provides education to those who are unfamiliar with the needs and intricacies of an outpatient program. The Roadmap also points readers back to the Academy websites for additional tools and resources. The Roadmap is ready for publishing on the CNM DPG website. The objectives of the Roadmap are to:

- Provide background information so the CNM can successfully set-up an outpatient department
- Provide information on coding and billing, including virtual/ telehealth visits
- Increase knowledge of Academy payment and reimbursement resources.

The NSPS continued to support member needs, by monitoring the listserv and replying as appropriate. This was increasingly important as the Public Health Emergency ended. The NSPS kept a close eye on communication from the Academy and relayed the information and updates to members. The NSPS also joined the Payment and Reimbursement Affinity group.

Nominating and Awards Committee

The Nominating Committee offered an excellent slate of candidates for our 2023-2024 ballot and continue to recruit CNM members who are interested in getting more actively involved in CNM DPG.

2022-2023 CNM EC Election Results:

Chair-Elect Donna Belcher, MS, RD, LDN, CDCES< CNSC

Treasurer Angela Hasemann Bayliss, MS, RDN

Nominating Committee Chair-Elect Amy Downey, RD, LD
Nominating Committee Member Lauren Sullivan, MS, RD

National Honors and Awards

2023 Medallion Marsha K. Schofield, MS, RD, LD, FAND

2023 Excellence in Management Kelly A. Danis, RD, LDN, FAND

50 Year Members

Donna S. Becker, MS Jane M. Dunn, MS, RD, CD Linda G. Snetselaar, PhD, RDN, LD, FAND Jean A. Wroblewski, MS, RD, CD

Pediatric Management Sub-Unit

The CNM Pediatric Sub-Unit was thrilled to reconnect in person this year! Much of the work of sub-unit members this year was focused on staffing between the CNM Pediatric Staffing Survey and the Pediatric RD Productivity Benchmarking Study.

CNM Pediatric Staffing Survey

Original plans had been to conduct the survey every other year and make that data available to CNM members. The survey was first launched in 2018 and repeated in 2019. However, due to the pandemic, it had not been repeated in 2021 as originally planned.

During a sub-unit dinner at FNCE® 2022 led by Whitney Duddey, the group connected to discuss any
questions they wanted to see added to the 2023 staffing survey as well as network and share experiences
and challenges they encountered during the pandemic.

- The survey was launched in early 2023 to all CNM members encouraging anyone with any pediatric services to complete the survey.
- The group met at the spring CNM Symposium, led by Caroline Steele, to discuss the survey results and staffing trends.
- Survey results were posted to the new CNM website in May and are available to all members in Excel format for easy sorting of data.

Pediatric RD Productivity Benchmarking Study

This study, led by Jennifer Krouse from Children's Hospital Wisconsin, is encouraging pediatric facilities to participate. At the time of the Symposium, 11 hospitals had signed on.

- During the sub-unit meeting at the spring CNM Symposium, Melissa Freeman from Lurie Children's Hospital provided an update on the study and encouraged members to consider participating.
- Study objectives:
 - To collect and aggregate-like data from pediatric institutions regarding the time it takes to provide nutrition care (both patient-facing and care coordination) in both inpatient and ambulatory settings, and for various sub-specialties.
 - To support the creation of benchmarking data that can be used across organizations to advocate for adequate dietitian staffing.
- Eligibility criteria:
 - o Minimum of 5 pediatric dietitians
 - Ability to collect real-time productivity data for all patient-directed activities, ideally within the medical record concurrent with those activities
 - Ability to sort patient-facing and care coordination time
 - o Ability to sort adult and pediatric care if your institution provides both
 - Commit to tracking routinely for 1 year, ideally full-time but at least 25% of patient care days (e.g. the first week of each month)
 - Ability to generate reports based on the data that can be sorted across a number of variables
- Timeline:
 - September 1st, 2023- October 31st 2023: Tracking begins; test period to ensure accurate data collection
 - November 1st 2023 November 1st 2024: Data collection period

Informatics Sub-Unit

The Nutrition Informatics Sub-Unit had a productive 2022-2023 year—a year focused on growing membership and expanding our plan of work. We are a small, but mighty group, focusing on providing information and educational opportunities for members, and promoting discussion about informatics topics via social media. The Sub-Unit participated in the review of the Informatics section of the CNM website prior to the new site implementation last spring. We began adding Informatics "Hot Topic" posts on social media, and started learning about recording podcasts with the goal of featuring CNM subject matter experts on timely topics. We are scanning the Electronic Mailing List for topics of interest, and Val Chudzinski recorded a YouTube video with instructions on searching the EML archives.

We collaborated with the Nutrition Informatics DPG to plan three Virtual Tech Fairs, each of which highlighted 3 companies that showcased their product and software solutions applicable to Clinical Nutrition and Food Service Management. Val Chudzinski, Monica Klemm and Sue Evanchak have moderated the Tech Fairs, and are in the process of planning the next event in Dec 2023.

Having the opportunity to meet in person twice over the year was one of the biggest highlights of the year. Several members met at FNCE® in Orlando on October 10, 2022. The post-COVID in-person meeting promoted collaboration and provided a fresh opportunity to build relationships and evaluate goals for the year. During the CNM Symposium in April 2023, the Sub-unit was able to meet and recruit new Sub-Unit members. We led a roundtable session on Informatics and Technology, with much of the discussion around transitioning to a new Electronic Health Record and implementing Nutrition Administration Records (NAR). Additionally, NI Sub-Unit member Gila Singer, RD, CSG, CDN, FAND and several coworkers from Northwell Health in New York, had two posters presented at the CNM Symposium.

NI Sub-Unit continues to seek additional members. Virtual meetings occur the first Monday of the month at 11:00am ET.

Quality & Process Improvement Sub-Unit

The 2023 Quality Process Improvement Top 3 Posters were:

"Telemedicine vs In Person Appointments for Bariatric Surgery Patients" submitted by Cortney Montgomery, MHA, RD, CNSC. The team included: Rachel Keller, MS, RD, CSOWM and Jennifer Frutchey, MPH, RD, CSO, CNSC from Keck Medical Center of USC.

"Are Our ICU Patients Receiving Protein Modulars as Prescribed?" submitted by Daya Cherian, MS, RD, CSO, LD, CNSC and her team Gregory McKinnis, MD; Angela Harrison, RD, LD; Patricia Thompson, Food Service Supervisor at SSM Health St. Anthony Hospital in Oklahoma City, Oklahoma.

"Dietitian Directed Enteral Initiative to Reduce Waste and Error" submitted by Gila Singer, RDN, CSG, CDN with her team Nathalie Bouthot, RD, CDN, CNSC; Karina Karas, MS, RDN, CDN; Kristina Freshour, MS, RDN, CDN; and Sandra Anderson, Dining Assistant, Call Center, Food and Nutrition at Phelps Hospital.

The award recipients presented at the CNM Symposium during the Quality/Process Improvement: Projects in Action session, with a recorded presentation on Telemedicine. At the end of the session, there were numerous comments supporting the presentation session.

The award winning and additional posters were shown virtually on the app at the Symposium. The abstracts will be in the newsletter and linked on the website.

Additional posters included:

(encore) "Malnutrition QI in Cancer Centers: Moving beyond diagnosis" from Erin Kenny, DCN, RD, CSO; Lianne Russo, MS, RDN, CDN; Christina Stella, MS, RDN, CSO, CDN, CDCES; Christina Kim, MS, RDN, CSO, CDN; Barbara Jordan, MS, RDN, CDN; and Peter Adintori, MS, RD, CSO, CDN, CNSC.

(encore) "Improving Documentation and Diagnosis of Protein Calorie Malnutrition" from Alyssa Bransley, MS, RD, LD and Amy Downey, RD, LD.

(new) "Improving Malnutrition Identification and Reporting" from Melissa Horstman, MS, RD, LDN, CSG; Jessica King, RD, LDN, CNSC; Noel Hammond RN-BC, RNC-LRN Clinical Informatics; and Elizabeth Spicer, Business Analyst for Coding & Revenue Integrity.

(encore) "Food Insecurity Needs Dietitians" from Lianne Russo, MS, RDN, CDN; Karla Giboyeaux, MA, RDN, CDN; Jody Gilman, MS, RDN, CDN; Barbara Jordan, MS, RDN, CDN; Michelle Myers, MS, RDN, CSO, CDN; Andrea Schaeffer, RDN, CSOWM, CDN; Katie Urban, MS, RD, CDN; and Cynthia Wong, MS, RD, CSO, CDN.

(encore) "Vanilla is Not the Only Flavor: Standardizing the use of starter TPN in preterm infants to reduce unnecessary exposure to parenteral nutrition and reduce costs" from Kirsten Frank, RD, LDN, CNSC, IBCLC and Mandy Harlow, PharmD with Novant Health.

(new) "Clinical Nutrition Dashboard for Effective Tracking of Nutrition Metrics" from Gila Singer, RDN, CSG, CDN, FAND; Armin Khan, Manager of Nutrition & Dietetics; Ambika Chawla, MS, RD, CNSC, CCTD; Kerry Lin, MS, CPHQ Senior Manager, Data Analytics – Quality Management at Long Island Jewish Medical Center.

(encore) "Embracing the virtual care paradigm: dietitians' preference and increased utilization of telemedicine" from Michelle Myers, MS, RDN, CSO, CDN; Lianne Russo MS, RDN, CDN; Barbara Jordan, MS, RDN, CDN; and Christina Stella, MS, RDN, CDCE.

(new) "Credentialing and Privileging of Clinical Dietitians" from Serena Arave, RD, CNSC; Cynthia Gearhard, Chief Nursing Officer; Barton Hill, VP Quality & Safety; Heidi Thompson, Director of Medical Staff Services; Dr. Scott Snyder, NICU Director; Dr. Henry Thompson, Pediatric Gastroenterology; Kim Jordan, RD, Clinical Nutrition Manager; Valerie Robenstein, RD Oncology; Caylee Ketchum, RD, Clinical Nutrition Manager; Sharon Nelson, RD; Sarah Seppa, RD CDE; and Julie Walker, RD CDE at St Luke's Health System.

(encore) "Implementing nutrition protocols in an Enhanced Recovery Program (ERP) for pediatric surgical oncology patients" from Erin Gilfillan MS, RDN, CSO, CDN; Hannah Husby, MS, RDN, CSO, CDN; and Barbara Jordan, MS, RDN, CDN at Memorial Sloan Kettering.

Member Services Committee

Member Services Highlights for the 2022-2023 year included:

CNM-DPG Student Liaison:

 Jesell Souhrada, dietetic intern and Master's degree student was selected as this year's CNM EC Student Liaison. She is a recent graduate of Western Illinois University (Macomb, IL) in May. She has participated in Executive Committee calls, created a video highlighting the benefits of student membership in preparing for future careers

Outstanding CNM DPG Student Scholarship Awards (2 - \$2,000 scholarships):

- Our 2022 recipients were graduate students:
 - Ruthfirst Ayande, from Ghana, West Africa, is earning her PhD in Public Health at the University of Massachusetts Amherst and completing her Dietetic Internship at Yale-New Haven Hospital
 - Kristina Tate, from Farmington Hills, Michigan, is earning her Master of Public Health in Nutritional Sciences at the University of Michigan.

FNCE® 2022:

- CNM DPG also funded FNCE® registrations for CNM members 5 active members and 5 student registrations.
- This year CNM DPG donated a Kendra Scott statement necklace to raise money to support the Academy Foundation Silent Auction at FNCE®.
- DPG/ MIG Showcase highlighting our professional resources and expertise.
 - Our Showcase booth focused on our See Me diversity initiative, exceptional management resources and member benefits.
 - 150 visitors stopped by our booth and the noteworthy team engagement contributed to our practice group attracting 12 new members, 3 of which were students!
- Member Reception: over 40 members engaged with one another participating in the Bingo Social networking game.3 attendees won \$25 gift cards as part of a raffle.

2023 CNM-DPG Symposium: New Heights Elevating Nutrition and Dietetics Practice

- 160 CNM DPG members attended.
- 12 volunteers signed up to participate in CNM committees/ activities.
- We also hosted two booths that focused on membership benefits and our DEI initiative titled "See Me"

CNM-DPG webpage:

- Resource evaluation to prepare for migration to new web design.
- Developed new membership video for webpage migration.

Members continued to rely on the CNM DPG electronic mailing list as an especially useful tool.

Inclusion, Diversity, Equity, Access



In the effort to enhance the cultural sensitivity and cultural humility skill development of both current and future practitioners, the Clinical Nutrition Management Dietetic Practice Group Executive Committee adopted the #SEE ME Initiative. **S**-Seek first to understand; **E**- Evaluate intrapersonal values/beliefs/biases; **E** – Engage inclusively and with humility. **M**- M: Model the behaviors you wish to see; **E**-Embrace the tenets of cultural humility. The initiative is an original concept intended to increase interest and participation while promoting self-awareness, empowerment and skill development in IDEA Initiatives and concepts.

Throughout the membership year met the goals of the #SEE ME Initiative:

- Foster a more inclusive environment where all members are empowered to become more transparent
- Aid members in becoming increasingly comfortable to engage in dialogue that allows the sharing of stories and experiences in a non-judgmental space.
- Ignite more passion and inspiration for IDEA-driven collaboration
- Enhance cultural sensitivity and awareness among members/ nonmembers

- Connect us through enhanced knowledge of cultural humility
- Prepare current and future practitioners with tools, resources, and increased ability to provide nutrition and dietetics information through a more global lens with a goal to increase the diversity of our profession and membership.

Wins:

- Developed the IDEA task force position description, charge, scope of work and task timeline
- Developed CNM-specific IDEA icon/image to use throughout the year
- Task force members identified, accepted role and completed scope of work
- Developed, approved and distributed member survey that obtained information on IDEA needs and interests
- Survey results reviewed, recommendations finalized and prioritized
- IDEA Activity/session first IDEA booth and roundtable at CNM DPG Symposium

Contributed an IDEA related topic/content to quarterly Newsletter

Content included: IDEA related initiatives, resources, awareness with tips and tools to enhance IDEA knowledge for membership.

Articles:

- #SEE ME Initiative
- Gratitude and Thanksgiving

- Blooming in May
- Reflect, Recognize, Renew and Rise

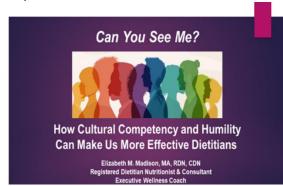
Other Activities:

- Participated in the CNM DPG's monthly IDEA reflection a different member presented on an IDEA related topic at the beginning of each EC meeting- a continuation of the IDEA moment from previous years
- Presented at the 2023 UT Martin Nutrition Symposium: A Fresh IDEA March 10, 2023

Attended

- Health Equity and Diversity Affinity Group Meetings
- Various IDEA related trainings from the Academy
- 2023 Diversity, Equity, and Inclusion Conference: Primary Care to Oncology—Conversations for Change
- SEEK Color Conference 6/17: The SEEK Color Certificate Program is a Diversity, Equity, and Inclusion accountability initiative that encourages cancer care clinicians to pursue education and resources that help them better serve patients of color, with the mission of ending disparities in care.

The year culminated with a webinar.



Objectives:

- Identify actionable ways to personally develop cultural humility
- Incorporate a patient's cultural beliefs into evidence-based practice
- Develop strategies to implement culturally appropriate care in their own practice

The presentation introduced nutrition professionals

to the tenets of cultural competency and humility and explore how embracing these concepts can empower them to connect with their clients more effectively. It enhanced their ability to appreciate the complexity of cultural norms and their impact on clients' decision-making regarding food choice and other behaviors. Through self-reflection exercises, attendees became more aware of biases that may impact nutrition interventions. Lastly, increased participants' cultural awareness and appreciation adds richness to their own world perspective.

Initiatives in Progress

CNM DPG was awarded a second IDEA mini grant for the # SEE ME expansion. Our IDEA initiative this year will expound on the key IDEA concept of the corresponding letter as defined by the SEE ME Acronym. The information provided will include tools and resources, interactive elements, self-awareness, self-reflection and self-evaluation development activities. We will collaborate with other DPGs, and in particular MIGs, Affiliates and other sectors of the Academy to utilize the modules for ongoing IDEA knowledge enhancement; ultimately becoming an integral part of our ethics/ practice standards. CNM DPG will send out invitations for participants to share their successes/experiences/stories on how the module(s) has enhanced their IDEA knowledge and their journey toward cultural humility.

To everyone who shared time, ideas you are appreciated for your role in making all the CNM DPG's IDEA initiatives a resounding success.

Professional Development Committee

The Professional Development committee, in addition to the Symposium program, coordinated four webinars to support members. CNM members were also able to obtain CPEU through shared DPG webinars, for a total of nine "live" webinars during the year.

CNM-planned webinars included:

- Importance of the Global Malnutrition Composite Score: Connecting Social Determinants of Health and Health Equity (12/2022)
- Collaboration to Improve Administration and Documentation of Enteral Nutrition (1/2023)
- Raise Your Arm and Measure Quality Improvement Changes Outpatient (4/2023)
- Can You See Me? How Cultural Competency and Humility Can Make Us More Effective Dietitians (5/2023)

Academy Foundation Activities

CNM donated \$1,600.00 to the Foundation to support activities and scholarships. An additional \$110.00 was donated by members as part of an event registration process.

Research

The Research Committee continued to support progress with the Academy and ASPEN Indicators to Diagnose Malnutrition (AAIM) Validation and Optimal RDN Staffing Study, with representation on their Advisory Committee. This research study is of vital interest and importance to our CNM DPG members, as identification and documentation, as well as determining optimal dietitian staffing levels, remain key issues addressed by CNMs.

Study data collection is complete. There were 614 adult participants, including 328 participants in the AAIM subgroup, from 39 hospital sites. Ninety-day follow-up nutrition and medical data were submitted for 90% of participants (n=552). There were 385 pediatric participants, including 216 participants in the AAIM subgroup, from 29 hospital sites. Nutrition follow-up data were submitted for 92% of participants (n=53) and medical follow-up data were submitted for 91% of participants (N=349).

Rosa Hand presented the results of the pediatric staffing arm of the study at the CNM Symposium in April 2023. There were also 3 presentations on the study at ASPEN 23 in April 2023. That adult AAIM validation manuscript is under review with *Clinical Nutrition*. There were also 2 additional NFPE manuscripts submitted to JPEN (one each for adult and pediatrics). Data analysis and writing are in progress for the adult and pediatric staffing and pediatric AAIM validation manuscripts.

FNCE® 2022

FNCE® 2022 was in-person once again in Orlando, FL despite the catastrophic damage following hurricane lan. Saturday October 8th, the CNM DPG began with an Executive Committee meeting then Member Reception following the Opening Session. Monday bright and early was the CNM DPG Spotlight session "Building Readiness and Resilience for Any Crisis" with speakers Gisele Leger MS, RDN, CDN, CNSC, FAND (CNM past chair) and her colleague Colleen O'Malley MA. The session was well received and garnered high marks in evaluations. There was also excellent attendee engagement at the reformatted Networking Social DPG/MIG Showcase Monday after the sessions. The Chair Elect, Chair and past Chair were all invited to a luncheon and presentation on updates from Academy leadership to convey to our committees and members.









CNM Executive Committee

The Executive Committee accomplished much to move the DPG forward:

- Conducted ten virtual and two live meetings
- Planned and executed FNCE® Spotlight Session
- Updated the CNM DPG Strategic Plan for 2022-2025
- Reviewed and edited the Resource Library
- Reviewed and provided input on Academy's SOP and SSOP Draft
- Received a second Academy IDEA Grant
- Supported a CNM Executive Committee member to participate in the Academy's Leadership Institute
- Supported the PAL to attend the Advocacy Summit
- Awarded 2 Student Scholarships

Fundraising Committee

CNM DPG thanks our sponsors for their support of our 2022- 2023 activities.

Abbott Nutrition	2022 FNCE® event 2023 Symposium Bronze Sponsor
ARAMARK	2023 Symposium Silver Sponsor
Computrition	2023 Symposium Bronze Sponsor
Junum	2023 Symposium Bronze Sponsor
Kate Farms	Advertising
Morrison Healthcare	2023 Symposium Silver Sponsor
Nestlé HealthScience	2023 Symposium Silver Sponsor

Our 2023 Symposium exhibitors:

- Alcresta
- Global Health Products
- HealthLeap
- Kate Farms

- Medtrition
- Prolacta
- SimplyThick
- Timeless Medical Systems

House of Delegates

The House of Delegates (HOD) serves as a voice of Academy members and identifies and develops solutions to some of the challenges facing the profession (<u>critical issues</u>). Delegates are trained to take a holistic approach towards addressing views, beliefs, values, and self-interests of fellow constituencies in meetings, to participate in a collective dialogue that collaborates with the perspectives of other constituencies. When addressing critical issues in this way, delegates can understand the entire issue so they can make decisions based on the best interests of the profession.

The HOD also oversees Academy bylaws and establishes qualifications for membership and dues structure. The following is a summary of the work the HOD has accomplished this year.

 We've transformed how we do business to respond to member needs and support member input more rapidly.

Real Time Dialogues (RTD) – Your HOD At Work:

The monthly RTD Sessions were implemented to allow a more agile model of work for the HOD. Once Critical Issues are identified, a taskforce of Subject Matter Experts (SMEs) is formed to formulate recommendations for consideration. The monthly sessions allow SME groups to collect and leverage delegate feedback during their work in addressing critical issues identified by the HOD.

- **We've solicited member input** on Critical Issues and shared the work that is being done by the Academy.
- We've tackled the following Critical Issues:
 - Making Membership Indispensable
- Elevating the Skillset of the RDN

Promoting the NDTR

All three sets of recommendations will be shared with the Academy Board of Directors at their May meeting. After which, the final updates will be shared with Delegates to disseminate to members. Check out the **A Focus on Critical Issues** section for more details.

Delegates also reviewed, discussed, and provided feedback to determine if Critical Issue submissions
may be considered as Critical Issues for the HOD to address in the next program year (FY2024).

Academy Bylaws Update

Input was sought on the proposed Academy Bylaws Updates. Thank you to everyone who took the time to reply!

There were several themes that surfaced from the comments that were provided. Ultimately when reviewing the comments, the House Leadership Team felt the feedback did not require further revisions. The changes as proposed have been approved and went into effect as of **March 9, 2023**. The Academy Bylaws can be accessed here.

Themes:

- Concern of moving the public to the end of the CDR mission have been shared with CDR o Response from CDR: The Commissioners updated the CDR's mission to serve and meet the needs of Credentialed Practitioners first, then emphasized other stakeholders; i.e., employers and the public.
- Concern with Department of Education language was confirmed with ACEND Response from ACEND: These changes are required by the Department of Education. The Academy is complying with their updated language.

ADVOCACY -

Amplify the Academy of Nutrition and Dietetics' voice for better food, nutrition and health policies.

Action alerts allow us to bring the Academy's policy issues to the attention of members of Congress and help to raise awareness and add legitimacy to a particular priority issue. Available to both Academy members and the public, it literally only takes a minute to support specific bills or topics, share your view with your elected officials and advocate for strong nutrition policy.

Action Alerts are announced via Eat Right Weekly and Latest News, posted to social media, shared with dietetic practice groups, member interest groups and affiliate associations, and may be emailed to all or some Academy members, depending on geographic location or specialty.

Members Access the Action Alert Center here.

A FOCUS ON CRITICAL ISSUES -

A World Impacted by COVID-19: Change Driver Brief and Meeting Recap (see below link)

COVID-19 has changed the world, and its impact on nutrition and dietetics is still unfolding. As such, this Critical Issue was discussed. Specifically, the Subject Matter Experts (SMEs) and Delegates identified trends that have impacted the nutrition and dietetics profession, as well as future practice implications. The discussions also revealed recommendations aimed to address how RDNs and NDTRs can survive and thrive during an evolving pandemic. Themes identified include:

- Disaster Preparedness
- Communication,
- Research,

- Career Burnout,
- Telehealth and Reimbursement, and
- Food Access and Supply Chain.

Making Academy Membership Indispensable

Delegates shared and discussed feedback from constituents regarding questions posed by HOD about what Academy services and/or products are useful as well as what methods of communication are preferred. Feedback was sought from RDNs, NDTRs, Active, Retired, Student, and Professional categories. The HOD Workbook will be shared with Academy Leadership.

Below Academy membership and benefit resources were also provided to Delegates as a reference which may be shared with current members.

Elevating the Value of the RDN and NDTR

How might RDNs and NDTRs maximize their value to key stakeholders in all practice areas? For many years RDNs and NDTRs have expressed concerns about feeling undervalued and not recognized by the public and other stakeholders for their nutrition expertise. A lack of marketing savvy and ability to compete can prevent promotion of our unique training and skillsets as RDNs and NDTRs, which interfere with perception of value for the profession among administrators and business professionals. This then creates an opportunity for less qualified individuals who may call themselves "nutritionists" to establish themselves as food nutrition experts. Concerns have been voiced about nonqualified individuals being utilized to deliver nutrition services in the health care arena. Further, in many areas of practice, RDNs and

NDTRs feel undercompensated. A combination of the COVID-19 pandemic and a worsening economy have led many to seek more rewarding work (from the perspectives of both personal satisfaction and desired compensation) outside of the profession of nutrition and dietetics. This critical issue will explore solutions aimed at increasing the value of the RDN and NDTR by stakeholders, with the ultimate goal of increasing job satisfaction, workforce capacity, and compensation.

Thank you!

CNM would like to thank Adriana Legreid, who serves as our DPG Academy Liaison for providing advice, guidance, and support to our DPG. This support has helped keep us efficient and driven and has enhanced our accomplishments. Thank you for your guidance and support.



Thank you! An Apple a Day, LLC, our professional organization management partner. This team provides enormous support to guaranteeing the CNM DPG's success and commitment to meeting our goals as outlined on the Strategic Plan.

Financial Outcomes 2022 - 2023 Fiscal Year

	FY Actual	FY Budget
Revenue	\$118,135	\$168,000
Expenses	\$188,544	\$209,022
	-\$70,409	\$-41,022

2023-2025 CNM DPG Strategic Plan Scorecard

As Aligned with the Academy Strategies:

Goal 1: Provide opportunities, resources, and recognition to members to develop and enhance multidimensional skill in leadership and management.

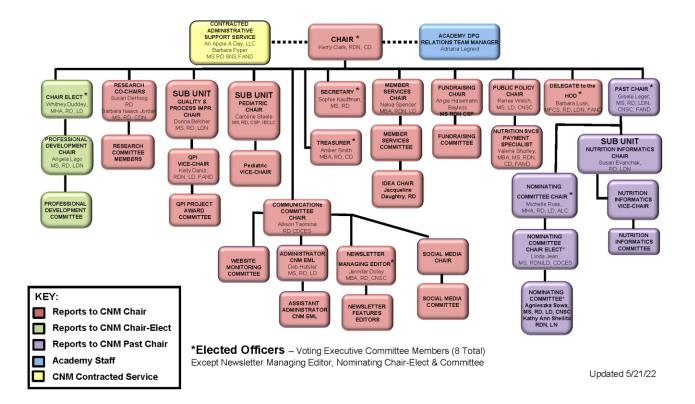
	FY FY		FY	Responsible EC	
	2023	2024	2025	Team	Comments
1.1.1 Provide webinars geared toward clinical leadership development	х	х	х	Professional Development Committee	
1.1.2 Symposium - Provide leadership focused sessions	х	х	х	Professional Development Committee, Chair- Elect	
1.1.3 Newsletter - Provide leadership focused articles	х	х	x	Newsletter Editor(s)	
1.1.4 Electronic Mailing List - Provide education regarding Academy/CNM Social Media Policy, Netiquette Guidelines, & EML Terms of Use P&P to enhance/support professional interaction and communications	х	х	х	Nutrition Informatics Committee	
1.1.5 Provide state of the art information via website. Keep content current at all times	х	Х	х	Chair, Chair Elect, Communications Chair	
1.1.6 Support (in-person and virtual) networking opportunities at FNCE® & CNM Symposium through meetings, receptions, round tables, and video medium	х	х	х	Member Service; Professional Development	
1.1.7 Increase multifaceted social media presence. Target goals 1. Utilize live videos and instructional videos on Facebook, LinkedIn and Instagram. 2. Post targeting member features 3. Increase presence with use of contests/giveaways and other engagement tools	х	x	x	Member Service; Communications Coordination Chair	

CNM STRATEGY 1.2: Provide quality and process improvement re- impact patient care, staff management, and position RDN/NDTR a			_	•
1.2.1 Solicit symposium speaker proposals for quality management session related to leadership skills.	Х	х	Х	Professional Development Committee, Chair- Elect
1.2.2 Provide at least 1 newsletter CPEU article on quality management and leadership skills.	X	X	Х	Newsletter Editor
1.2.3 Maintain QPI session with award annually at symposium	X	Х	Х	QPI Committee
CNM STRATEGY 1.3: Member recognition				
1.3.1 Submit nomination of a CNM member for at least one Academy Award and/or national elected position.	X	X	х	Nominating Committee
1.3.2 Newletter - Include member spotlight in each issue	Χ	X	Х	Newsletter Editor(s)
1.3.3 Promote and award a student scholarship(s)	X	Х	X	Member Services Committee
CNM STRATEGY 1.4: Develop programs to that are inclusive and e leadership roles	xpand o	liversity	/ in rec	ruitment, membership, and
1.4.1 The Nominating Committee presents a diverse slate of candidates on the ballot	Х	х	х	Nominating Committee
1.4.2 Provide at least 1 CPEU annually via webinar, newsletter and symposium session focused on IDEA concepts	Х	х	х	Professional Development, IDEA Liaison, and Newsletter
1.4.3 IDEA Chair provides updates to the membership pertaining to the Academy's initiative with IDEA concepts via communication channels.	Х	х	х	Academy IDEA Liaison

Goal 2: Leverage data to lead nutrition-related healthcare initiatives and influence public policy.

CNM Strategy 2.1: Educate and engage members on key healtho	are drive	ers and	policy	through including the use of big
2.1 Solicit speaker proposals on related nutrition trends for the CNM Symposium.	x	х	х	Professional Development Committee; Chair- Elect; Subgroup Chairs
2.2 Provide at least 1 newsletter CPEU article on key healthcare drivers such as healthcare reform topic or corresponding nutrition trends annually	х	х	Х	Newsletter Editor
2.3 Submit at least 1 FNCE® program proposal in next 3 years for a DPG Spotlight education session on key healthcare drivers such as healthcare reform topic and/or corresponding nutrition trends annually	х	x	x	Professional Development Committee; Chair- Elect
2.4 Offer webinars, podcasts and eblasts on trending informatics issues, new products/programs/offerings				Informatics Sub-Unit
CNM Strategy 2.2: Actively engage and promote member partici and reimbursement	pation ir	n legisla	tive an	d regulatory initiatives, researc
2.2.1 The Policy and Advocacy Leader (or designee) will attend the Advocacy Summit and submit a summary article to the newsletter and for the Advocacy section of the website.	х	x	х	PAL and/or NSPS
2.2.2 Communications Coordination Chair (or designee) will promote public policy education and advocacy via social media.	х	Х	X	Communucations Coordination Chair, PAL, NSPS
2.2.3 Participate in at least one Academy ANDPAC fundraising initiative annually or contribute to the ANDPAC administrative fund	х	х	x	PAL, Chair
2.2.4 Survey CNM members to identify content experts for policy and advocacy needs.	х		X	PAL & NSPS
2.2.5 Provide input to at least one request for regulatory comments from the Academy	х	х	Х	PAL & NSPS
2.2.6 Collaborate with the Academy (and other DPGs) to conduct next phase research study to validate staffing levels in acute care setting as compared to improving malnutrition	х	х	X	Research Committee
2.2.7 Advocate for health care delivery and payment systems that maximize nutrition services through participation in Action Alerts	Х	х	X	NSPS & PAL

2022-2023 ORGANIZATIONAL CHART – CNM DPG #44 Executive Committee



HISTORY OF CLINICAL NUTRITION MANAGEMENT DPG OFFICERS

CNM OFFICERS 2022-2023

Chair

Kerry Clark, RDN, CD, FAND

Chair-Elect

Whitney Duddey, MHA, RD, LD

Immediate Past Chair

Gisele Leger, MS, RD, LDN, CNSC, FAND

Treasurer

Amber Smith, MBA, RD, CD

Secretary

Sophie Kauffman, MS, RD

CNM DPG Delegate to the HOD

Barbara Lusk, MFCS, RD, LDN, FAND

Newsletter Managing Editor

Jennifer Doley, MBA, RD, CNSC

Newsletter Features Editors

Wendy Phillips, MS, RD, CNSC, CLE

Nominating Committee

Michelle Ross, MHA, RD, LD, ALC (Chair) Linda Jean, MS, RDN/LD, CDCES (Chair Elect) Agnieszka Sowa, MS, RD, LD, CNSC (1st year)

Member Services

Nakia Spencer, MBA, RDN, LD Terry Brown, MBA, MPH, RD, LD, CNSC Kathi Murray, MS, RDN, LD, CDCES Ballinder Attwal, MS, RD, LD Jesell R. Souhrada (Student Member)

Informatics Sub-unit

Susan Evanchak, RD, LDN (Chair) Ann Childers, MS, RD, MHA, LD Val Chudzinski, MA, RDN, LDN Monica Klemm, MS, MEd, RD, LDN

Pediatric Subunit

Caroline Steele, MS, RD, CSP, IBCLC (Chair)

Quality Process Improvement Subunit

Donna Belcher, MS, RD, LDN, CNSC (Chair) Kelly Danis, RDN, LDN, FAND (Vice Chair)

Administrator, CNM Electronic Mailing List

Deb Hustler, MS, RD, LD

Policy and Advocacy Leader

Renee Welsh, MS, RD, LD, CNSC

IDEA Liaison

Jacqueline Daughtry, RD

Communications

Allison Taormina, RDN, CDCES (Chair)

Dani Knight, RDN

Nam-Phuong Pommier

Yendi Caraballo-Lopez, RD, LDN, CNSC

Alaina Brennan, RD

Professional Development

Angela Lago, MS, RD, LDN (Chair)

Kathy Allen, MA, RD, LDN, CSO

Holly Brennan, RD, LDN, CNSC, FAND

Beverly Hernandez, PhD, RD, LDN

Arrianna Johnson, RD, LD

Research Committee

Susan DeHoog, RD (Co-Chair)

Barbara Isaacs Jordan MS, RD, CDN (Co-Chair)

Debby Kasper, RDN, LDN, SNS

Stephanie Shea, RD, CDN, CNSC

Jessie Pavlinac, MS, RD, CSR, LD (Research DPBRN Liaison)

Nutrition Services Payment Specialist

Val Shurley, MBA, MS, RDN, CS, FAND

Fundraising Committee

Angela Hasemann Bayliss, MS, RDN, CSP (Chair)

Sharon Lent, RD, LD

Maureen Janowski, RD, LD, CSG, FAND

Denice Wehausen, MPH, RD

Julee Davis, RDN, LDN

Academy Manager, DPG/MIG/Affiliate Relations

Adriana Legreid