



SUE KENT, RD,

Retired

CONTACT ME

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Getting Started

What was your first job as an RD?

- Food service manager for a contract company using production sheets, sales tracking forms, purchasing and inventory forms, and employee management data bases.
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How did you first get into Nutrition Informatics? What sparked your interest?

- Started during graduate school performing nutrient analysis and research data management.
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What education or training helped you most?

- Completed the AMIA 10x10 course. Knowledge of food composition and research project management.
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What was your biggest challenge breaking in, and how did you overcome it?

- Convincing management that there was enough work for a full-time informatics staff member.
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Day-to-Day & Key Skills

What is your current role?

- Retired. Currently, I am volunteering for NI DPG.
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What does a typical day look like for you?

- Answering emails and keeping up to date with AI and new nutrition RD skill sets using informatics.
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Must-have technical skills (software/tools):

- Observation, editing skills, understanding HL7 standards, Excel, Word, PowerPoint, SAS, project management and communication skills.
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Beyond tech, what other skills are essential in this field?

- Communication, flexibility, desire for constant learning, and go with the flow.
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Has AI impacted your day-to-day work? If so, how?

- Added to more learning opportunities.
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Resources and Tips

What resources do you swear by for learning?

- HL7 courses, Academy DPG education sessions. Professional meetings.
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What's one key tip for someone trying to get into Nutrition Informatics?

- Perseverance. Know why your informatics skills will help a prospective employer and market those skills.
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How do you stay updated on the latest trends?

- Read a lot! News links/papers.
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Favorite AI tools, tips, or tricks?

- Looking forward to learning more about AI and how I can use it.
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The Impact

What do you find most rewarding about working in nutrition informatics?

- It requires continuous learning.
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Can you share a project you're proud of and its impact?

- Created a method to update food production and delivery service with patient care systems to manage allergy process for patient safety coordinating between two departments.
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