

newsFLASH

Diabetes Dietetic Practice Group



Laura Russell

MESSAGE FROM THE CHAIR

Laura Russell, MA, RDN, LD, CDCES
Diabetes DPG Chair

It's hard to believe that this calendar year is half over, and we are heading toward the final part of 2023. Diabetes DPG (DDPG) is in the second quarter of its 39th year. During this first quarter as Chair of DDPG, we have been busy starting to implement some of our new 3-year strategic plan. Our 3 critical success factors include an engaged board with diverse experience, a fiscally sound and robust practice group, and DDPG being THE source of diabetes nutrition and care information.

I would like to welcome our new leadership team for 2023–2024 and thank them for their commitment to helping to keep our practice group current and thriving. I can honestly say they are diverse and very engaged in DDPG! Our membership team, **Cathy Huang** (Membership Chair) represented DDPG at ADCES in August with a booth in the exhibit hall. Cathy, along with Matthew Jamie (Student Member Liaison) and **Karen Lau** (IDEA Liaison) have developed a Mentorship Program that we hope to launch early next year. **Amanda Kirpitch** (Nutrition Services Payment Specialist) will be hosting several live Zoom chats throughout the year to help answer any reimbursement and payment questions from members. **Kathy Warwick** (Professional Development) and **Gretchen Benson** (Webinar Chair), with the help of an amazing Webinar Team, have several webinars already planned for the year with topics including Diabetes & Stress (September), Hypoglycemia (October), Weight Management (November), and Artificial Intelligence (January). In August, **Rachel Stahl-Salzman** (Technology Committee Chair) hosted a webinar on “Diabetes Technology: The Latest on Continuous Glucose Monitors and More,” which you can view on-demand if you missed it. Our Publications Team, chaired by **Carrie Swift** (Print Communications Chair) has continued to provide quality publications, including 6 new patient education handouts created by **Nora Saul** (Publications Coordinator) and her team. View them all at [Patient Education Handouts - Diabetes DPG](#).

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- 5 Inaugural DDPG Student Handout Contest Was a Success
- 9 The Power of Meaningful Mentorship
- 10 Association of Diabetes Care and Education Specialists (ADCES) Annual Conference



Academy Alliance with ADCES hosted a session at the ADCES23 Conference titled, "Eating Your Way Through CGM Reports."

Pictured from left to right are ADCES liaison Alefiya Faizullahoy, MBA, MS, RD, CDCES, CDN, FAND; Nicole Sievers, RDN, LD, CDCES; Dawn Noe, RD, LD, CDCES; and Academy liaison Andrea Dunn, RD, LD, CDCES



ADCES23 Conference DDPG Reception, Diabetes DPG Board and current ADCES President Lucille Hughes, DNP, MSN/Ed, CDCES, BC-ADM, FADCES



ADCES23 Expo DDPG Booth
Pictured from left to right
Cathy Huang MPH, RDN;
Carrie Swift, MS, RD, BC-ADM, CDCES;
Janelle Eligon-Ketchum RD, LDN, CDCES;
Amber C. Williams, MSA, RDN

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Our recent issue of *Cutting Edge Diabetes and Nutrition Care* on type 1 diabetes from **Lisa Herzig** (*Cutting Edge Diabetes and Nutrition Care* Editor) is an excellent resource for anyone in the field of diabetes. We will be opening our *Cutting Edge* portal in the very near future to accept original research—so be sure to watch for that announcement.

One of our 3 focus areas of our strategic plan includes *Addressing Nutrition in Diabetes Management and Prevention within the Health Care System*. In June, **Patricia Davidson** (Past Chair / Industry Relations) and **Anna Parker** (Chair-Elect) attended ADA Scientific Sessions with our main goal of networking and building back connections that have been lost during the pandemic. We were able to connect with representatives from the American Diabetes Association (ADA), the Association of Diabetes Care and Education Specialists (ADCES), the Certification Board for Diabetes Care and Education (CBDCE), the Juvenile Diabetes Research Foundation (JDRF), the Endocrine Society, and the Diabetes Link. I am looking forward to continuing to pursue these relationships throughout the year and keep Registered Dietitian Nutritionists as the experts in diabetes nutrition care.

We had a busy October with the Food & Nutrition Conference & Expo® (FNCE®) and were excited to meet many of you there. Our pre-conference workshop "RDN Leads in Innovative Person Centered Obesity and Diabetes Care," with our keynote speaker, **Dr. W. Scott Butsch** from Cleveland Clinic, who is an international expert in obesity education and training, brought some new tools for RDNs to use in practice. We also had a joint session with ADCES on Sunday, October 8, called "The RDN's Role in Reducing the Trifecta of Metabolic Risks in Diabetes Care," as well as our DDPG spotlight session on Tuesday, October 10, called "Going Beyond Glycosylated Hemoglobin: How Dietitians Impact Outpatient Diabetes Care and Outcomes." For networking, we had a well-attended Sunrise and Shine Breakfast, a joint event with the Cardiovascular Health and Well-being (CV-Well) DPG on October 8. On Sunday evening, we hosted our annual Awards & Membership Reception, planned with help by **Prajakta Khare-Ranade** (Awards Committee Chair). New this year we also held a Student Gelato Social on Sunday afternoon as a way to connect with our student members.

Finally, please respond to policy action alerts that will be coming throughout the year from **Candice Tufano** (Policy and Advocacy Chair). **Alison Evert** (DPG Delegate) may also be asking for member feedback on focus areas and topics from the Academy. You can also visit our social media sites [Instagram](#), [Facebook](#), [LinkedIn](#), and [Twitter](#) to stay up to date on our DDPG, thanks to **Jenifer Williams** (Social Media Chair) and her team. I also want to thank the rest of our Executive Committee, **Vita Tambone** (Secretary), **Jo Jo Dantone** (Treasurer), **Toby Smithson** (Nominating Committee Chair), and **Pamela Tong** (Electronic Communications) for serving this DPG. Last but not least, **Janelle Eligon-Ketchum** (*newsFLASH* Editor) has done a wonderful job with this issue. If you would like to get involved with this amazing group, please do not hesitate to contact me (lcuss58@gmail.com). Looking forward to a great rest of the year!