

# newsFLASH

Diabetes Dietetic Practice Group

## Message from the Chair

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### Addressing Diabetes Disparities and Therapeutic Inertia

While diabetes prevalence is higher in populations of color, Black Americans are three times less likely to use an insulin pump, and Hispanic and Black Americans are two times less likely to use a continuous glucose monitoring system (1). The diabetes-focused dietitian can assume a leadership position in addressing diabetes disparities through shared decision-making by leveraging the Association of Diabetes Care and Education Specialists (ADCES) Identify-Configure-Collaborate (ICC) Technology Framework (See Figure 1). This framework is a standardized approach for integrating any technology tool into clinical practice. ADCES recently published a call-to-action for their members to lead the implementation of this framework into their practices: "[Technology Disparities and](#)



[Therapeutic Inertia: A Call to Action for the Diabetes Care and Education Specialist](#)" (2). Notably, this framework was a major focus at the ADCES 2021 conference as reviewed in the last **newsFLASH** issue.

As a supplement to this publication, ADCES developed a new technology assessment tool which is intended to serve as a conversation starter for the care team to use with people with diabetes; this tool was designed to educate individuals about currently available diabetes technology tools and importantly, support them in making informed selections when choosing what tools are best for them. Click [here](#) to explore the tool (available in both English and Spanish).

Additionally, I invite you to listen to a podcast I recorded on this topic,

## Featured Stories

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"Technology Disparities and Therapeutic Inertia: A Call To Action For the DCES" which is available at <https://www.diabeteseducator.org/news/adces-podcasts> (scroll to topic).

While the Diabetes DPG has always worked closely with ADCES, we are thrilled to have now established a formal alliance. This partnership will offer our groups exciting

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## Message from the Chair

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collaboration opportunities while we foster the tech fluency of our members and jointly support various critical initiatives, including leveraging the ICC Framework to address diabetes disparities and therapeutic inertia. Stay tuned for more articles, webcasts and communications regarding this timely topic.

A special call-out to the contributions of our Innovation and

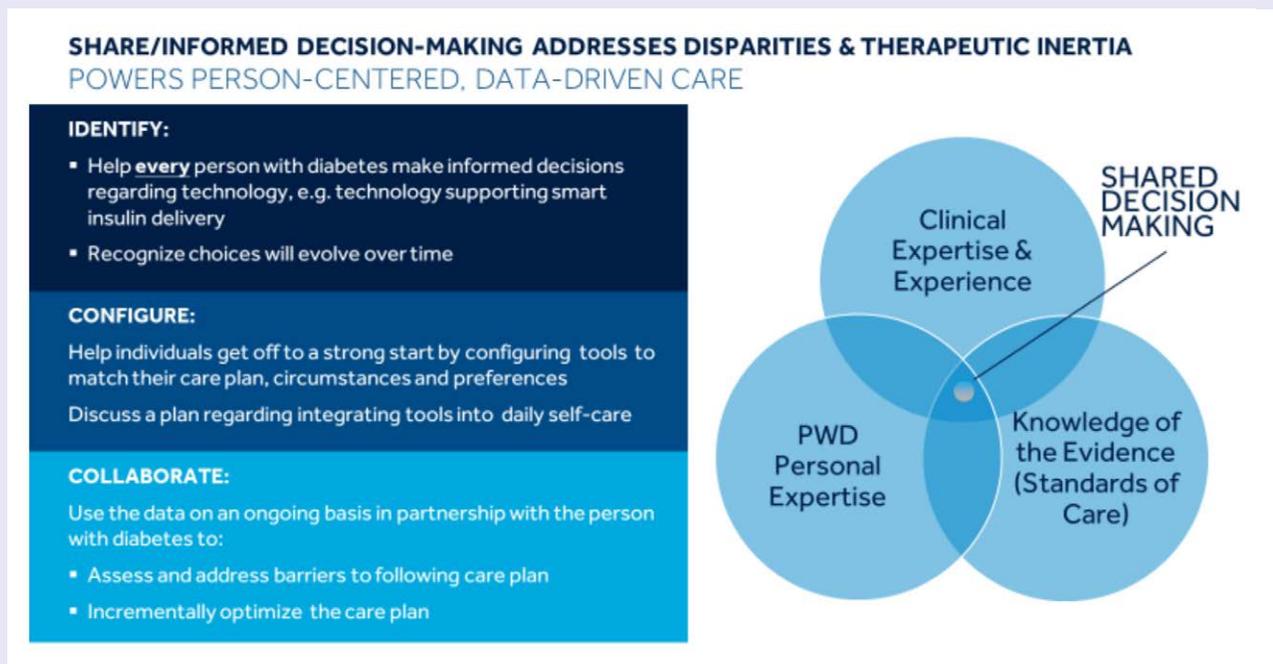
Technology Chair, Rachel Stahl, MS, RD, CDCES, CDN who is building a team to develop and share updated resources, articles, webinars and more, in an effort to stimulate the growth of our diabetes technology acumen. See her new (this year!) Diabetes Innovation and Technology column featured in our current and previous **newsFLASH** issues. Be sure to also review an updated list of [Diabetes Technology Resources at the Diabetes DPG website](#).

Let's lead!

### References:

1. Agarwal S, Kanapka LG, Raymond JK, et al. Racial-ethnic Inequality in Young Adults with Type 1 Diabetes. *The Journal of Clinical Endocrinology & Metabolism*. 2020;105(8): e2960-e2969.
2. MacLeod J, Scher L, Greenwood D, et al. Technology Disparities and Therapeutic Inertia: A Call to Action for the Diabetes Care and Education Specialist. *ADCES in Practice*. 2021;9(5):34-41.

Figure 1\*:



\*Image created by Janice MacLeod.

## It's a Free Benefit

It is not too early to be thinking of applying for a DDPG stipend for next year. We have several wonderful stipends available, and many members never consider taking advantage of this opportunity. Please take a few minutes to explore DDPG stipend opportunities under the [AWARDS](#) tab on our website. We want to help you further your career and education!! Winners are selected twice during the year with the first deadline for stipend submission as February 15.

[Educational Stipend Award](#)

| [Speaker Stipend Award](#)

| [Legislative Stipend Award](#)