

National Organization of Blacks in Dietetics and Nutrition

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Academy of Nutrition and Dietetics

Hello NOBIDAN MIG Members! **We present the Winter 2024** **Newsletter with the latest updates.**

In this edition, you will find:

- Message From the Chairperson
- Academy and NOBIDAN Elections Updates
- National Nutrition Month
- Conferences, Seminars, and More
- Foundation Awards, Grants, and Scholarships
- Additional Funding and Resources
- Nutrition and Dietetic Educators and Preceptors
(NDEP) Diversity Recruitment Videos Project
Summary

MESSAGE FROM THE CHAIRPERSON

Dear NOBIDAN Members,

As the Chair of the Executive Board, it is my honor and pleasure to extend a warm welcome to each one of you as we embark on the journey into the Winter 2024 edition of our newsletter.

Our Academy is built on the foundation of passion for nutrition and dedication to the well-being of individuals and communities. In these pages, you will find a wealth of knowledge, insights, and updates that reflect the collective efforts of our esteemed members, partners and allies and the strides we continue to make in the field of nutrition and dietetics.

As we navigate the ever-evolving landscape of healthcare and wellness, the Winter Newsletter serves as a platform to share the latest scholarship opportunities, research, continuing education best practices. It is a testament to our commitment to staying at the forefront of advancements in nutrition science and translating that knowledge into tangible benefits for those we serve.

I encourage you to take a moment to explore the diverse features, and highlights within this newsletter. Whether you are a seasoned professional, a student eager to learn, or a supporter of our mission, there is something for everyone. Let this edition be a source of motivation, and a reminder of the impactful work we collectively contribute to the nutrition and dietetics community.

I extend my gratitude to the dedicated individuals, especially our editor and student liaison, Diymond Walker, who has contributed her time and expertise to make this newsletter a valuable resource for our members. Your commitment is truly commendable.

As we embrace the spirit of the season, let us also reflect on the achievements of the past year and look forward to the opportunities and challenges that lie ahead in 2024. Together, as a united MIG, we will continue to shape the future of Nutrition and Dietetics.

Thank you for your unwavering support, and I wish you all a joyful and healthy winter season.

Warm regards,



Janet Reid-Hector Ed.D, RD

Chairperson

National Organization of Blacks in Dietetics and Nutrition

2023-2024





ACADEMY AND NOBIDAN ELECTIONS UPDATES

Nominees for President-Elect in 2024 Academy Elections:

Deanne Brandstetter, MBA, RDN, CDN,
FAND

Egondu M. Onuoha, MS, RDN, CDN,
IBCLC, CDE/CDCES, GPC, FAND, FILCA
(NOBIDAN MEMBER)

2024 Academy Election: National Ballot Candidate Biographical Information

Biographies are available for the
Academy's 2024 national election
candidates. **Voting takes place
February 1 to 15.** Learn more [HERE](#).

NOBIDAN Executive Committee 2024-2025 Candidates

The Executive Committee of NOBIDAN
is pleased to present the slate of
candidates for office for the 2024-2025
year:

Chair-elect: to be decided in special
election in March 2024.

Treasurer:

Teresa Turner MS, RD, LDN, SNS,
FAND

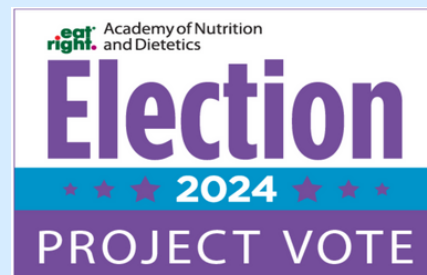
Nominating Committee Chair-elect
and member:

AnDre' Blanks PhD
Veronica Oates PhD
Amir Shaheer MS, RDN, LD, CLC
Yolanda Jackson, MS, RDN, LD

Voting starts on February 1, 2024.

2024 Project Vote

Win a complimentary registration to
attend the Academy's 2024 Food &
Nutrition Conference & Expo™ from
your DPG, MIG or affiliate. DPG, MIGs
and Affiliates are involved in an in-
centive program called Project Vote!
Project Vote encourages members to
increase participation in the Academy
of Nutrition and Dietetics national
election. Groups are categorized into
eight different categories (see break-
down [HERE](#)). The group that tracks the
highest voting percentage in the na-
tional election for each category re-
ceives one FNCE® 2024 registration that may
be awarded to a member. (FNCE®2024
is taking place in-person in
Minneapolis, MN October 5-8, 2024)





NATIONAL NUTRITION MONTH

National Nutrition Month® 2024: “Beyond the Table”

This year's theme is "Beyond the Table," which addresses the farm-to-fork aspect of nutrition, from food production and distribution to navigating grocery stores and farmers markets — and even home food safety and storage practices. It also describes the various ways we eat — not only around a dinner table, but also on the go, in schools and restaurants, at games and events. This theme also includes sustainability, for instance, decreasing food waste from school and work to home and beyond.”



Read more about this year's theme [HERE](#).

Celebrating RDs and NDTRs During National Nutrition Month

March 13, 2024 is Registered Dietitian Day and March 14, 2024 is Nutrition and Dietetics Technician Registered Day! [Here are 50 ways](#) to celebrate and be involved during National Nutrition Month.



CONFERENCES, SEMINARS, AND MORE

DON'T MISS OUR LARGEST DD EVENT!



News from Diversify Dietetics

The DD Annual Summit is back on June 7-9, 2024! This time we're spicing things up a bit and bringing you two DD events IN-PERSON in Atlanta, GA with a hybrid option for those who cannot make it IRL.

The Media Training Workshop will be held as a pre-conference summit event designed to prepare attendees for

appearances on television, satellite media tours or brand partnerships. For the DD Annual Summit, you can expect the same caliber of culturally informative presentations and hands-on workshops to help elevate your practice. Complete the interest form [HERE](#) to be the first to know when registration opens.

International Congress of Nutrition and Dietetics Early-Bird Registration

The 19th International Congress of Nutrition and Dietetics will be held June 12 to 14, 2024, in Toronto, Ontario, Canada. **Early-bird registration ends on February 5.** Learn more [HERE](#)

Intent to Nominate for National Honors and Awards

Recognize those who have advanced the profession, exhibited leadership and shown devotion to serving others. Submit an intent to nominate by January 15. **The deadline to submit nominations is March 1.** Learn more [HERE](#).



FOUNDATION AWARDS, GRANTS, AND SCHOLARSHIPS

2024 ACEND Foundation Awards and Research Grants

The **Academy of Nutrition and Dietetics Foundation** is accepting applications for its **2024 Awards and Research Grants**. Over 30 applications are available, presenting opportunities for Academy members, credentialed practitioners, and students to apply for Foundation funding. Individual recognition, continuing education, program development, and inter-national awards, as well as research grants are detailed [HERE](#)

All available award and grant applications are accessible within the Foundation's application portal and have a deadline of February 20, 2024, at 5:00 pm (Central Time). Emailed and hard-copy applications will not be accepted or considered for funding.

Any person may apply for Foundation awards and research grants and will be given fair and protected-class-neutral consideration for funding. Any questions for the Foundation regarding award applications should be submitted via email to scholarship@eatright.org. Questions regarding research grants should be submitted via email to grants@eatright.org.

ACEND Foundation 2024-2025 Academic Year Scholarships

The Foundation accepts applications for Foundation scholarships on an annual basis within the Foundation's external, online application platform, linked below. Any person may apply for Foundation scholarships and will be given fair and protected-class-neutral consideration for an award. In addition, all applicants will be entitled to provide at their discretion any lived experiences that they would like to be considered as part of their application. The deadline to apply for Foundation 2023-2024 academic year scholarships was Thursday, April 27, 2023. **The application for 2024-2025 academic year Foundation scholarships will open on February 15, 2024.** [Contact scholarship@eatright.org for questions.](mailto:scholarship@eatright.org)

Visit the [foundation website](#) for more information.



ADDITIONAL FUNDING AND RESOURCES

Research Dietetic Practice Group Winter Cycle 2024 Awards and Grants

The application deadline is February 15th, 2024

All awards and grants require active RDPG membership to apply.

For full instructions and to apply, please visit <https://rdpg.grantplatform.com/>

First Author Award

The purpose of this award is to recognize a member who has an outstanding publication. To be eligible, applicant must be first author of a peer-reviewed, scientific publication. Paper must have been published (including e-published) in an issue of a refereed journal dated between January 1st, 2023 and February 9, 2024. Papers submitted or accepted but not published will not be considered this year but could be submitted for a future award. Applicants may not submit the same paper for more than one award (i.e., you cannot submit the same paper for both the 2024 First Author and the 2023 Emerging Researcher Author Award). Prior recipients of a RDPG author award must wait three years before reapplying for an author award.

The Sugar Association/ Research DPG Pilot Grant Award (\$10,000)

The Sugar Association is the official sponsor of the “The Sugar Association/Research DPG Pilot Grant Award.” The research topic does not have to be related to sugar, but the methods should include **at least 1 laboratory-based procedure**. The award winner will be selected by the Research DPG Awards committee.

The Research Dietetic Practice Group Pilot Grant (\$10,000)

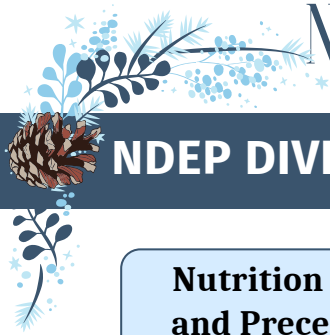
The purpose of this grant is to provide pilot or seed money for a project that is nutrition or dietetics related and will advance our knowledge of nutrition.

The Research Dietetic Practice Group Faculty Pilot Grant (\$3,000)

The purpose of this grant is to provide pilot or seed money for a student project that is nutrition or dietetics related and will advance our knowledge of nutrition.

The Research Dietetic Practice Group Student Pilot Grant (\$3,000)

The purpose of this grant is to provide pilot or seed money for a student project that is nutrition or dietetics related and will advance our knowledge of nutrition.



NDEP DIVERSITY RECRUITMENT VIDEOS PROJECT SUMMARY

Nutrition and Dietetic Educators and Preceptors (NDEP) Diversity Recruitment Videos Project Summary

According to the 2020 US Census Bureau, the US population is more racially and ethnically diverse than 2010.¹ However, a lack of diversity is evident in the nutrition and dietetics profession; out of 102,616 dietitians in the US, 93% percent are female, and 82% identify White, with few representations from other racial and ethnic groups.² The Academy of Nutrition and Dietetics (the Academy) is committed to finding solutions to diversity the profession and foster diverse leadership. For example, one of the overarching goals of the Academy's Inclusion, Diversity, Equity, and Access Action Plan³ is to "Increase recruitment, retention, and completion of nutrition and dietetics education and leadership at all levels for underrepresented groups." A suggested strategy to implement this goal is to advance the pipeline development for nutrition and dietetics professionals.³

Nutrition and Dietetic Educators and Preceptors (NDEP) Diversity, Equity, and Inclusion Recruitment Video Task Force has created three videos to increase a diverse pipeline of students into the profession from the elementary, middle, and high school

settings. Task Force members were recruited by leaders from various Academy units, including the NDEP Council, Inclusion, Diversity, Equity, and Access Committee, and the National Organization of Blacks in Dietetics and Nutrition. The task force includes individuals from diverse backgrounds, races and ethnicities, practice areas, age groups, and various stages in their dietetic careers. The task force planned and developed video content, recruited diverse interviewees, wrote interviewee and narrator script, recruited the production company, and assisted with video filming, editing, production, marketing, and dissemination.

Three videos were developed for elementary (ages 5 - 10 years), middle (ages 11 - 13 years), and high school (ages 14 - 18 years) audiences, respectively.

Eight RDNs (six females and two males) and one male graduate student from diverse backgrounds, races, ethnicities, and age groups were interviewed and featured in the videos. The videos also incorporated diversity in stock footage, clips, and images. Interviewees work across multiple practice settings, including community, clinical, foodservice, and education.

Recently, the Academy released the



NDEP DIVERSITY RECRUITMENT VIDEOS PROJECT SUMMARY

full videos on its webpage and showcased brief video clips to promote the dietetics profession and related career options. Videos are available free of cost, and an evaluation tool is being developed. Videos can be shared in various educational and professional settings, including classrooms, career fairs, and STEM-focused programs.

The Academy's Past-President Ellen R. Shanley, MBA, RDN, CDN, FAND highlighted the videos in the February 2023 President's Page in the Journal of the Academy of Nutrition and Dietetics. The task force presented the videos and shared the process behind their development at the Food & Nutrition Conference & Expo in Denver, Colorado, in October 2023.

A common barrier identified for diversity pipeline work in the nutrition and dietetics field is a lack of familiarity with our profession among school-aged children; thus, these videos will generate early-stage career interest in the dietetics profession.

Acknowledgments

- Funding for this project was provided by the Nutrition and Dietetic Educators and Preceptors at the Academy of Nutrition and Dietetics.
- We thank our interviewees for their participation in the videos.
- NDEP acknowledges Syracuse University Syracuse, NY, including the David B Falk College of Sport and Human Dynamics and the Syracuse University Early Education Child Care Center, for hosting the production of the videos.
- NDEP acknowledges California State University, Sacramento, for providing space and resources to film the videos.
- Special thanks to 325 Productions, Syracuse, NY, for their collaboration in this project and for filming and producing the videos.

References

1. US Census Bureau. Available at <https://www.census.gov/library/stories/2021/08/2020-united-states-population-more-racially-ethnically-diverse-than-2010.html>
2. Rogers D. Report on the Academy/Commission on Dietetic Registration 2020 Needs Satisfaction Survey. J Acad Nutr Diet. 2021;121:134-138.
3. Advancing Equity: The Academy's Commitment to Supporting Inclusion, Diversity, Equity, and Access. J Acad Nutr Diet. 2022; 122(1):159-165.