



Letter from the Chair

Dear Fellow NOBIDAN Members,

Happy New Year! 2021 is finally here! We have all dealt with some of the storms and blessings of 2020. But we are all still here through grace and perseverance. This probably leads to the question “We understand why you talk about the storms of 2020, but why would you say that there are also blessings from that year?” Well, the blessings are that even though we were all quarantining during most of last year, we did get a chance to learn more about ourselves and what we are capable of learning. Some of us could make the sourdough bread while others started for the first time YouTube exercise videos. We spent more time with family who live with us and virtually with the family afar. We read books that we always wanted to read but never had the time to, and we discovered new talents that we never thought we had. Most importantly, even though we could not embrace one another, we learned the most important thing of all: Communication and Expressing Love. Talking to each other instead of constantly scrolling on the phone, being able to tell someone that you appreciate and love them instead of giving them the LOVE emoji. Life is too short, so make sure that you start doing this today!

Now that 2020 has come to a close, I hope that we will all continue with this newfound appreciation for communication and love throughout the years to come.

Peace and Blessings;

Denine Rogers, MS, RDN, LD, FAND
NOBIDAN Chair 2020-2021

Honoring the Memory of a NOBIDAN TRAILBLAZER

It is with sadness that we share the passing of NOBIDAN trailblazer Dr. Sarah Wilder, PhD, RD. She was a founder and executive director of NOBIDAN and served from 1984-2008. Dr. Wilder earned her undergraduate degree from Tuskegee



University, her master's degree in Public Health Nutrition from Case Western Reserve University, and PhD in Community Systems Planning and Development: Health Planning Administration, from The Pennsylvania State University. Dr. Wilder was also one of the organizers and charter members of the Dietetic Technicians in Practice DPG and served as a member of the Academy's Nominating Committee from 1998-2000. She held numerous other leadership positions throughout the field and received the Medallion Award in 1988 for her leadership and devotion to serving others in nutrition and dietetics.

NOBIDAN Executive Board Committee recently sent the Wilder Family a church celebration of the life resolution of Dr. Sara Wilder. Thank you Helen Jackson, Ph.D. RD. LD, FAND, for providing your incredible thought provoking words in this resolution. Click this [link](#) to view the church resolution.

Condolences from Dr. Evelyn Ford Crayton, Academy President 2015-16.

Condolences to the Wilder family. Having been elected President of the Academy as the first African American, I knew I stood on the shoulders of Dr. Wilder, one of our giants and founders of NOBIDAN. Other giants, Mrs. Gladys Jennings, Dr. Flemmie Kittrell, Dr. Johnnie Prothro, Mrs. Salona McDonald, Dr. Evelyn Lewis and many other giants were well qualified and prepared to serve. They were ahead of their times. We are forever grateful to Dr. Wilder and her husband, Nate, who had a vision of what our beloved profession could achieve by recognizing and including minorities in leadership and academic roles.

*Humbly,
Dr. Evelyn Ford Crayton*



Webinars You May Have Missed!

1. Diabetes Throughout the African Diaspora Webinar Recording is Now in the Academy's Eat Right Store!

This webinar series held in partnership between NOBIDAN and the Diabetes DPG highlighted the need for diverse professionals in nutrition and dietetics to reflect those disproportionately affected by the disease. [Click here](#) to review the recording.

2. High Weight and Eating Disorder: The Intersecting Contexts of Black Women Webinar

This webinar was led by NOBIDAN's very own Loneke T. Blackman Carr PhD, RD in partnership with the BHN DPG. This webinar assessed the connections between the experiences of Black women with racism, sexism, etc. and eating disorder development. [Click here](#) to view the recording.

Upcoming Webinar

Making Your Scholarship Application Pop

DATE/TIME: Thursday, Feb. 25th at 5:30PM – 6:30PM CDT

This webinar will be presented by NOBIDAN Nominating Committee Chair, Carol Taylor, MCN, RDN, LD, who will give students the tools to improve their applications and increase their chances of gaining funding. The [Academy Foundation scholarship](#) application process opens Feb. 15, 2021 and closes April 19, 2021 at 5 pm CDT. We will also discuss the [Dr. Evelyn Crayton Scholarship](#) funded by NOBIDAN. Application process opened Feb. 1st and closes March 26th.

WEBEX LINK: <https://eatright.webex.com/eatright/j.php?MTID=mb8cfc49caf693ec5d5ba4eec5e4009d2>

MEETING NUMBER: 131 104 2459

MEETING PASSWORD: NOBIDANStudents

If you are unable to join by computer, you may call in at +1-415-655-0002 US Toll.



Voting in the Academy national election and NOBIDAN election is February 1-15. The ballot, candidates' bios, photos and videos are posted at www.eatright.org/elections. Members can visit this site to virtually "meet" the candidates. Several NOBIDAN members are running for national office and we encourage your support.

Project Vote is an incentive program to encourage DPGs, MIGs and Affiliates to engage in the Academy's national election. The group in each category with the largest percentage of members' voting will be awarded a free registration to FNCE® 2021. You can follow the voting progress at www.eatright.org/elections.

Join the NOBIDAN Team!

Are you interested in stepping into a position of leadership and increasing the diversity of nutrition and dietetics? NOBIDAN has the perfect opportunity for you! **We are currently recruiting members to serve as our Diversity and Inclusion Liaison.** Some of the duties include:

1. Plan and facilitate diversity outreach.
2. Seek diversity grant opportunities from external sources.
3. Attend monthly NOBIDAN Executive Committee meetings with completed committee reports.
4. Provide DEI-oriented content for PR Chair/Communications Committee to disseminate and highlight.

To be considered for this position, please send a personal statement/letter of interest and your resume to Denine Rogers livinghealthyenterprises@gmail.com and Winona Bynum wsbynum@comcast.net. We look forward to having you as part of our team!



Scholarships!

Dr. Evelyn Crayton Scholarship

NOBIDAN is pleased to announce that the application for the **Dr. Evelyn Crayton Scholarship** opened Feb. 1, 2021. Five dietetic interns or students accepted into an ACEND accredited dietetic internship will be awarded \$750.

If interested in applying for the Crayton Scholarship, you must:

1. Be a NOBIDAN member.
2. Be accepted into an ACEND accredited dietetic internship by May 2021.
3. Fill out the online application on the NOBIDAN website.
4. Include one letter of reference from a university professor, professional mentor, preceptor or supervisor in a nutrition-related field. The letter must be typed on official letterhead and signed.
5. Include a resume (no longer than 2 pages).
6. Include a 500-word personal statement about your professional goals and your commitment to excellence in dietetics.

Winners and non-winners will be notified by email in May 2021. **Find more information on the criteria and application [HERE](#).**

Academy Foundation Scholarships

The [Academy of Nutrition and Dietetics Foundation](#) awards numerous scholarships, including ones specifically for NOBIDAN student members, with just one application to fill out. The application for the Academy Foundation scholarships opens February 15, 2021, and must be completed by April 19, 2021, at 5 p.m. CDT.

Academy Foundation scholarship winners and non-winners will be notified by email in late July. **Find more information on the criteria and application [HERE](#).**

PCRM Partial Scholarship for Annual Conference

The Physicians Committee for Responsible Medicine (PCRM) is offering partial scholarship opportunities for nurses and dietitians who are interested in attending their [ninth annual International Conference on Nutrition in Medicine](#) (July 15-17, 2021). This conference will be completely online and includes 20 continuing education credits, live and on-demand lectures, and presentations covering the latest in nutrition. Topics range from nutrition and health disparities to Alzheimer's disease, to type 2 diabetes. The program is jointly provided by the George Washington University School of Medicine and Health Sciences. The Physicians Committee hopes this opportunity will support nurses and dietitians interested in promoting the importance of good nutrition to patients and community members.

If you are interested in this opportunity, please fill out this [Google Form](#) by March 1. This opportunity will be issued on a first come first serve basis. You must be a nurse or dietitian to qualify, and those who submit their responses prior to the depletion of scholarship funds will receive an email from a Physicians Committee team member with instructions on how to register for the conference at

our scholarship rate of \$150. If you have any questions, please reach out to ICNM@pcrm.org.

As further background, the [Physicians Committee](#) is a 35-year-old non-profit focused on plant-based nutrition, preventive medicine, and higher ethical standards in research.

RD Exam Study Group



As you know, NOBIDAN continues to strive for diversity in dietetics through a multitude of efforts. This year, we have launched an ongoing study group to aid our dietetic interns in passing the RD exam. This effort is led by Tornia Anderson Morgan RD, LDN, CPT (left) and Angela Roberson, RD, LDN, CPT (right), who are both contributing members of NOBIDAN's leadership. While preparing for their credentialing exam, these two exceptional students and colleagues participated in group study sessions that led to an impressive 100% pass rate of all regular attendees. They recognized the need for more group support in this area, and wanted to help others succeed. This group created a safe space for predominantly students of color to share their experiences with microaggressions during their internship, and the hardships they endured as a result. Since January, more interns have joined, and new RDs continue to emerge from their hard work. It is our hope that the success of this group, and of our students will demonstrate their dedication and what we bring to the field.

HAPPY BLACK HISTORY MONTH!



NOBIDAN would like to wish you a Happy Black History Month. Black RDs and DTRs across the country continue to share various ethnic dishes in their communities, adding to the diversity of food in the United States. The Black community will continue to rise in the face of hardship both on and off the nutrition field.

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