

# TAKE 5 news



Dietitians in  
Business and  
Communications  
a specialty group of the  
Academy of Nutrition  
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## Breaking Away and Creating New Norms

We are in a world that is now creating a new "normal." Changing routine and our way of life is never an easy task, especially in our work. It raises a lot of questions around "how do I..." and "what if...". Equip yourself with enough tools and resources to take on the new norms of life with various resources DBC has to offer.

Check out our social media: [LinkedIn](#), [Facebook](#), [Twitter](#), and [Instagram](#)! Also, check out our DBC website at [www.dbconline.org](http://www.dbconline.org).

## DBC Webinar Series- Pivoting Your RD Career Part 2: Considerations, Steps, and Skills to Succeed July 21st @ 12 PM ET



Join us for the  
second of three  
webinars in a series  
with Amy Goodson,  
MS, RD, CSSD, LD

*Pivoting Your RD  
Career:  
Considerations,  
Steps, and Skills to  
Succeed*

**Expand Your  
Professional  
Skills to Build  
Your Business**

July 21, 2020 - 12pm-1pm ET

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Strategic communication is essential for any professional who wants to advance in his/her career. Knowing what to say and how to say it can make or break a relationship, job promotion, and your business. This webinar provides you tips and practical application steps on becoming a successful communicator and how you can use the skills of public speaking, media, and writing to positively impact your brand, career potential, and business. Click [here](#) to register.

Access the previous webinar of the series [here](#), and click [here](#) to register early for Part 3 of the series, Seal the Deal: Sell Your Winning Idea to Others, on Aug 18!

## DBC Virtual Speed Networking Event July 30th @ 8 PM ET



**You're Invited!**  
DBC JULY VIRTUAL SPEED NETWORKING EVENT

Come join DBC members for our second Virtual Speed Networking event to learn more about other DBC members, what they are up to and ideas on how we can continue to enhance our value as nutrition leaders.

Thursday July 30th at 8 pm ET  
Register today!

**Dietitians in Business and Communications**  
a dietetic practice group of the Academy of Nutrition and Dietetics  
eat right.

**You're invited!** Come join DBC members on Thursday July 30th at 7 pm CT for our second Virtual Speed Networking event to learn more about other DBC members, what they are up to, and ideas on how we can continue to enhance our value as nutrition leaders. Register on Zoom [here](#). Questions? Email membership chair Nikki Nies at [nikkinies@gmail.com](mailto:nikkinies@gmail.com).

**Supporting Diversity**



# Action Alert

## Take Action Today!

The Academy has partnered with the **National Association for Equal Opportunity in Higher Education** to encourage Congress to provide \$300 million in funding for minority-serving institutions that support allied health programs, including nutrition and dietetics. Additionally, the Academy is also requesting \$10 million for nutrition and dietetics career outreach. Join DBC in asking members of Congress to include this request in the next appropriations bill by clicking [here](#).

### Registration Now Open: Second Annual Nutrition and Health Equity Summit

On Tuesday, August 25 from 1-3 p.m. (Eastern Time), the Academy will host the second annual Nutrition and Health Equity Summit with Rep. Robin Kelly (IL-02) and the Congressional Black Caucus Health Braintrust. **Register today** and join the conversation to advance the Academy's advocacy efforts related to health equity, diversity and reducing health disparities. More information on this event will be featured in upcoming issues of PPWN.

### DBC Referral Program - Quarterly Drawing



## *Membership Referral Program*

*Refer an Academy RDN colleague or student to DBC, and if they join you will be entered to win a \$20 gift card.*

Click [here](#) to submit your referral.

## Have you heard about the DBC mentorship program?



### Join the DBC Mentorship Program

Find a Mentor, Be a Mentor

Mentor Me with DBC



Through our mentoring program (Mentor Me with DBC), you can learn and connect with other DBC members. Our members are extremely talented and work in a variety of career settings. These talented members are willing to share their knowledge and experiences in order to support career enhancement in business and communications. Learn how you can participate [here](#).

## DBC Webinar Recordings

**DBC WEBINAR RECORDINGS**

# EDUCATION THAT IS EASY TO ACCESS

Earn Free CPEU's on Your Own Time!

## LAST MONTH'S WEBINAR

Pivoting Your RD Career:  
Considerations, Steps, and Skills to  
Succeed - 5 Steps to Begin Your  
Dietetics Career Pivot  
with Amy Goodson, MS, RD, CSSD, LD

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Last month we talked about five steps to pivoting your RD career with Amy Goodson, MS, RD, CSSD, LD. Click [here](#) to access recordings of our past webinars!

## DBC Business Insights Newsletter – Navigating Tough Conversations

DBC BUSINESS INSIGHTS NEWSLETTER  
EFFECTIVE CONNECTING IN A DIGITAL WORLD



### DBC BUSINESS INSIGHTS NEWSLETTER

NAVIGATING TOUGH CONVERSATIONS

**Includes:**

- Message from the Chair & Incoming Chair
- Letter from the Editor & Incoming Editor
- Agree to Disagree: How to Have a Healthy Disagreement at Work
- Charting Your Course Through Conflict
- Graduate Students: Preparing for Potentially Difficult Career Conversations
- Member Spotlight: Nicole Arcilla, MS, RD
- Essential Tools
- How-To Series: How to Give Effective Feedback
- Student Corner: When You and Your Preceptor Disagree
- And more!

SPRING 2020

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Missed the last DBC Newsletter? Look [here](#) to read the newsletter now and check our archive.

## COVID Updates



As DBC monitors the developments of this pandemic and continue to see its impact unfold, we send our heartfelt thanks to each one of you during this uncertain time. We know that DBC members are all deeply impacted by the effects of this global crisis. On behalf of the entire DBC Executive Committee, we are thinking of you and we are here to lend support.

In addition, resources on prevention, food safety, and social media are available by the Academy of Nutrition and Dietetics at [eatright.org/coronavirus](https://eatright.org/coronavirus).

If you have any questions, please **email us**.

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Do not reply to this message. For general questions about Dietitians in Business and Communications, please contact, [DBC@eatright.org](mailto:DBC@eatright.org).

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