Vegetarian Nutrition Dietetic Practice Group Research Grant

Through a generous donation from the Vegetarian Nutrition Dietetic Practice Group to the Academy of Nutrition and Dietetics Foundation, $10,000 is awarded every two years for innovative research relating to vegetarian nutrition.

The 2021 application opens in November 2020 with a deadline of February 1, 2021.*
Available at: www.eatrightfoundation.org/grants

Applicant Requirements:
The grant recipient must:

- Be a Registered Dietitian Nutritionist (RDN), Nutrition and Dietetic Technician, Registered (NDTR), or dietetic student and a member of the Academy of Nutrition and Dietetics
- If a student, must be admitted to a graduate/doctoral program in nutrition, public health, or other related field
- Submit a grant proposal outlining research question, significance, methodology, timeline, and proposed budget for research
- Provide a final report within three months of study completion
- Submit an article to the Vegetarian Nutrition DPG for possible publication in the Vegetarian Nutrition Updates or submit a poster or educational session for presentation at FNCE

Preference will be given to applicants who have been members of the Vegetarian Nutrition DPG for two years or greater.

2019 Recipient:

Inflammatory Markers and Diet Quality Among Vegetarian Versus Non-Vegetarian Female Collegiate Athletes

“Being awarded the Vegetarian Nutrition DPG Research Grant will allow us to conduct a study investigating the effects of a vegetarian diet on diet quality and inflammatory markers among female athletes.”

- Jessica Garay Redmond, PhD, RDN, FAND
  Assistant Professor; Syracuse University

*The ability to award the research grant is determined by investment return of the fund endowment. For further information, contact Elisha Reichling, MS, RDN, LDN, Foundation Program Coordinator, at ereichling@eatright.org.
Past VN DPG Research Grant Recipients

2010
Mele Kealoha Fernandez, MS, RD
Creating a vegetarian meat-alternative food composition database.

2011
Gabrielle Turner-McGrievy, MS, PhD, RD
HER Health: Healthy eating for reproductive health.

2013
Kayellen Umeakunne, MSRD, LO
Comparative effects of the DASH diet and a vegetarian DASH diet on the gut microbiome and blood pressure in obese pre-hypertensive African American women at risk for cardiovascular disease.

2016
Ann Reed Mangels, PhD, RD
The prevalence and extent of vegetarian and vegan nutrition instruction in accredited dietetic education programs in the United States.

2016
Roman Pawlak, PhD, RD
Assessment of vitamin B12, EPA, DHA and BDNF in human milk of vegan, vegetarian, and non-vegetarian lactating women.

2017
Maria Morgan-Bathke, PhD, RD
The effect of a vegetarian diet on cardio-metabolic parameters and inflammatory status in an obese population.

2019
Jessica Garay Redmond, PhD, RDN, FAND
Inflammatory Markers and Diet Quality Among Vegetarian Versus Non-Vegetarian Female Collegiate Athletes

For more information on the Vegetarian Nutrition DPG visit www.VNDPG.org