To stay on top of his game,

Rudi Johnson, running back for the Cincinnati Bengals, relies on the expertise of Michele Macedonio, a Registered Dietitian and Board Certified Specialist in Sports Dietetics (CSSD).

CSSDs use sports nutrition science to fuel optimal performance.



Build your career with CSSD certification!

Visit the Web site of the Commission on Dietetic Registration at **www.cdrnet.org** for applications, eligibility criteria, exam content and reference lists.

CSSD specialty exams are offered twice a year at computer testing facilities throughout the U.S.



Demand Experience, Demand Excellence,

Demand the
Certified Specialist in
Sports Dietetics
Credential

REPUTATION

BACKED BY CERTIFICATION

COMMISSION ON DIETETIC REGISTRATION

The Commission on Dietetic Registration (CDR) is the credentialing agency for the American Dietetic Association.

Who advises
Cincinnati Bengal's
Rudi Johnson on
nutrition?



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Certified Specialist in
Sports Dietetics
Credential

REPUTATION BACKED BY CERTIFICATION

COMMISSION ON DIETETIC REGISTRATION



"The CSSD credential sets a high standard, enhances my credibility, and takes RDs to the next level of professional and career growth. Go for it!"

Nancy Clark, MS, RD, CSSD

Photo: Christopher R. Mohr, PhD, RD, CSSD

The Board Certification as Specialist in Sports Dietetics (CSSD) credential

is the premier professional sports nutrition credential in the U.S.

Who hires CSSDs?

Earning a CSSD credential increases your options for employment and enhances your earning potential. Employment opportunities exist in the following areas:

- Athletic performance companies, sport training and rehab organizations
- Colleges and universities
 Corporate wellness
- Health care organizations

- Hospitals and clinics
- Military bases and affiliates
- Private practice
- Professional sports organizations U.S. Olympic Committee and training facilities

You'll bring more to the table.

As a CSSD-certified sports dietitian, you can provide unique benefits to your employers.

- Provide sports nutrition assessment and consultation
- Recruit and retain athletes and clients
- Provide reimbursable services such as diabetes medical nutrition therapy
- Bring sports nutrition expertise to multi-disciplinary sports medicine teams
- Oversee travel, pre- and post event menu planning and design
- Evaluate dietary supplements and sports foods for legality, safety, and efficacy
- Develop and oversee nutrition policies and procedures



Photo by AIS Orders, Jennifer Hutchison, RE