The 36th Annual Sports, Cardiovascular, and Wellness Nutrition (SCAN) Symposium, Revolutionizing Performance Nutrition, will be held in Boston, Massachusetts, March 21-23, 2020. The 2020 symposium will explore, challenge, and discuss revolutionizing evidence-based nutrition research, science, practice, and policy. The aims of the 2020 Symposium are: (1) to equip SCAN members and their colleagues to help individuals maximize health and human performance and (2) convey best nutrition practices for sport, physical activity, cardiovascular health, and well-being. The 2020 symposium program will focus on providing attendees with tools to support clients, patients, athletes, and first responders to perform to their peak potential, and also assist with career development.

The symposium will be held in the heart of Boston at the Boston Park Plaza which is the perfect venue for the 36th Annual SCAN Symposium. The hotel is a short walk to the oldest park in the nation, the Boston Common and Public Garden, a short walk to Newberry Street and close to the Charles River Bike Path which features beautiful views of the city and miles of path to run, bike, or walk. The Symposium program will include time to network, explore and experience Boston, and access the hotel’s well-known amenities and fitness center featuring deluxe workout facilities and challenging group fitness classes.

Section I: Presentation Guidelines and Speaker Benefits

The 36th Annual SCAN Symposium encourages researchers and clinicians to submit an application to present innovative, cutting-edge research, variations on tried and true research, or practice guidelines which focus on nutrition for human performance and health. Presentations are typically 45 to 50 minutes in length with 10-15 minutes for questions. New this year, the 2020 Symposium is also excited to request researchers, practitioners, and students to submit an application to present an oral abstract examining recent research results, clinical case studies, or project reports. Accepted abstract presentations will be presented in thematic breakout sessions 15 minutes in length (10 min presentation with ~5 min of questions).

All applications are due by Monday, September 30th 2019 via completing the SCAN 2020 Symposium RFP Survey (links below). If you have any questions, contact SCAN office at director@scandpg.org.

- **Sponsors who would like to submit a proposal for a session at Symposium must contact the SCAN Office via email (director@scandpg.org) for further information. All sponsored sessions will be subject to the same evaluation criteria and requirements applied to other sessions.**
- All potential conflicts of interest must be fully disclosed at the time of proposal submission.
- Only two submissions per individual or group will be considered.
• Proposals from individuals who have not presented at SCAN Symposium in the past two years are particularly encouraged.
• Incomplete applications that do not follow the guidelines and those not related to the overarching SCAN Symposium theme will not be considered.

Accepted Full Proposal Presentations:
• Note, full proposals may include one or two speakers for a 1-hour time slot (45 to 50-minute presentation with 10-15 min for questions). Sessions should not include more than two speakers.
  o For accepted applications for presentations with one speaker, the speaker will receive complimentary Symposium registration, one nights’ lodging at the Symposium hotel, and a $250 honorarium.
  o For accepted applications for presentations with two speakers, the team will receive one nights’ lodging at the Symposium hotel, and a $250 honorarium (split $125 to each speaker).

Accepted Oral Thematic Abstract Presentations
• Note, oral abstract research and case study presentations may include one or more authors, but only the lead author will present at the symposium.
• The accepted oral abstract presenter will not receive symposium registration, lodging, or travel expenses.

*Air and ground travel expenses will not be covered for any speakers.*

Section II: Priority Topics

SCAN is looking for speaker applications that focus on nutrition for human performance for both the traditional full presentation and oral thematic abstract presentation requests. We are particularly interested in emerging, cutting-edge research and evidence-based projects or ideas that will revolutionize the practice of medical nutrition therapy within the context of human performance and health in sports, cardiovascular, and wellness nutrition. The Symposium Committee presents a suggested list (not listed in a particular order) to stimulate ideas for proposals. However, proposals are not limited to these topics. While all innovative and relevant session proposals are welcome and will be considered, please be sure to keep the proposal related to human performance and how it effects one’s nutrition health within SCAN’s practice areas. The speakers must also meet all other submission criteria to be considered.

• Consequences of overtraining and overreaching (including bone health and stress fractures)
• Recent advances in relative energy deficiency syndrome in sport (RED-S)
• Transitional wellness programs for NCAA athletes and military personnel
• Performance nutrition related to first responders
• Care of the transgender athlete
• The effects of CVD medications on exercise and performance
• Cardiovascular concerns for athletes
• Nutrition and human performance across the lifespan
• Pre-and During-Exercise Sports Nutrition Strategies for Managing GI disorders (may include FODMAPS or other nutrition strategies.)
• Body image/eating disorders
• Nutrition strategies for concussion prevention and rehabilitation
• Weight management (gain, loss, and maintenance) in the athlete
• Apps for nutrition and human performance
• Social media dos and don’ts for the Sports Nutrition professional
• Working with difficult athletes
• Creating a successful sports nutrition practice
• Beginning your career: support for the RD in the first 5 years after graduation (as related to human performance)
• Physical activity in those living with chronic disease
• Dietary supplement update for health and performance
• Other emerging topics in nutrition for human performance

Section III: Evaluation Criteria

Specific application evaluation criteria include:
• Consistency of the presentation proposal with all parameters outlined in this Request for Presentation (RFP).
• Relevance of topic to the Symposium theme and one or more of SCAN’s practice area(s): nutrition for human performance, physical activity, cardiovascular health, wellness, and the prevention and treatment of disordered eating and eating disorders.
• Importance or benefit of the topic to SCAN members.
• Timeliness of topic.
• Substantial published evidence in support of the session (evidence-based), and/or highlighting lack of evidence and research needs related to hot nutrition topics.
• Innovative perspective on topic and/or original presentation or teaching approach (e.g., audience engagement, interactive case studies).
• Speaker’s experience in topic proposed. Experience can include practice, research, training/education, and public speaking in the topic area. We accept and appreciate links to previous presentations to gauge speaker style.

Section IV: Requirements and Notification

Submit your application on the appropriate application (Full Presentation Proposal or Thematic Abstract Proposal) using this links below.

Full Presentation Proposal
The completed 2020 Symposium Speaker Presentation application must include:
• Applicant name and credentials as you wish them to appear in promotional materials
• Full contact information, including business and cell telephone, email, and postal addresses
• A 150-word biographical sketch and a three-page (maximum) curriculum vitae (CV) or resume for all proposed speakers, including organizational memberships
Note: SCAN is requesting both a 150-word biographical sketch and a three-page (maximum) CV or resume; speaker(s) will have the opportunity after acceptance to update their biosketch for print materials

- Presentation title, 150-word abstract, and two to three learning objectives
- Details of how the session will be organized, including any skills being demonstrated or taught, and potential audiovisual needs (subject to approval by SCAN)
- Preliminary list of research references and brief description of how this research can benefit the practice of RDNs
- Specification of the SCAN practice area(s) to which the presentation applies (human performance and health in sports, cardiovascular, and wellness nutrition)
- Complete disclosure of any potential conflicts of interest, including sponsors or clients associated with the inception, formation, and/or submission of the presentation proposal
  - Please note that if there is an existing relationship between the applicant and a potential sponsor for the proposal being submitted, the sponsor should contact the SCAN office prior to submitting the proposal at: director@scandpg.org.
- Suggested organization or company that may be willing to sponsor the presentation (optional)
- Speaker Presentation Application Survey Link: [https://www.surveymonkey.com/r/RLHTRHX](https://www.surveymonkey.com/r/RLHTRHX)

Oral Thematic Abstract Presentations
The completed 2020 Symposium Oral Thematic Abstract Presentation application must include:
- Applicant name and credentials, as you wish them to appear in promotional materials
- Full contact information, including business and cell telephone, email, and postal addresses
- A 150-word biographical sketch
  - Note: speaker(s) will have the opportunity to update after acceptance
- Presentation title, 250-word abstract, and learning objective
- Specification of the SCAN practice area(s) to which the proposal applies (human performance and health in sports, cardiovascular, and wellness nutrition)
- Complete disclosure of any potential conflicts of interest, including research funding source, sponsors or clients associated with the inception, formation, and/or submission of the proposal
  - Please note that if there is an existing relationship between the applicant and a potential sponsor for the proposal being submitted, the sponsor should contact the SCAN office prior to submitting the proposal at: director@scandpg.org.
- Oral Thematic Abstract Presentations Survey Link: [https://www.surveymonkey.com/r/RDNM8BH](https://www.surveymonkey.com/r/RDNM8BH)

Instructions for submitting both the Full Presentation and Oral Thematic Abstract Presentation application:
- Complete submission on or before September 30, 2019

Notification of decision on all submissions will be sent via email by October 30th 2019.