



**Sports and Human Performance Nutrition**  
a dietetic practice group of the  
Academy of Nutrition and Dietetics  
Formerly a subgroup of Sports, Cardiovascular and Wellness Nutrition (SCAN)

**Cardiovascular Health and Well-being**  
a dietetic practice group of the  
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# SCAN is expanding into two new Dietetic Practice Groups!

Over the past 20 years since the inception of the Sports, Cardiovascular and Nutrition dietetic practice group, the practice of sports nutrition has emerged as an advanced, specialized field, with a CDR-sponsored board-certified credential, rapidly growing job market and an expanding field of research.

Similarly, nutrition related to cardiovascular health management has seen tremendous growth in areas such as reimbursement, cardiac rehabilitation and preventive cardiology services. Further, the definition and scope of wellness and well-being has continued to evolve since workplace wellness programs came on the scene in the 1970s.

In the spirit of SCAN's longstanding record of innovation and dynamic solutions, we are thrilled to announce that SCAN is expanding into two new DPGs:

**Sports and Human Performance Nutrition** and **Cardiovascular Health and Well-being**.

Through in-depth, tailored CPE and resources; networking; training; advocacy; and the support of industry-leading research and practice, these two new DPGs will offer even more exciting opportunities for members to further hone their expertise.

## Sports and Human Performance Nutrition

**SHPN** will be a network of nutrition practitioners working with athletes at all levels and collaborating coaches, athletic trainers, and other sports medicine practitioners to optimize human performance and holistic health for a lifetime. The DPG will leverage the integration of nutrition, exercise science, and technology to set industry standards, provide continuing education, and prepare the next generation of cutting edge professionals. SHPN will deliver content tailored for human performance in sports as well as military, tactical and performing arts, and those who are first responders.

## Cardiovascular Health and Well-being

**CV-WELL** will equip members to be the experts promoting the prevention and treatment of cardiovascular disease through nutrition, well-being and physical activity. This DPG will provide in-depth content in cardiovascular nutrition and well-being so members can optimize their work in diverse health arenas such as clinical settings, corporate well-being, community nutrition, private practice, research, education and government.

As an added bonus for the 2021-2022 membership year, current SCAN members who join either SHPN or CV-WELL will enjoy the **benefits of both practice groups**.

We are excited to offer members these expanded opportunities in sports and human performance and in cardiovascular and well-being nutrition. We would not have reached this incredible milestone without the tireless dedication and endless contribution of SCAN's volunteers and leaders, past and present. It's with much gratitude that we take this momentous next step.

Sincerely,

**Christine Karpinski**, PhD, RD, CSSD, LDN, SCAN Chair  
**Jennifer Ketterly**, MS, RD, CSSD, LDN, SCAN Past Chair  
**Elizabeth L. Abbey**, PhD, RDN, CDN, SCAN Chair Elect

Watch for upcoming announcements containing more details and visit <https://www.scandpg.org/scan/new-dpg-launch> to view FAQs and ongoing updates.