

## 1. ABOUT US

### **Mission**

Empowering ON DPG members as oncology nutrition leaders and experts through advocacy, education and research.

### **Vision**

Optimizing the health of persons with cancer and cancer survivors and contributing to cancer prevention efforts through food and nutrition.

### **Philosophy**

To be a resource for oncology nutrition experts across the continuum of care.

### **Strategic Plan**

#### **Goals:**

- Promote the oncology dietetic professionals as the cancer nutrition expert.
- Serve as a resource for the professional development of ON DPG members.

#### **Financials:**

- Revenue: \$86, 126
- Expenses: \$100, 992
- Operating Excess: -\$14, 866
- Investment reserves: \$22, 752

## 2. Contents

- **Leadership**
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- **ON Nutrition and Cancer Health Outcomes (NACHO) Committee**
- **Oncology Nutrition Symposium 2020**
- **Policy and Advocacy**

### **3 & 4 Leadership**

#### *Elected:*

**Chair:** Alice Bender, MS, RDN

**Chair-Elect:** Caitlin Benda, MBA, MS, RDN, CSO

**Past Chair:** Heather Bell-Temin, MS, RD, CSO

**Secretary:** Lori Kiker, MS, RDN, LD, CSO

**Treasurer:** Paula Charuhas Macris MS, RD, CSO, FAND, CD

**Nominating Committee Chair:** Erin Gurd, RDN

**Nominating Committee Member:** Jennifer Yan, RD, CSO

**Nominating Committee Chair-elect:** Monico Bojko, MS, RD, CSO, LDN

**DPG House of Delegate:** Shayne Robinson, RD, CSO, CDN

#### *Appointed:*

**Communications Coordinator:** Julie Lanford, MPH, RD, CSO, LDN

**E-Blast Coordinator:** Erin Williams, RDN, CSO, CNSC

**Student Member Coordinator:** Danielle Felber, RD

**Electronic Mailing List (EMO) Administrator:** Raymond Palko, MS, RD, CSO

**Social Media Coordinator:** Anna Maria Bittoni, MS, RD, LD

**Website Administrator:** Heather Bell-Temin, MS, RD, CSO, LDN

**Website Assistant:** Kelli Oldham, MS, RDN, CSO, LD

**Website Public Content Manager:** Katie Badgett, MS, RDN, CSP, LDN

**Diversity Liaison:** Anu Kaur, MS, RDN

**Continuing Education Coordinator:** Tiffany Barrett, MS, RD, CSO, LD

**Webinar Planning Committee:** Amy Patton, RDN, CSO, CNSD (Chair); Bernadette Festa, MS, RDN, CSO; Gretchen Gruender, MS, RDN, CSO; Amanda Ihmels, RDN, CSO, LRD

**Membership Coordinator:** Maureen Gardner, MA, RDN, CSO, LDN

**Mentorship Program Coordinators:** Dianne Piepenburg, MS, RDN, CSO, Karen Godinez, RD, CSO

**Pediatric Subunit:** Nancy Sacks, MS, RD, LD; Karen Ringwald-Smith, MS, RDN, CNSC

**BMT Subunit:** Tara Coghlin Dickson, MS, RD, CSSD

**Policy & Advocacy Leader:** Sara Estabrook, MA, RDN, CSO, LDN

**Reimbursement Coordinator:** Gretchen Gruender, MS, RDN, CSO

**Speakers Bureau:** Anne Coble Voss, PhD, RDN, LD

**Research Coordinator:** Colleen Spees, PhD, Med, RDN, LD, FAND

**NACHO (Nutrition Access and Cancer Health Outcomes):** Elaine Trujillo, MS, RDN (Project Chair), Jeannine Mills, MS, RDN, CSO, LD, Suzanne Dixon, MPH, MS, RDN, Rhone Levin, MEd, RDN, CSO, FAND, Colleen Spees, PhD, MEd, RDN, FAND, Katrina Claghorn, MS, RDN

**CDR/ANDHII Research Project:** Tricia Cox, MS, RDN, CSO, LD, CNSC

**Networks Coordinator:** Kelay Trentham, MS, RDN, CSO, CD, FAND

**Sponsorship Chair:** Rhone M. Levin, MEd, RD, CSO, LD, FAND

**Small Research Grant Coordinator:** Heidi Ganzer, DCN, RDN, CSO, LD

**Oncology Nutrition in Clinical Practice (1<sup>st</sup> edition sales):** Maureen Leser, MS, RDN, CSO, LD

**Oncology Nutrition in Clinical Practice (Revision Project Coordinators):** Anne Voss, PhD, RDN, LD; Valaree Williams, MS, RD, CSO, FAND

**Oncology Nutrition Handbook: Tools and Counseling Resources for Professionals (2<sup>nd</sup> edition):** Maureen Gardner, MA, RDN, CSO, LDN, Lindsay Malone, MS, RDN, CSO

**ON Symposium Chairs:** Heather Bell-Temin, MS, RD, CSO, LDN, Jeannine Mills, MS, RD, CSO, LD

## **Leadership Meetings:**

### **Teleconference**

10 monthly phone calls held with ON DPG Leadership

### **In-Person**

FNCE® Leadership Meeting: October 19-20, 2018

Mid-Year Leadership Meeting: May 4-5, 2019

## **ON Representation at Meetings and Liaison Positions**

- **2019 National Comprehensive Cancer Network (NCCN) Nursing Meeting, March 2019; Orlando, FL**

**“Recognizing Malnutrition and Recommendations for Interventions”** by Rhone M. Levin, MEd, RDN, CSO, LD, FAND and Colleen K. Spees, PhD, MEd, RDN, LD, FAND

- **2018 ASCO Quality Care Symposium; September 2018; Phoenix, AZ**  
  
“**Malnutrition screening: A screening tool for outpatient oncology patients, leveraging EMR data**” by Jeannine B. Mills, MS, RD, CSO, LD, Natalie Stephens, RDN, LD, FAND, Sarah J. Johnson, MBA, MPH, RDN, Alexandra Wood, RDN, Kimberly Duffy, RDN, CNSC, LD, Elise Cushman, MS, RDN, CSO, LD, Elaine Trujillo, MS, RDN, Colleen Spees, PhD, MEd, RDN, FAND, Alice C. Shapiro, PhD, RDN, (poster presentation)
- **2018 Northern New England Clinical Oncology Society, Nov 2018; Bretton Woods, NH**  
*“Malnutrition screening: A Screening Tool for Outpatient Oncology Patients”* by Jeannine B. Mills, MS, RD, CSO, LD
- **ASPEN 2019 Clinical Nutrition Research and Education Conference; March 2019, Phoenix, AZ**  
*“Effective Strategies for Maintaining Nutritional Status in Oncology: Medical Cannabis for Oncology Patients: Pearls of Wisdom”* by Kelay Trentham, MS, RDN, CSO, CD, FAND
- **WSAND an OSAND 2019 State Educational Conference; April 2019, Seattle, WA**  
*“Navigating Medical Cannabis in Cancer Care”* by Kelay Trentham, MS, RDN, CSO, CD, FAND
- **Formation of the ASPEN Oncology Section, a collaboration of ON DPG and ASPEN, Sept, 2018, spearheaded by Jeannine Mills, MS, RDN, CSO, LD and Katrina Claghorn, MS, RDN, who serve on the leadership committee. Valerie Williams, MS, RDN, CNSD, CSO will be chair in 2019 and serve for 4 years.**
- **American College of Surgeons’ Commission on Cancer (CoC)** appointed Barbara Grant, MS, RDN, CSO, FAND, the Academy's liaison to the CoC to chair the CoC Eligibility Requirements (ERs) workgroup.
- **Pancreatic Cancer Action Network (PanCan)** appointed Jeannine Mills to the PanCAN Scientific and Medical Advisory Board.
- **American Society of Clinical Oncology** invited Suzanne Dixon, MPH, MS, RD, to serve on their expert panel to develop a Nutrition and Cachexia Guideline. Suzanne attended the annual ASCO meeting to participate in the working group.

- **John A. Milner Nutrition and Cancer Prevention Research Practicum; Bethesda, Maryland, 2019**  
Represented by Elaine Trujillo, MS, RDN and Anu Kaur, MS, RDN
- **Food & Nutrition Conference & Expo™; Washington, DC, 2018**  
ON DPG Spotlight Session: *“Reducing Cancer Risk One Meal at a Time: Updated Recommendations”* Speakers Steven Clinton, MD, PhD, Karen Collins, MS, RDN, CDN, FAND. Moderator Alice Bender, MS, RDN, ON DPG Chair  
  
*“Malnutrition Screening: A Screening Tool for Outpatient Oncology Patients, Leveraging EMR Data”* by Natalie Stephens, RDN, LD, FAND, Sarah J. Johnson, MBA, MPH, RDN, Jeannine B. Mills, MS, RDN, CSO, LD, Alexandra Wood, RDN, Kimberly Duffy, RDN, CNSC, LD, Alice C. Shapiro, PhD, RDN, Elaine Trujillo, MS, RDN, Christopher Taylor, PhD, RDN, LD, FAND, Colleen K. Spees, PhD, MEd, RDN, FAND.
- *“Right to Try and Experimental Drugs: What Every Health Professional Needs to Know”*; Speaker: Alison Bateman-House, PhD, MPH. Moderator: Kelay Trentham, MS, RDN, CSO, CD, FAND

## **Member Awards**

### **Academy Excellence in Practice Award**

Elaine Trujillo, MS, RDN

### **Distinguished Practice Awards**

Anne Voss, PhD, RDN, LDN

Kim Robien, PhD, RD, CSO, FAND

### **Connie San Andres Robles Distinguished Service Award**

Katrina VB Claghorn, MS, RDN, LDN

### **Friend of the DPG Award**

Joanne Elena, PhD

### **Professional Partnership Award**

ASPEN (American Society for Parenteral and Enteral Nutrition)

### **Award for Excellence in Oncology Nutrition Research**

Taylor L Evans, MS, RD, CDN

### **Small Research Grant**

Katherine Petersen, MS RDN, CNSC

*“The Impact of Registered Dietitian Staffing and Nutrition Practices in High Risk Cancer Patients Across the Veteran’s Health Administration”*

McKenzie Milner, BS, Dietetic Intern

*“The Relationship between Sarcopenia and Chemotherapy Toxicity in Patients with Non-Small Cell Lung Cancer”*

### **Educational Grants**

Lisa Shkoda, RDN, CSP, CNSC, FAND

Whitney B. Christie, MS, RD, CNSC

### **Research Support**

#### **Symposium Poster Sessions**

### **Pediatric Subunit:**

Nancy Sacks, MS, RDN, LD, Karen Ringwald-Smith, MS, RDN, CNSC

The ON DPG Pediatric Subunit contributed expert content for publications, continuing education; conducted a questionnaire and analysis of their constituents’ clinical practice and are establishing a nutrition support algorithm.

### **Publications:**

- Publication of 3 Pediatric Articles in Oncology Nutrition Connection (Pediatric Oncology Nutrition Corner)
- 2018, Volume 25, No. 2: Malnutrition Screening in the Pediatric Oncology Patient: It’s More than Just Weight
- 2018, Volume 25, No. 3: Implementation of Culinary Classes for Pediatric Cancer Patients
- 2019, Volume 26, No. 1: To Neutropenic Diet or Not to Neutropenic Diet?
- Crowder S, Fruge A, Douglas K, Chen Y, Moody A, et al. Feasibility Outcomes of a Pilot Randomized Clinical Trial to Increase Cruciferous and Green Leafy Vegetables Intake in Post-treatment Head and Neck Cancer Survivors. J Acad Nutr Diet 2019;119(4):659-671.

### **Pediatric Webinar:**

- *“Nutrition Intervention and Assessment for Childhood Cancer” by Rachel Hill (12/12/2018)*

### **Webpage:**

- Planning and executing content revision

### **Oncology Nutrition Symposium 2020 Planning**

- Assisted in selection of speaker and topic for pediatric session
- Collaboration with BMT subunit for combined topic

### **Oncology Nutrition for Clinical Practice, 2<sup>nd</sup> Edition**

- Revision of pediatric chapter by several leadership team members

### **Project 1: Pediatric Oncology RDN Practice Questionnaire**

- Questionnaire responses collected and tabulated
- Finalizing publication draft

### **Project 2: Proactive Nutrition Support Algorithm**

- Ongoing development of a proactive nutrition support algorithm for pediatric oncology patients

### **Accomplishments**

- Meeting with and communication with outreach project volunteers.
- Completed FAQs project and posted on Subunit webpages
- Updated webpages
- Clinical Practice Guidelines project reviewed and strategic plans defined with new volunteer secured
- Meeting with subunit leaders for update, webpage organization and strategic planning

### **BMT Subunit**

#### **Strategic Plan Development by co-leaders**

- Prioritized membership recruitment and publicity
  - Created eblast announcement to ON DPG membership
  - Initiated outreach through the Academy venues
  - Developed BMT Subunit information for ON DPG Website
- Developed and filled volunteer coordinator position
  - Initiated volunteer page
  - Developed FAQs page for BMT Subunit webpages
- Oncology Nutrition Symposium 2020
  - Coordinating possible opportunities for BMT Subunit business and networking with Symposium Planning Committee

- Initiated Clinical Practice Guidelines Project

## **Academy of Nutrition and Dietetics Health Informatics Infrastructure (ANDHII)**

For the past three years ON DPG has collaborated with the Academy to design a feasibility study with the goal of determining the effect of medical nutrition therapy by an RDN in outpatient cancer centers.

The study includes six outpatient cancer centers associated with academic or community hospitals, or free-standing cancer centers. The outpatient facilities have an electronic health record, and a screening tool in place for all patients.

Two sites are currently in the process of IRB approval, either by their own local IRB or a global IRB at the University of New Mexico. The other four sites are currently in the process of data collection and are documenting and following seven patients receiving anti-neoplastic treatment for lung, esophageal, colon, rectal, or pancreatic cancer.

Over the past year, the Oncology Outcomes Research group has submitted a summary for the ON DPG newsletter and the protocol paper was published in JAND in March, 2019.

### ***Rationale and Study Protocol for the Academy of Nutrition and Dietetics' Outpatient Oncology Outcomes Feasibility Study.***

Guest DD, Cox T, Coble Voss A, Nguyen A, McMillen K, Williams V, Lee J, Beck P, Lenning K, Titus-Howard T, Petersen J, Yakes Jimenez E.  
J Acad Nutr Diet. 2019 Jul;119(7):1205-1208. doi: 10.1016/j.jand.2019.01.013. Epub 2019 Mar 28.

### ***Oncology Outcomes Pilot Study: Making Sure Every Patient Has Access to a Dietitian.***

By Tricia Cox, MS, RD, CNSC, LD, Dolores Doane Guest, PhD, RDN, Anne Coble Voss, PhD, RDN, LDN, Andreea Nguyen MS, RD, CNSC, LD and Elizabeth Yakes Jimenez, PhD, RDN, LD.

Oncology Nutrition Connection. 2018. Vol. 25, No. 3



## Publications

### **Oncology Nutrition Handbook: Tools and counseling Resources for professionals, second Edition (Old Resource Kit)**

**Maureen Gardner, Lindsay Malone, Annette Goldberg**

Project completed and reviewers' names submitted to Academy publications for planned peer review.

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### **Newsletter (Electronic)**

<https://www.oncologynutrition.org/member-benefits/newsletter-issues>

The Oncology Nutrition Connection Newsletter of the Oncology Nutrition DPG published four Newsletters, two of which were cooperative efforts. In February, the DPGs Dietitians in Nutrition Support and Oncology Nutrition collaborated with a dynamic publication bringing together research and best practices important to both groups.

### **2019, Volume 26, No. 2**

Message from the Chair: Alice Bender, MS, RDN

Bone Marrow Transplant Nutrition: A new Subunit of the Oncology Nutrition Dietetic Practice Group

Vitamin D Supplementation and Monitoring: Quality Improvement in Hematologic Malignancies

*Student Features:*

- Coffee and Colorectal Cancer: Grounds for Prevention and Implications in Treatment
- Sulforaphane Supplementation and Prevention of Prostate Cancer

Education Grant Awardees

Cancer Myths: Organic certification – A contrasting perspective

Malnutrition Quality Improvement Initiative: An Opportunity for Dietitians

Selenium and Prostate Cancer

### **2019, Volume 26, No. 1**

Message from DNS and ON DPG Chairs

Nutrition and Clinical Factors for Determining the Need of Enteral Nutrition for Head and Neck Cancer Patients

Cancer Nutrition Myths: How to Communicate with Clients and the Public

To Neutropenic Diet or Not to Neutropenic Diet?

Premixed Parenteral Nutrition Formulations Today: How Does This Fit Into Our Practice?

### **2018, Volume 25, No. 4**

Message from the Editors: Mridul Datta, PhD, RD, LD, FAND and Michelle Esposito, RN, CSP, LDN  
The Ketogenic Diet: A Potential Complementary Therapy in Pediatric Neuro-Oncology  
Pediatric Cancer and the Use of Appetite Stimulants for Weight Gain  
Nutrition Guidelines Decrease Parenteral Nutrition Use in Pediatric Oncology and Bone Marrow Transplant Patients  
After Surviving Childhood Cancers: Early Onset of Obesity and Opportunities for Intervention

### **2018, Volume 25, No. 3**

Message from the Chair: Alice Bender, MS, RDN  
Message from your Editorial Team  
[Study Guide for the CSO exam: helpful hints from your fellow oncology RDs](#)  
[A Symposium to Remember](#)  
[Oncology Outcomes Pilot Study: Making Sure Every Patient Has Access to a Dietitian](#)  
[Surviving Women's Cancers through Nutrition and Exercise: Eat.Chat.Move](#)  
[The Impact of the Caregiver on the Oncology Patient](#)  
[Implementation of Culinary Classes for Pediatric Cancer Patients](#)  
[Does Beetroot or Beetroot Juice Improve Oncological Outcomes?](#)  
[Use of Mind-Body Practices from the Tibetan Bon and Buddhist Traditions by Oncology Patients](#)  
[2018-2019 Oncology Nutrition DPG Leadership Team](#)

## **Communications**

### **E-Blast announcements**

Provided 32 updates, alerts and announcements to members via email.  
Introduced new feature in eBlast – “Meet your ON DPG leadership team” providing a forum introducing new members of the ON DPG leadership team

### **Social Media**

#### **Facebook:**

- May 31, 2019: 12,106 likes
- June 1, 2018: 10,271 likes
- Increase of 1835 likes (18% increase)
- Average reach of 931 people per post

#### **Twitter:**

- May 31, 2019: 144 followers
- June 1, 2018: 91 followers
- Increase of 53 followers (58% increase)

### **LinkedIn:**

- May 31, 2019: 154 members
- June 1, 2018: 123 members
- Increase of 31 members (25% increase)

## **Webinars**

### **Two Worlds Collide - Cancer and Eating Disorders**

Speaker: Erin E. Holley, MS, RDN, LDN

March 29, 2019

1 CEU

### **Parenteral Nutrition for the Oncology Patient - Pearls of Wisdom**

Speaker: Erin Williams, RD, CSO, CNSC

February 27, 2019

1 CEU

### **Nutrition Intervention and Assessment for Childhood Cancer**

Speaker: Rachel Hill, RD, CSO, LD, CNSC

December 12, 2018

1 CEU

### **Navigating Medical Cannabis for Oncology Symptom Management**

Speaker: Kelay Trentham, MS, RDN, CSO, FAND

November 14, 2018

1 CEU

### **To PEG or not to PEG? Current Guidelines in the HNC Population**

Speaker: Heidi Ganzer, DCN, RD, CSO, LD

October 30, 2018

1 CEU

### **The Dietitian as Head and Neck Navigator**

Speaker: Erin Kline, MS, RD, CSO, LDN

August 22, 2018

1 CEU

## Speaker's Bureau

Currently have total of 14 speakers.

Supported the following speakers

- Jean LaMantia, RD, presented to the Texas Oncology Nurses and Allied Health Professionals
  - Staying Nourished Through Cancer Treatment (help people rise)
  - Webinar on Breast cancer and Nutrition for LBBC (800 registrants)

## Financial Sponsorships/Support

ON DPG Sponsorship \$9, 200

Sponsors:

- Allergan
- American Institute for Cancer Research
- SGW (Nestle)
- Orgain

## Volunteer/Mentorship

Mentorship

- Currently there are 7 active mentor/mentee partnerships
- Four partnerships have completed their 6 month agreements

Volunteer

- Currently there are 25 volunteers available
- Recruited volunteers for the new initiative: "Meet Your ON DPG Leadership Team" interviews for May and June Eblasts
- Volunteer list for 2019-20 established

## Networks

- ON DPG Network partners include American Institute of Cancer Research and the National Cancer Institute. Annual network activities include:
  - The John A. Milner Nutrition and Cancer Prevention Research Practicum; Bethesda, Maryland in partnership with the NCI.
  - Recognition of Cancer Prevention Month in partnership with AICR.
- Kelay Trentham, MS, RDN, CSO, CD, FAND is a member of and the Association of Community Cancer Centers (ACCC) and serves on the editorial board of their peer reviewed publication "Oncology Issues", as the only RDN. Kelay also maintains memberships with ASPEN, the Multinational Association of Supportive Care in Cancer, the Oncology Nursing Society, and the Society of Cannabis Clinicians. She regularly posts nutrition related content to the listservs of ACCC and ONS.
- Coordinated a contract between the DPG and the Plant-Based Prevention of Disease (P-POD) Conference. ON DPG advertised the P-POD conference to members through the e-blast and listserv. DPG members received discounted registration to the conference.

## Website

Migrated site to new Higher Logic platform on January 24, 2019

Average Pageviews/month: 89,057/month

Unique Pageview/month: 77,081/month

Average Time on Page: 1 minute 42 seconds

Top 3 Pages viewed:

1. <https://www.oncologynutrition.org/erfc/eating-well-when-unwell/white-blood-count-diet>
2. <https://www.oncologynutrition.org/erfc/healthy-nutrition-now/sugar-and-cancer>
3. <https://www.oncologynutrition.org/erfc/hot-topics/flaxseeds-and-breast-cancer>

## Updates to Eat Right to Fight Cancer (ERFC) section:

Recipes:

- Gingered Salmon Kedgeree (new)
- Nuts and Seed Slice (new)

Handouts:

- Antioxidants and Treatment
- Bloating and Radiation

- Cancer Fighting Foods
- Dairy and Ovarian Cancer
- Diet and C. Diff
- Esophageal Cancer and Diet During Treatment
- Flaxseed and Prostate Cancer Risk
- Gastrostomy Feeding Tube (G-tube or PEG) Placement
- Herbs and Chemotherapy
- Nutrition side effects from Chemotherapy
- Taste Change and Treatment
- Tips for Managing Diarrhea after Radiation Therapy for Rectal Cancer
- White Blood Count and Diet

## **Diversity Committee**

An Oncology Nutrition Diversity Chair/Liaison position was created this year with the mission to recruit and retain diverse Oncology members as well as educate members on issues around diversity to benefit oncology dietitians and those served by our members. The Diversity Chair and Committee are tasked with promoting and assisting in creating opportunities for diverse members to share their multicultural backgrounds. The Diversity Committee will strive to gain diverse membership for ONC DPG for representing various demographics including race, ethnicity, gender, age, religion, nationality, and disability.

2018-19 accomplishments include:

- Creating the Diversity position and proposing mission and vision
- Conducting a survey with ON DPG Members (Feb 2019)
- Recruiting 5 ON Member volunteers
- Reporting and discussion at ON DPG Mid-Year Meeting: Presented a blueprint of diversity ideas for moving forward and received input from the ON Executive committee.

**Results of Survey** (23 respondents) showed following the percentage of patients of various demographic communities reported served by respondents:

### **ETHNIC Communities**

- American African American – 83%
- Latino American Asian American – 87%
- Asian Americans – 57%
- European American – 52%
- Indian American – 48%
- Middle Eastern – 39%

**RELIGIOUS Communities:**

Christianity – 73%

Judaism – 52%

Islamic – 35%

Respondents shared needs for culturally sensitive resources relating to a variety of concerns: Most common included symptom management handouts, Spanish and other languages materials, recipes/tips for appropriate foods to increase calorie and/or protein intake in a variety of cultures, income levels and ethnicities. In general, more diverse education materials for the oncology toolkit and webinars and educational materials to support RD success with a variety of cultures.

## **Cooking Curriculum**

Coordinators: Julie Lanford and Angelea Bruce

**Goal:** Create a curriculum for oncology dietitians to use to lead a survivorship cooking and nutrition education series.

**Process:** An informal survey was conducted among dietitians on the electronic listserv who expressed interest in a cooking curriculum. Results of the survey showed the following parameters as desirable:

- A series of 2-6 classes
- Topics that cover skills, shopping, basic nutrition, ACS/AICR guidelines, FAQs/Hot topics
- Maximum "outside class" time for class leaders should be 1 hour shopping, 1 hour prepping, 1 hour clean up.
- Classes would be expected to include 10-15 participants.

**Plan:** Create a 4 class survivorship (weight-neutral, not controversial) program with possible supplemental material such as therapy related topics and recipes, and mindful eating and body image topics. The program will be developed in a way that can be tailored by each center.

**Curriculum to include:**

- Class 1: *Basic Nutrition (1.5 to 2 hours: 1st education, 2nd cooking)*
- Class 2: *Evidence-Based Guidelines (1.5 to 2 hours)*
- Class 3: *Meal Planning and Shopping (1.5 to 2 hours)*

- Class 4: Cooking Skills (1.5 to 2 hours): *knife skills, food storage/food safety, basic cooking, culinary shortcuts (cook ahead items, healthy convenience, Instant Pot)*
- Supplement: Mindful Eating (small series of slides/tools), Treatment-Related Side Effects/Special Considerations (short & long-term)

**Format:** Create a downloadable tool with evaluation component. If the pilot program is well received and program evaluation shows positive results, the next step would be evaluating impact and creating a formalized, version as a potential product for sale and distribution.

## Membership

Status	Total
Active	1887
Associate	5
International	35
Life	4
Retired	64
Staff	15
Student	219
Total	2229

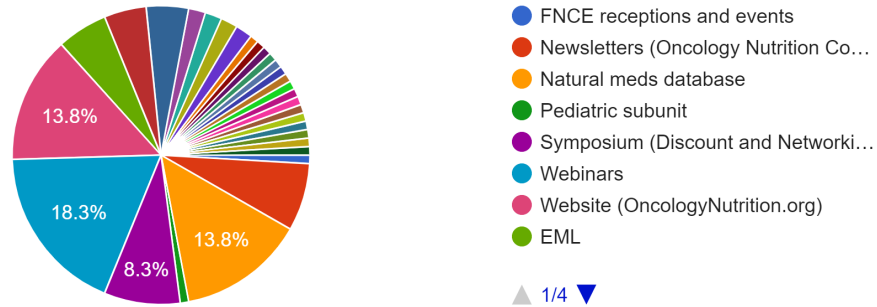
This year, the ON DPG subscribed to the Natural Medicines Database (NMD) so that every member can access this valuable resource. To increase members' use of this resource, we added a monthly reminder in the eBlast and encouraged members of the EML to use the NMD.

Maureen Gardner, ON DPG Membership Chair, surveyed membership regarding value of ON DPG membership and most valued benefits.



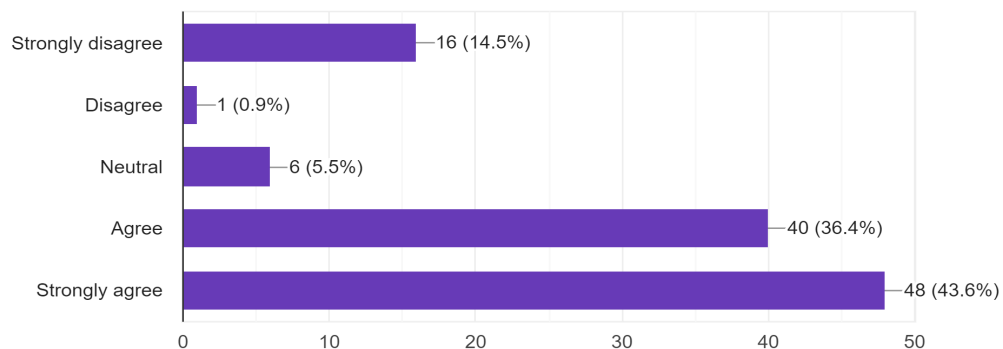
## The ON DPG benefit I use the most is

109 responses



## ON DPG has been very beneficial to me this year.

110 responses



114 responses

### ON Nutrition Access and Cancer Health Outcomes (NACHO) Committee

- Monthly one-hour conference calls.
- Completed a member survey to determine interest for an ASPEN Oncology section.
- Completed a national benchmarking survey of oncology RDNs in outpatient cancer centers; ran from Dec 2017 through July 2018.
- Submitted abstract to the 2019 American Society of Nutrition Annual Meeting

“Inadequate Nutrition Coverage in Outpatient Cancer Centers: Results of a National Survey” by Elaine B. Trujillo, Emily Hill, Ashlea Braun, Katrina Claghorn, Suzanne W. Dixon, Elizabeth Lipinski, Colleen K. Spees.

- **NCCN Guidelines**, submitted changes to the following:

- Breast Cancer Risk Reduction Guidelines
- Older Adult Oncology Guidelines

- **Advocacy**

- Established relationships with NCCN, ASCO, and ASPEN.

- **Publications in preparation**

“**Inadequate Nutrition Coverage in Outpatient Cancer Centers: Results of a National Survey**” by Elaine B. Trujillo, MS, RDN, Katrina Claghorn, MS, RDN, Suzanne W. Dixon, MPH, RDN, Emily B. Hill, PhD, RDN, Ashlea Braun, PhD, RDN, Elizabeth Lipinski, Mary E. Platek, PhD, RDN, Maxwell T. Vergo, MD, and Colleen K. Spees, PhD, MEd, RDN, LD, FAND (submitted to Journal of Oncology)

“**Implementing and Evaluating the Malnutrition Screening Tool in Electronic Health Records for Outpatient Cancer Centers**” by Elise Cushman, MS, RDN, CSO, LD, Kimberly Duffy, RDN, CNSC, LD, Sarah J. Johnson, MBA, MPH, RDN, Jeannine B. Mills, MS, RDN, CSO, LD, Natalie Stephens, RDN, LD, FAND, Alice C. Shapiro, PhD, RDN, Colleen K. Spees, PhD, MEd, RDN, FAND, Elaine B. Trujillo, MS, RDN, Alexandra Wood, RDN (in prep and to be submitted to JAND)

- **Precision Language**

Developed standardized examples of precision language for each of the ON CP chapters that review specific disease states.

- **Malnutrition Screening Consensus for Outpatient Oncology:** began discussions April, 2019.

- **Modelling Project with Steve Dehmer**

Systematic Literature Review found 1,840 publications related to:

- What are the effects of nutrition intervention in adult oncology patients receiving chemotherapy or radiation treatments?
- Is nutrition intervention as part of multi-modal (could be along with drugs or could be multidisciplinary team) therapy effective in adult oncology patients receiving chemotherapy or radiation treatments?

- What is the effect of nutrition intervention for adult oncology patients with cancer cachexia?
- What is the effect of nutrition intervention for adult oncology patients on cost of care?

## **Oncology Nutrition Symposium 2020**

Committee secured location and initiated organization and program planning.

### **Policy and Advocacy**

Sara Estabrook, the ON DPG Policy and Advocacy leader attended the Public Policy Workshop in Washington, DC, October 2018.

### **Requests from Mark Rifkin, Manager, Consumer Protection and Regulation for the Academy**

1. ON DPG responded to the Agency for Health Research and Quality (AHRQ) request for comments from the Academy on the final research plan for: Vitamin Supplementation to Prevent Heart Disease and Cancer. ON noted concerns regarding exclusion of populations with overweight and obesity and asked for clarification whether cancer prevention outcomes are for cancer in general or site-specific cancers. AHRQ modified the plan based on public comments to include those with overweight and obesity and clarified that cancer outcomes are site-specific.
2. ON DPG also commented on the US Preventive Services Task Force draft Recommendation Statement and Draft Evidence Review: Screening for Pancreatic Cancer.
3. ON DPG submitted comments in response to the safety of cannabis and cannabis-derived products. These comments informed the Academy's stance on CBD in food and beverage products. In July 2019, the Academy submitted comments to the U.S. Food and Drug Administration supporting a "science-based, public health-driven approach to the regulation of products containing cannabis or cannabis-derived compounds, including delta-9-tetrahydrocannabinol and cannabidiol."