

**Dietitians in Nutrition Support Dietetic Practice Group**  
**Annual Report 2020-2021**

**Executive Committee Members**

Chair: Kate Willcutts, DCN, RDN, CNSC, FASPEN

Past Chair: Christina Rollins, MBA, MS, RDN, LDN, FAND, CLSSGB

Chair Elect: Britta Brown, MS, RD, LD, CNSC

Secretary: Amy J Berry, MS, RD, CNSC

Treasurer: Jennifer Sporay, MS, RDN-AP, CSO, LDN, CNSC, FAND

Director of Nominations: Jennifer Tomesko DCN, RD, CNSC

Director of Communications and Marketing: Mandy L Corrigan, MPH, RD, LD, CNSC, FAND, FASPEN

Director of Professional and Product Development: Susan Brantley MS, RDN, LDN, FAND

HOD (non-voting): Heather Stanner MS, RD, LD, CNSC

Student Coordinator (non-voting): Haley Hubbard

**Website address:** [www.dnsdpg.org](http://www.dnsdpg.org)

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**1. Chair**

Despite the changes necessitated by the effects of the pandemic, DNS had a very successful, active year.

Year's highlights included the following:

- a. Worked with past chair and chair elect to analyze cost-benefit ratio of member benefits. Communicated findings with the EC, obtained EC approval to pause the Advanced Practice Residency (APR) program after the class of 2022 with the goal of reworking the educational content to reach a broader segment of DNS members. Assisted with engaging key stakeholders (Academy leadership and APR leadership) in communications to facilitate the transition.
- b. DNS sponsored ASPEN 2021 education session on hands on approach to managing nutrition related complications was cancelled due to COVID-19. Session will not be considered for the ASPEN 2022 conference due to the Academy's travel ban.
- c. Initiated planning of a meeting with ASPEN leadership to discuss potential collaborative projects including a joint session proposal for ASPEN 2023 and joint research project.
- d. Transitioned the YouTube Coordinator and Support Line editor positions from volunteer to a paid consultant positions after market analyses.
- e. Supported the creation and implementation of the highly successful DNS Podcast series.
  - i. Podcast guest: Podcast guest: Episode 24, DNS Chair Transition
- f. DNS Nominations for Academy Awards

- i. Assisted with coordination of the nomination process and wrote cover letters for two DNS members:
      - 1. Medallion Award: Terese Scollard
      - 2. Excellence in Communications: Christina Rollins
  - g. Reviewed the Academy/ASPEN 2021 Revised SOP/SOPP Registered Dietitians Nutrition Support and the Enteral and Parenteral slide set.
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**h. Immediate Past Chair**

- a. The focus of the Immediate Past Chair was to support the current and incoming Chairs in leading DNS through the global pandemic, including a cost-benefit analysis of existing programs, execution of two professional networking events for members, creation of the DNS podcast, and creation of a diversity and inclusion committee to support long term viability of the DPG.
  - b. Diversity and Inclusion Liaison
    - i. The DNS Diversity and Inclusion (DI) coordinating cabinet position was created in the 2020-2021 program year and included the following accomplishments:
      - 1. Create and approve DI liaison job description
      - 2. Appoint the first DNS DI liaison
      - 3. Form a DI committee comprised of nine volunteer leaders
      - 4. Create webpage highlighting DNS DI work
      - 5. Develop DI work plan for current and upcoming year
      - 6. Establish partnership with Minnesota Academy of Nutrition and Dietetics to offer DI training for all DNS members at no cost in the next program year
      - 7. Secure grant funds (\$1000) in support of a three tier DI educational plan, including leadership training held on 5/15/21
    - ii. Podcast
      - 1. The DNS podcast was launched 9/21/20 and is available at no cost to DNS members. .
      - 2. Twenty-four episodes have been produced, including two live events held virtually and in conjunction with national nutrition conferences.
      - 3. Since inception, the DNS podcast has been viewed and downloaded over 4,600 times.
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**i. Chair-elect**

- a. FNCE®® 2020 Speaker: Critical Care Nutrition 2020- An Interactive Update
- b. FNCE®® 2021 Session Proposals
  - i. "Enteral Nutrition Myths Debunked!" (ACCEPTED)

1. Speakers: Matthew Bechtold, MD, FACP, FASGE, FACG, AGAF; Jan Powers, PhD, RN, CCNS, CCRN, NE-BC, FCCM; Berri Burns, MEd, RD, LD, CNSC
2. Moderator: Ainsley Malone, MS, RDN, LD, CNSC, FAND, FASPEN
- ii. “New Kids on the Block: The Role of Alternative Lipids Formulations in Parental Nutrition” (ACCEPTED)
  1. Speakers: Heather Stanner, MS, RD, LD, CNSC; Jackie Johnston, PharmD, BCPS
  2. Moderator: Lauren Probstfeld, MS, RD, CNSC
- iii. “Revisiting Refeeding and Clinical Applications” (DECLINED- will be Academy webinar)
  1. Speakers: Renee Walker, MS, RDN, LD, CNSC, FAND, FASPEN; Britta Brown, MS, RD, LD, CNSC
  2. Moderator: Amy Berry, MS, RD, CNSC
- c. DNS Podcast
  - i. Podcast guest: Episode 15, Nutrition Management of the Critically Ill Adult Patient
  - ii. Podcast host: Episode 21, Celebrity Interview featuring Carol Rees Parrish, MS, RDN
  - iii. Podcast guest: Episode 24, DNS Chair Transition
- d. Diversity and Inclusion Initiatives
  - i. Wrote policy for Diversity and Inclusion Liaison
  - ii. Participated on the Diversity and Inclusion Committee
  - iii. Developed partnership with the Minnesota Academy of Nutrition and Dietetics (MAND) for a three-part diversity and inclusion webinar training series for DNS members
  - iv. Helped plan DNS EC/CC training for 2021 leadership retreat
- e. Advanced Practice Residency (APR) Program
  - i. Participated and lead discussion on financial review and program goals
  - ii. Participated in quarterly calls for the APR Advisory Committee
- f. DNS Nominations for Academy Awards
  - i. Coordinated nomination process and wrote cover letters for three DNS members:
    1. Excellence in Clinical Practice: Sarah Peterson, PhD, RD
    2. Outstanding Social Media: Lauren Chan, MS, RD, LD
    3. Excellence in Management Practice: Kate Willcutts, DCN, RD, CNSC
  - ii. Reviewer for Academy/ASPEN 2021 Revised SOP/SOPP Registered Dietitians Nutrition Support
- g. DNS Annual Leadership Retreat
  - i. Planned and led EC/CC meeting
  - ii. Helped plan DNS EC/CC diversity and inclusion training for 2021 leadership retreat
- h. ASPEN Adult NOVEL project
  - i. Represented DNS on multi-disciplinary, multi-organization feeding tube safety/competency project

- ii. Co-Chair of committee and co-author of manuscript
  - i. DNS Organizational Chart and Policies- Developed proposal for EC to vote on regarding:
    - i. Revision of DNS organizational chart to distinguish between paid and volunteer positions
    - ii. Elimination of unnecessary policies that are already covered in contracts
    - iii. Update of EC position policies
  - j. Partnership with Dietitians in Gluten and Gastrointestinal Disorders (DIGID)- Digestive Diseases Nutrition Series 2021
    - i. Partnered with DIGID to plan educational webinar series, scheduled for November 7-11, 2021
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j. **Membership**

a. Latest membership numbers (5/24/21)

Status	Total
Active	2646
Honorary	6
International	28
Life	7
Retired	57
Staff	12
Student	188
Total	2944

b. Last year's membership numbers (5/15/20)

Status	Total
Active	2878
Honorary	6
International	30
Life	7
Retired	44
Staff	10
Student	216
Total	3191

c. New Members vs. Non-renewing members

	New Members	Non-Renewing Members
2020-2021	509	866
2019-2020	911	775
2018-2019	766	819
2017-2018	837	850

2016-2017	768	882
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d. Institutional and other NON-member Support Line Subscribers: *(Those who are entitled to Support Line Publication yet don't have access to view on DNS website and must have pdf delivered directly. Fee remains \$70 for non-Academy members and \$140 for institutions)*

- i. Institutional subscriptions: 4
- ii. Non-Academy Subscribers: 1
- iii. Life-time honorary members: 6

e. **Membership Survey:**

- i. Completed survey sent in July, 2020
- ii. EC and coordinating cabinet polled prior to survey for question ideas
- iii. Great response with ~550 members responding (vs 359 responses in 2019)

f. **Volunteer Requests/Placement:**

- i. Volunteers (9) for the following areas were identified: YouTube, DNS instagram, GI Network Committee, Nominating Committee and Item Writing Committee

g. **Challenges:**

- i. Management of Institutional Subscriptions:
  - Payment process seems inefficient (check mailed directly to membership coordinator then mailed to treasurer; some checks still being sent to previous membership coordinator)
  - Goal: Work with Treasurer to streamline process and have checks mailed directly to treasurer

k. **Marketing and Communications**

- a. Eblasts:
  - i. DNS related topics and member benefits, 2-3 per month
  - ii. Dedicated *Support Line* eBlast for each of the 6 editions
    - 1. Highest eBlast open rates (40-45%) are for *Support Line* editions
  - iii. Dedicated DNS Podcast eBlasts
  - iv. Store promotions (example: Black Friday 50% off)
  - v. Volunteer of the month spotlights
  - vi. Cascading content to website and social media leaders
- b. Social Media (Coordinator- Lisa Cimperman)

Social Media Followers	2018-2019	2019-2020	2020-2021
Facebook:	4804	5552	6457
Twitter:	1401	1594	n/a
LinkedIn:	330	422	500+
YouTube:	317	1580	3,140
Instagram (new in 2020)	n/a	n/a	551

- c. Website (Coordinator- Austin Webb)
  - i. This year volunteers routinely contributed to providing updated information/resources to the multitude of network groups (Research,

- Homecare, GI, and Critical Care) in addition to monitoring and responding to the various DNS forum groups.
- ii. The front page of the website engaged members with current events happening within DNS and the Academy as a whole.
- iii. The DNS YouTube channel was advertised consistently on the website as new videos were created, attracting and engaging our student members.
- iv. The DNS Instagram Page was launched as a way to better connect with the newer generation of DNS members.
- v. The DNS Podcast was launched, with a page devoted to new episodes as they were released.
- vi. A page devoted to the Advanced Practice Residency (APR) included updates and information regarding the benefits of the program and how to apply (removed from page for next DNS year).
- d. Item-Writing Committee (Coordinators- Stacey McCray and Arlene Escuro)
  - i. All 6 *Support Line* issues in the past year were approved for 3 CPEUs (self-study)
  - ii. New 2020 requirements of Critical Thinking Tool for Self-Study CPE
    - 1. Now part of the post-quiz on the DNS website
    - 2. To meet self-study CPE requirements, a survey has been created to gather reader feedback on Support Line
    - 3. The link is available in each issue of Support Line and will be sent intermittently in DNS blast  
emails: <https://www.surveymonkey.com/r/NSKCCZG>
  - iii. New committee members joining committee in 2020: Megan Ennis—fully trained
- e. *Support Line* (Editor- Sarah Peterson)
  - i. Guest editors: Melissa Warren, Kelly Kinnare, Anne Coltman & Erika Johnson
  - ii. Accomplishments: Production of 6 *Support Line* issues

Issue	Editor	Article title	Author	Downloads	CPEU quiz
June 2020  3.0 CPEU	Melissa Warren	Application and Comparison of Global Leadership Initiative on Malnutrition (GLIM) and Academy/ASPEN Malnutrition Criteria to Diagnose Malnutrition in Hospitalized Patients in Lao People's Democratic Republic	Joanna Cummings	460/329	96 members tool quiz: 83% pass rate
		Chemotherapy- and Radiotherapy-Induced Mucositis and the Microbiome: Is There a Role for Probiotics?	Malissa Warren		
		Use of an Alternative four-oil Intravenous Lipid Emulsion: Transition from Hospital to Home	Sheela Thomas		
August 2020  3.0 CPEU	Kelly Kinnare	A Community Hospital's Journey in Implementing a Comprehensive Malnutrition Program in Adults	Cheryl Bacon & Nick Groch	508/337	117 members tool quiz: 74% pass rate
		PN Safety: A Primer for the Practicing Clinician	Jessica Monczka & Laura Caudill		

		Review of Enteral and Parenteral Formulations for the Ketogenic Diet Patient	Kelly Urbanik		
October 2020  3.0 CPEU	Sarah Peterson	Protein Needs for the Tube-Fed ICU Patient	Gary Ecelbarger	693/430	160 members took quiz: 88% pass rate
		Advanced Practice Dietetics- The RDN-AP, An Evolution	Tamara Kinn		
		Underfeeding Patients with Critical Illness: Making Sense of Recent Data	Jackyln Hook		
December 2020  2.0 CPEU	Anne Coltman/ Baxter grant	30 year patient perspective: Five Ways to enhance your TPN Patient Care	Swapna Kakani	368/259	86 members took quiz: 69% pass rate
		Intravenous Lipid Emulsions: Clinical Practice Consideration	Narisorn Lakananurak & Leah Gramlich		
		Supplemental Fish and Olive Oil-Based Lipid Emulsions: Infectious Outcomes in the Hospitalized Setting	Heather Stanner & Andrew Evans		
February 2021  3.0 CPEU	Sarah Peterson	Considerations for nutrition support therapy for individuals with hypothyroidism	Olivia Nass	283/216	65 members took quiz: 80% pass rate
		Psychological impact and Nutrition-Related Considerations of Adopting a Blenderized Tube Feeding Regimen in the Pediatric Population	Leah Cerwinske & Alexis Virlee		
		Nutrition support in persistent inflammatory, immunosuppressed, catabolic syndrome: a case report	Emily Conner, Michelle Averill, & Marilyn Shelton		
		Changes to the Gut Microbiome in the ICU and the Potential Role Enteral Nutrition Plays in Maintaining Microbial Diversity	Alyssa Miller		
April 2021  3.0 CPEU	Erika Johnson	Common Medication Issues in Dialysis Patients	Sarah Cogle & Rebecca Maxson	225/173	60 members took quiz: 85% pass rate
		A Guide to Enteral Nutrition for Patients with Renal Failure	Jill Fisher & Moriyah Cope		
		Micronutrient losses and replacement recommendations for patients receiving CVVH	Kris Mogensen & Kathryn Kear		

### iii. Upcoming issues

Issue	Editor	Article title	Author
June 2021	Sarah Peterson	Utilization of Topical Safflower Oil in the Treatment of Essential Fatty Acid Deficiency in a Patient Receiving Chronic Parenteral Nutrition	Gina Ellery, Heather Stanner, Sharon Lockwood, Rena Zelig & Michelle Stelling
		Quality Improvement and RDNs: Make a Difference	Anne Coltman & Sarah Peterson
		Integrating nutritional screening, malnutrition diagnosis and order-writing into an electronic medical record	Caran Graves

August 2021	Heather Stanner	Home infusion: the hub of home care for parenteral nutrition patients	Laryssa Grguric, Deb Zetterholm & Drew McArthur
		The role of the inpatient RD in transitioning Medicare patients home on enteral nutrition	Nadia Peele & Erin Weier
		Changes to home parenteral nutrition support practices with COVID-19	Denise Jezerski & Jamie Davila
		Home Blenderized tube feeding: considerations in the adult oncology population	Brittany Buchholz & Rachel Gilson
		Disconnect between inpatient and home care: suggestions for home friendly enteral feeding regimens	Sarah Allen & June Greaves
October 2021	Celina Scala	Nutrition considerations across the spinal cord injury continuum	Ilana Nurko
		Enteral nutrition & risk of kidney stones	Melanie Betz
		Why not use a mixed oil lipid injectable emulsion in pediatric parenteral nutrition? The journey to its use in a pediatric intensive care unit.	Gerri Keller and Debbie Carpenter
December 2021	Sarah Peterson	The Role of Immunonutrition Supplementation in Improving Outcomes in Patients Undergoing Major Elective Surgery at a Moderate to High Risk Surgical Status	Erin VerHage, Julie Lischer-Dwan & Tracee Grant
		Continuous Renal Replacement Therapy: An Overview of Metabolic Derangements and Macronutrient Shifts	Hannah Grenfell
		Considerations for Parenteral Nutrition Support during Renal Failure	Anna Bestic & Shilpa Karthikeyan
		ERAS for liver/kidney transplant patients	Rachel Ludke & Michelle Kozeniecki
February 2022	Sukyee Snyder	Interventions supporting glycemic control in the hospitalized adult nutrition support patient	Miriam Troutner & Brandon Petrovich
		Blenderized tube feed – Benefits, Risks, Barriers	Natalie Mufarrij, Claire Harper, Ainsley Malone & Tia Jeffery
		Fiber – History, Benefits, Recommendations	Kristie Jacobsen, Sukyee Snyder
April 2022	Gary Ecelbarger	Nutritional Needs of the Severely Burned Patient	Katherine Wallace
		Protein Calorie Malnutrition associated readmissions	Melissa Steffy
		Complications of Bariatric Surgeries	Silvia Figueiroa
		Revised critique of Permissive underfeeding Trials that ASPEN/SCCM cited for their Recommendations in 2016 Guidelines	Gary Ecelbarger

iv. Evergreen (Hold Over) file:

1. Morgan Nienow: Blood glucose variability
2. Elizabeth Klein: GLIM overview
3. Blasing Besore & Claire Ziegler: Cystic fibrosis
4. Dan Frazier: Dietitian's Guide to Managing Nutritional Anemia
5. Anne Coltman: COVID

f. Writers' Mentoring:

- i. Rachel Ludke & Michelle Kozeniecki: ERAS for liver/kidney transplant patients (scheduled for December 2021)
- g. Reprints requested for:
  - i. “Characterizing and Communicating Malnutrition of Hospitalized Pediatric Patients: A Nuanced Challenge for Nutrition Professionals”; written by Tegan Medico for October 2017 issue (Volume 39, issue 5)
  - ii. “Navigating the Pharmacy and Therapeutic Committee: What the Nutrition-Support Registered Dietitian Nutritionist Needs to Know”; written by Michelle Romano, Therese Scollard & Kelly Roehl for the April 2020 issue (Volume 42, Issue 2)
  - iii. “Chemotherapy- and Radiotherapy-Induced Mucositis and the Microbiome: Is There a Role for Probiotics?” Written by Malissa Warren for the June 2020 issue (Volume 42, issue 3)
  - iv. “Application and comparison of global leadership initiative on malnutrition (GLIM) and Academy/ASPEN malnutrition criteria to diagnose malnutrition in hospitalized patients in Lao People’s Democratic Republic”; written by Joanna Cummings for the June 2020 issue (Volume 42, issue 3)
- h. Miscellaneous:
  - i. Updated process for monthly report to include all upcoming editors on email communication
  - ii. Recruited 3 new editors for 2021-2022 (Sukyee Snyder, Gary Ecelbarger & Kelly Green Corkins)
  - iii. Seamless transition to CDR’s new requirement for self-study materials, thanks to Stacey McCray & Arlene Escuro
- i. Challenges:
  - i. COVID
- j. *Support Line* Goals for the next year:
  - i. Update author guidelines
  - ii. Formalize thank-you to previous editor
  - iii. Include Podcast Coordinator on monthly report email to identify possible podcast episodes

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**I. Webstore** (Coordinator- Caitie Gwaltney)

Product title	net_quantity	discounts	total_sales
Advanced Practice Residency payment	6	0	9000
Nutrition-Focused Physical Exam Video and Study Guide- Institutional Price	3	-40	1160
Nutrition-Focused Physical Exam Video and Study Guide- Member price	6	-40	440
Enteral Nutrition and Parenteral Nutrition Slide Sets - Member Price	12	-175	425
Pressors and Pentobarbital- A Review of the Nutritional Impacts of Medicines Used in Critical Illness- MEMBER PRICE	12	-60	180
Nutrition Support Concerns in the Gastric Bypass Patient - Institutional Price	2	0	150

Fluid, Electrolytes and TPN- Member Price	12	-90	150
Enteral Nutrition Slide Set - Member Price	5	0	150
Enteral Nutrition and Parenteral Nutrition Slide Sets- Non Member Price	2	0	140
Parenteral Nutrition Slide Set - Member Price	3	0	90
Fluid, Electrolytes and TPN- Non Member Price	3	0	90
Small Bowel Feeding Tube Insertion Toolkit- Member Price	4	0	80
Culturally Competent Nutrition Focused Physical Examination- INSTITUTIONAL PRICE	1	0	75
Nutrition Support in Brain Injury: From Critical Care to Recovery (Institutional)	1	0	75
Malnutrition in the Crosshairs - You mean my malnourished patient isn't really malnourished? - Institutional Price	1	0	75
Successful Nutrition Strategies for Kidney Failure - Institutional Price	1	0	75
Copy of Nutrition Support in Brain Injury: From Critical Care to Recovery (Institutional)	1	0	75
Mind vs. Matter “ Munchausen by Proxy: Case Reviews and Ethical Questions - Institutional Price	1	0	75
Diagnosing Malnutrition with CT scans and Ultrasounds- Member Price	4	-10	70
Handgrip Strength Assessment: A Skill to Enhance the Diagnosis of Disease Related Malnutrition- NON MEMBERS	2	0	60
Too Sweet to be True: Glycemic Management in Hospitalized Patients Receiving Nutrition Support- MEMBER PRICE	4	-20	60
Updates in IV Lipids series: Part 3: The Dietitian Perspective - Non-Member Price	2	0	60
Nutrition Support in Brain Injury: From Critical Care to Recovery (Non - Members)	2	0	60
A Practical Approach to Clinical Assessment for Micronutrient Deficiencies in Patients with Malabsorption - Non-member Price	2	0	60
Indications and Implications for Nutrition Support in the Oncology Population- INSTITUTIONAL PRICE	1	-37.5	37.5
Fluid and Electrolyte Management in Parenteral Nutrition- Institutional Price	1	-37.5	37.5
Too Sweet to be True: Glycemic Management in Hospitalized Patients Receiving Nutrition Support- INSTITUTIONAL PRICE	1	-37.5	37.5
Too Sweet to be True: Glycemic Management in Hospitalized Patients Receiving Nutrition Support- NON-MEMBER PRICE	1	0	30
Diagnosing Malnutrition with CT scans and Ultrasounds- Non-Member Price	1	0	30

Updates in IV Lipids series: Part 4: The Pharmacist Perspective - Non-Member Price	1	0	30
Culturally Competent Nutrition Focused Physical Examination- NON-MEMBER PRICE	1	0	30
Indications and Implications for Nutrition Support in the Oncology Population- MEMBER PRICE	3	-40	20
Updates in IV Lipids series: Part 2: The Physician Perspective - Member Price	51	0	0
Handgrip Strength Assessment: A Skill to Enhance the Diagnosis of Disease Related Malnutrition	51	0	0
Updates in IV Lipids series: Part 1: The Patient Perspective - Non-Member Price	3	0	0
Successful Nutrition Strategies for Kidney Failure - Member Price	85	0	0
The Brain-Gut Axis and Psychogastroenterology: Member	21	0	0
Malnutrition in the Crosshairs - You mean my malnourished patient isn't really malnourished? - Member Price	95	0	0
Bridging the gap between pediatric and adult healthcare â€œ transitioning nutrition support services	15	0	0
Updates in IV Lipids series: Part 1: The Patient Perspective - Member Price	39	0	0
Malnutrition Coding Toolkit- MEMBERS ONLY	39	0	0
A Practical Approach to Clinical Assessment for Micronutrient Deficiencies in Patients with Malabsorption - Member Price	84	0	0
Nutrition Support Concerns in the Gastric Bypass Patient - Member Price	47	0	0
Mind vs. Matter â€œ Munchausen by Proxy: Case Reviews and Ethical Questions - Member Price	106	0	0
Updates in IV Lipids series: Part 1: The Patient Perspective - Institutional Price	7	0	0
Updates in IV Lipids series: Part 3: The Dietitian Perspective - Member Price	61	0	0
The Role of Probiotics in Gastrointestinal Disease and other Conditions â€œ The Good, The Bad, and The Questionable- Member Price	41	0	0
Nutrition Support in Brain Injury: From Critical Care to Recovery (Members)	130	0	0
Culturally Competent Nutrition Focused Physical Examination- MEMBER PRICE	58	0	0
Updates in IV Lipids series: Part 4: The Pharmacist Perspective - Member Price	63	0	0
Addressing Malnutrition: Past, Present and Future- Members	41	0	0
<b>Totals</b>	<b>1139</b>	<b>-\$587.50</b>	<b>\$13,127.50</b>

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**m. Student Coordinator**

- a. Attended 2020 DNS retreat.
- b. Created an Instagram account for the DNS DPG that has been live since June 2020. [https://www.instagram.com/dns\\_dpg/](https://www.instagram.com/dns_dpg/)
  - i. Content for the Instagram was created by the student coordinator.
  - ii. 50 posts were developed and posted throughout the year.
  - iii. This content included posts advertising resources that DNS offers, posts that highlight our members' accomplishments, posts that introduce our Executive Committee members to our followers, posts that inform members of relevant opportunities outside of DNS events, and posts that celebrate holidays such as RDN day.
- c. Attended virtual FNCE® 2020 meeting.
- d. Interacted with members and student members through email and Instagram comments/DMs.
- e. Instagram stats (June 2020 – April 2021)
  - i. Followers: 539
  - ii. Posts: 50
  - iii. Instagram follower demographics
    1. Women – 94.5%, Men – 5.5%

Follower Age Demographics	
13-17	0.0%
18-24	10.2%
25-34	48.8%
35-44	22.3%
45-54	11%
55-64	4.8%
65+	2.9%

2. Most active times: 3-6pm (best time to post)
  3. Most active days: Monday and Friday (Mostly even throughout the week)
  4. Average reach per post: 205 accounts (total number of profiles that have seen the post)
  5. Average number of impressions per post: 240 (the total number of times the post was shown to users)
  6. Average number of likes per post: 17
  7. Average number of post interactions: 20
  8. Average number of profile visits per post: 5
  9. Average number of shares per post: 1
  10. Average number of website clicks per post: 1 (The YouTube channel is the website linked on our profile.)
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**n. Nominations**

- a. Academy Awards
  - i. Excellence in Practice- Sarah Peterson

- ii. Excellence in Business and Industry-Beth Pash- WINNER
- iii. Excellence in Communications Practice- Christina Rollins- WINNER
- iv. Excellence in Education Practice- Jane Ziegler- WINNER
- v. Excellence in Executive Leadership Practice- Mary Hise- WINNER
- vi. Excellence in Management Practice- Kate Willcutts- WINNER
- vii. Honorary Membership- Peggy Guenter- WINNER
- viii. Outstanding Social Media Award- Lauren Chan- WINNER
- ix. Medallion- Terese Scollard- WINNER
- x. DNS Distinguished Practice Award – Kristin Roberts- WINNER
- xi. DNS Distinguished Service Award – Yimin Chen- WINNER
- b. Academy Positions – Names Submitted for the Ballot (Did not make the ballot)
  - i. Commission on Dietetic Registration- Anne Coltman, Mary Marian
  - ii. Director at Large-Jennifer Wooley
  - iii. Nominations Director- Beth Taylor

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**o. Secretary**

<b>Date</b>	<b>Motion</b>	<b>Vote</b>	<b>Status</b>
7/6/2020	Move ahead with FNCE® virtual networking event/ \$75 per speaker	Teleconference	Approved
7/6/2020	Compensation of SL editor \$500 per issue (3K/yr)	Teleconference	Approved
8/3/2020	Approved policy edits, combinations and deletions (PG-8, E-2)	Teleconference	Approved
8/3/2020	New Diversity and Inclusion Liaison Policy creation	Teleconference	Approved
8/3/2020	Updated Support Line editor policy and contrast	Teleconference	Approved
8/3/2020	New Diversity and Inclusion policy (S-10) presented	Teleconference	Approved
8/3/2020	Budget request for podcast expenditure (hardware for host to provide clear recording)	Teleconference	Approved
10/5/2020	To go \$8800 beyond approved budget for Research Grant to award 2 deserving applicants instead of one	Teleconference	Approved
10/5/2020	Conversion of FNCE® interviews to podcasts at a cost of \$150	Teleconference	Approved
11/2/2020	Request for \$19 to reopen recent survey monkey results	Teleconference	Approved
12/7/2020	Change director of communication and Marketing as well as Director of Professional and Product Development to elected positions	Teleconference	Approved
12/7/2020	Additional funds of \$1900 to increase podcast release to 2x/month through May 2021	Teleconference	Approved
1/4/2021	For Professional Development Grant application, remove provision that applicant must have 2 years DNS membership as there is no way to verify	Teleconference	Approved

1/4/2021	Sarah Kerr to provide no-cost closed captioning services	Teleconference	Approved
2/1/2021	Delay DNS symposium until 2022	Teleconference	Approved
2/1/2021	DNS to partner with MAND for Diversity and Inclusion Professional Development for our members at the cost of \$3620	Teleconference	Approved
2/22/2021	Updated SOP approved	Electronic	Approved
3/16/2021	<b>APR Meeting/Vote</b> Motion to follow the Academy recommendations as outlined and extend the contract with Cleveland Clinic to wrap up the 2021 class of 6 and the 2022 class of 3 through fiscal year 2022 with the potential extension through the first quarter of 2023 if needed for the 3 residents to complete requirements for the APR residency. Corrigan is recused from the vote given her employment as Cleveland Clinic. The vote passed.	Teleconference	Approved
4/12/2021	Compensate YouTube® Coordinator \$250 per video, up to 13 videos per Academy year.	Teleconference	Approved

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**p. House Of Delegates Representative**

- a. Critical Issue for 2020-2021: Improving Health Equity in Minority and Diverse Populations
- b. Topic of Diversity and Inclusion is a complex and multifaceted critical issue that needs to be addressed by our profession
- c. The HOD dedicated the 2020-2021 program year to dialogue and action addressing this issue in collaboration with:
  - i. Diversity and Inclusion (D&I) Committee
  - ii. House Leadership team (HLT)
- d. Three formal, interactive, virtual meetings over past year with the entire HOD
  - i. Fall Meeting
    1. October 2020: A Systems Approach to Accelerating Nutrition and Health Equity
    2. Delegates gained a knowledge base of the impact of racial and social injustices on nutrition and health equity
    3. The Nutrition Health Equity Model was explored within 3 impact areas: Communications/Advocacy, Grassroots Efforts & Community and Research
    4. Presentations by subject matter experts and breakout sessions in small groups for brainstorming
  - ii. Winter Meeting

1. February 2021: Implementation of the Dietary Guidelines for Americans (DGAs): Customizing to Meet Diverse Needs
  2. Determined opportunities for improvement for making 2020-2025 DGA resources more applicable to all
  3. Identified populations not adequately served by current versions of the DGAs, MyPlate and other educational tools
  4. Created a framework to guide development of tools & resources for translation of DGAs for diverse groups
  5. Delegate feedback from the meeting was provided to the Academy
- iii. Spring Meeting
1. May 2021: A Culture of Positive Behaviors to Increase Inclusion, Diversity, Equity and Access (IDEA)
  2. Received training from subject matter expert on microaggressions
  3. Small group breakout sessions to generate potential strategies and tactics from the HOD's Program of Work to support the IDEA Action Plan
- e. Action items during previous year:
- i. May 2020 Critical Issues survey results (emailed to EC)
  - ii. Fall HOD Meeting recap (November eBlast & DNS website)
  - iii. A Systems Approach to Accelerating Nutrition and Health Equity survey & results (Jan eBlast, emailed results to EC)
  - iv. Winter HOD Meeting recap (March eBlast, DNS website)
  - v. Critical Issues survey link (May 2021 eBlast)
    1. Results from the Critical Issues survey will determine the HOD focus for the 2021-2022 year
  - vi. Spring HOD Meeting recap: emailed Director of Marketing & Communications to add meeting recap to upcoming eBlast & DNS website

**q. Professional and Product Development**

- a. Enteral/Parenteral Slide Decks revised and made available for sale during virtual FNCE® 2020.
- b. Progress regarding collaboration of the revision of Micronutrient App currently housed on ASPEN website.
  - i. ASPEN has been in the process of establishing a clinical application on their website to include multiple options for clinicians to conduct searches and to have access to valuable, searchable information. This transition will be completed within the next few months.
  - ii. DNS had proposed assisting in the revision of the current Micronutrient App with the potential opportunity for all DNS members to have access to the app.
  - iii. This task force would include DNS members who would provide updated information for the micronutrient needs in health and disease

via enteral and parenteral routes and, in turn, provide access for DNS members as a result of the collaboration.

- c. Podcasts initiated by Immediate Past Chair Christina Rollins (see separate report)
- d. Webinars (Coordinator- Emily Schwartz)
  - i. Webinars hosted on GoToWebinar platform. To consolidate DNS platforms, webinars will transition to Zoom for 2021-2022 year. The webinar coordinator and DNS Executive Coordinator met with a Zoom representative and trialed the functions of Zoom webinars before making the decision to switch.
  - ii. The webinar coordinator was responsible for coordinating ideas from the committee for potential speakers, obtaining speakers with assistance from committee members, communicating speaker requirements to prospective speakers, completing necessary Academy paperwork, scheduling webinars, webinar practice meetings, and communicating with the DNS store and marketing liaison. Committee members were primarily responsible for moderating webinars, recommending topic ideas and speakers, and communicating with the speakers during their presentations.
  - iii. Goals for next year:
    - 1. Increase webinar participation by 5% by the end of fiscal year 2021 by scheduling topics of high interest, and recruiting knowledgeable speakers.
    - 2. Partner with another DPG for one webinar to expand participation and DNS visibility
  - iv. 2020-2021 webinars:

Webinar Title	Date	Speaker	Moderator	Number Registered	Number of Live Attendees	Sponsored Y/N	Free to members Y/N
<b>Nutrition Support Concerns in the Gastric Bypass Patient</b>	Tuesday September 15, 2020; 2-3pm EST	Kelly O'Donnell, MS, RD, CNSC	Denise Jezerski (admin E. Schwartz)	524	346	N	Y
<b>Nutrition Support in Brain Injury: From Critical Care to Recovery</b>	Tuesday January 26, 2021; 2-3pm EST	Melody Wolford, MEd, RD, LD, CNSC Arlene Escuro, MS, RD, LD, CNSC, FAND	Ronelle Mitchell (admin E. Schwartz)	373	274	N	Y
<b>Mind vs. Matter: Munchausen by Proxy - Case Reviews and Ethical Questions</b>	Tuesday March 30, 2021; 2-3pm EST	Mary Pat Turon-Findley, MEd, RD, CMHIMP, LD Allison Carter, DNP, MSN,	Susan Meyer (admin E. Schwartz)	141	95	N	Y

		APRN-CNP, PMHNP					
<b>The Brain-Gut Axis and Psychogastroenterology</b>	Friday April 30, 2021; 2-3pm EST	Christina Jagielski, PhD, MPH	Ronelle Mitchell (admin E. Schwartz)	316	157	N	Y

- e. Writers' Mentoring Program (Coordinator- Rebecca Brody)
  - i. 2 mentor/mentee teams in progress
    - 1. Rachel Ludke working with mentor, Michelle Kozeniecki, on ERAS in transplant. Expected publication in December 2021.
    - 2. Hannah Grenfell working with mentor, Sarah Peterson, on nutrition support of the patient with an open abdomen.
- f. Journal Club (Coordinator- Dan Frazier)
  - i. October Journal Club: Regular Insulin Added to TPN vs Subcutaneous Glargine in Non-Critically Ill Diabetic Inpatients
    - 1. October 8th 2-3p CT; Speaker: Julia Warren, RD, CNSC
    - 2. Registered: 49, Attended: 23 (47%)
  - ii. December Journal Club: Comparing Two Tube Feeding Methods After Stroke
    - 1. December 11th 12-1p CT; Speaker: Leslie Hopkins, RD
    - 2. Registered: 71, Attended: 35 (49%)
  - iii. February Journal Club: Perceptions of Feeding Tube Practices for Patients with Head & Neck Cancer
    - 1. February 4th 1-2p CT; Speaker: Kayla Scherf, MFCS, MSIHM, RD, LD
    - 2. Registered: 88, Attended: 38 (43%)
  - iv. April Journal Club: Outcomes Six Months after Delivering 100% or 70% of EN Calorie Requirements
    - 1. April 28th 1-2p CT; Speaker: Amy Boyle, RD, CNSC
    - 2. Registered: 90, Attended 38 (42%)
  - v. Journal Club summary for 2020-2021:
    - 1. This year, DNS hosted 4 virtual journal clubs that had an overall reach of 298 RDNs registering and 134 RDNs attending.
    - 2. Our average attendance rate was ~45%.
    - 3. All speakers for the Journal Clubs presented were DNS APR residents. Partnering with the DNS APR program has been very worthwhile as it gives the residents an opportunity to present research and provides DNS with reliable, established speakers.
- g. DNS YouTube (Coordinator- Lauren Chan)
  - i. 2020-2021 Topics:
    - 1. Pressors & Enteral Nutrition
    - 2. 2 videos on electrolyte management cases and acid/base balance
    - 3. Reading Nutrition Journal Articles
    - 4. Enteral Nutrition calculation practice

5. 2 videos on Premixed Parenteral Nutrition + case studies
6. 4 videos on lipid emulsions to mirror the *Support Line* articles
- ii. DNS viewership for the last year is as follows (data from May 3, 2021, with annual values estimated from June 1, 2020 to May 20, 2021):
  1. Total subscribers: 3251
  2. Growth in subscribers last year: + 1700
  3. Total views: 94,673
  4. Views last year: 52,000+
  5. Total watch time: 8200+ hours (492000+ minutes)
    - a. Watch time last year: 4600 + hours (276,000+ minutes)
  6. # countries engaging with our content last year: 28
- h. DNS Symposium (Coordinator– Ainsley Malone)
  - i. The planned 2021 DNS Symposium, “Applying Nutrition Support Knowledge to Practice”, was planned to take place on June 4-5, 2021 at the Loews Vanderbilt Hotel in Nashville, TN.
  - ii. DNS Symposium cancelled as a result of the Academy BOD voting to suspend all in-person meetings until June 1, 2022.
  - iii. DNS EC discussed a virtual symposium but decided that, due to the benefits of an in-person meeting (networking, hands-on training, strong participant evaluations of previous symposiums, and unique and focused learning opportunities specific to nutrition support), DNS will pursue and begin planning for an in-person DNS symposium in June 2022.
- i. Advanced Practice Residency (APR Director – Andrea Jevonn)
  - i. Class of 2020: All 4 residents have graduated/finished the APR.
  - ii. Class of 2021: All 6 residents have completed their didactic/online work. Expect final capstone projects by end of Sept 2021. Supervised practice had to be postponed due to restrictions imposed as a result of COVID, but it has been rescheduled at the Cleveland Clinic and Baylor locations for June 14-18, 2021. All residents have signed waivers so they can participate in the in-person supervised practice.
  - iii. Class of 2022: All residents have paid tuition and have started their program in April. Their supervised practice experience is planned for August 2021.
  - iv. A taskforce is being assembled by DNS leadership to plan a redesign of the current APR program after the Class of 2022 is finished.

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**r. Sponsorship** (Coordinator- Lauren Probstfeld)

Sponsor	Sponsorship	Amount
UDeliverMedical	Eblast x3	\$1,500
Kate Farms	Eblast x1	\$500
Nestle Health Science	APR Grant	\$5,000
Real Food Blends	Podcast	\$350
Cleveland Clinic	Eblast	\$500

Kate Farms	Eblast	\$500
Abbott	APR Grant	\$5,000
Abbott	Support Line	\$3,000
Fresenius Kabi	DNS Zoom Event	\$2,250
Kate Farms	Eblast	\$500
<b>Total</b>		<b>\$19,100</b>

**s. Treasurer**

- a. The DNS budget was significantly impacted by the uncontrollable events and consequences of the COVID-19 pandemic.
  - i. All live, in-person events, such as FNCE® and ASPEN's Nutrition and Science Conferences were converted to virtual meetings.
  - ii. Because of the overall impact of the pandemic on the economy, there were also unforeseen changes to our income, as members' employers did not provide support for additional expenses incurred through membership or online continuing education programs.
  - iii. There was also an influx of online opportunities from various providers due to the stay-at-home restrictions and nationwide lockdowns which competed with the programs DNS offers, thus reducing our online sales.
  - iv. Finally, it was noted that our grants and sponsorship funds were significantly lower than predicted. Again, this change can be attributed to a reduction in available funds due to the fiscal impact of the pandemic on our corporate supporters.
- b. Notable areas of variance
  - i. Revenue
    1. Overall revenue was \$36,473 (27.8%) lower than anticipated and approximately 55% of the 2019-2020 actual revenue as a comparison.
    2. Membership declined leading to a 12.6% reduction in income generated by membership dues.
    3. Continuing education material sales were driven down 86% from the anticipated forecast.
    4. Grants and contracts only generated 44.5% of the anticipated revenue budgeted for this fiscal year.
    5. Fiscal year 2021-2022 has been adjusted to reflect a sluggish recovery in lieu of the continued pandemic measures anticipated in at least the early parts of next year.
  - ii. Expenses
    1. Budget expenses also declined in reaction to the pandemic measures, as previously mentioned. While the Executive Committee attempted to reallocate unused resources to be reinvested as member benefits, including the development of podcasts and additional funds directed to grants and scholarships, there was still a difference of \$92,389 (↓38%).

2. Due to the transition of the FNCE® and ASPEN Nutrition and Science conferences to virtual platforms, the EC meetings usually held in-person during these events did not incur expenses.
    - a. The annual public policy event did not occur, and the House of Delegates meetings was held virtually causing the loss of expenses for sending a representative.
    - b. Categories for lodging, subsistence, and transportation were completely unused resulting in over \$30,000 of savings.
  3. In preparation for the previously planned, in-person DNS symposium, funds were allocated for the symposium planner to identify a meeting location and for the professional meeting planner fees. Again, these funds were unable to be utilized this year due to the travel moratorium resulting from the pandemic.
  4. Other expenses with variances included a reduction in the fees associated with processing membership dues (reflected by the overall reduction in the number of members), a significant reduction in fees designated for food service costs affiliated with in-person meetings, and a significant reduction in printing fees without needing copies of *Support Line* to hand out at FNCE®.
- c. Overall, this was a challenging year to anticipate an accurate budget. It does not reflect a reduction in services or membership benefits but is the result of an unpredicted pandemic. The Executive Committee worked diligently to attempt to reallocate resources with the goal of continuing to provide support and new ways to engage our members. As the restrictions brought on by COVID-19 begin to subside, it will give the EC an opportunity to reflect on which new benefits should remain in place and which legacy expenses should be reinstated.

Respectfully submitted,

Kate Willcutts, DCN, RDN, CNSC, FASPEN  
DNS DPG Chair, 2020-2021