CMS

RS for MEDICARE & MEDICAID SERVICES

Nursing Home Visitation-COVID-19

QSO-20-39-NH

https://www.cms.gov/files/document/qso-20-39-nh.pdf

1

Core Principles

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- Screening of all who enter the facility for signs and symptoms of COVID-19 (e.g., temperature checks, questions or observations about signs or symptoms), and denial of entry of those with signs or symptoms

- Hand hygiene (use of alcohol-based hand rub is preferred)

- Face covering or mask (covering mouth and nose)

- Social distancing at least six feet between persons

- Instructional signage throughout the facility and proper visitor education on COVID-19 signs and symptoms, infection control precautions, other applicable facility practices (e.g., use of face covering or mask, specified entries, exits and routes to designated areas, hand hygiene)

2

2

Core Principles (continued)

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- Cleaning and disinfecting high frequency touched surfaces in the facility often, and designated visitation areas after each visit
- Appropriate staff use of personal protective equipment (PPE)
- Effective cohorting of residents (e.g., separate areas dedicated COVID-19 care)
- Resident and staff testing conducted as required at 42 CFR 483.80(h) (see QSO-20-38-NH)
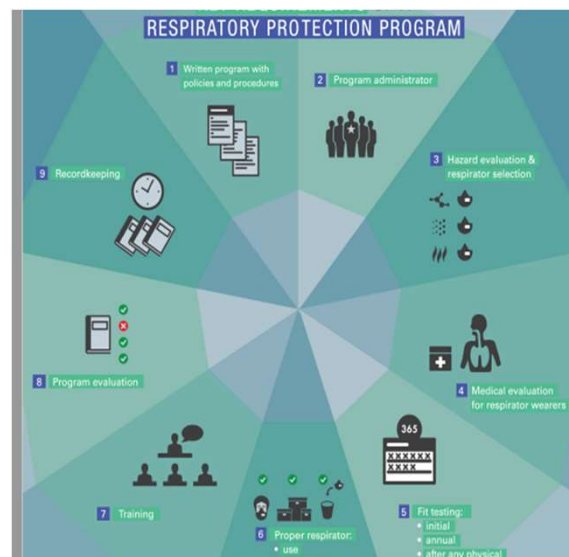   https://data.cms.gov/stories/s/COVID-19-Nursing-Home-Data/bkwz-xpvg/

nutrition alliance

3

3

Screening

- Signs and Symptoms of COVID – 19
- Temperature checks
- Questions
- Observations
- Denial of entry

nutrition alliance

RESPIRATORY PROTECTION PROGRAM

4

4

Hand Hygiene

- Hand washing
- Alcohol based hand sanitizer

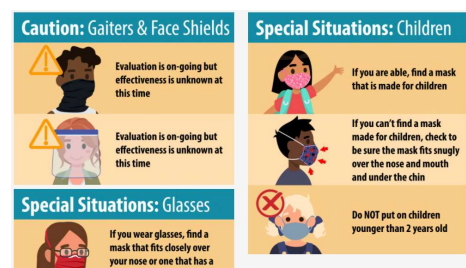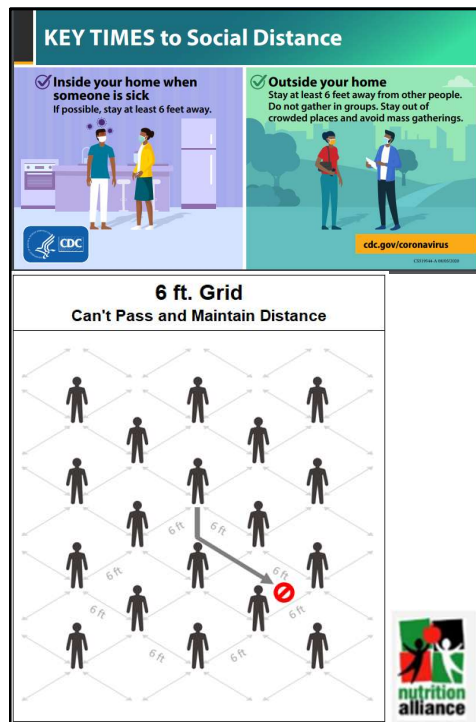https://www.cdc.gov/coronavirus/2019-ncov/downloads/

5

Face Covering or Mask

- Face Covering or Mask
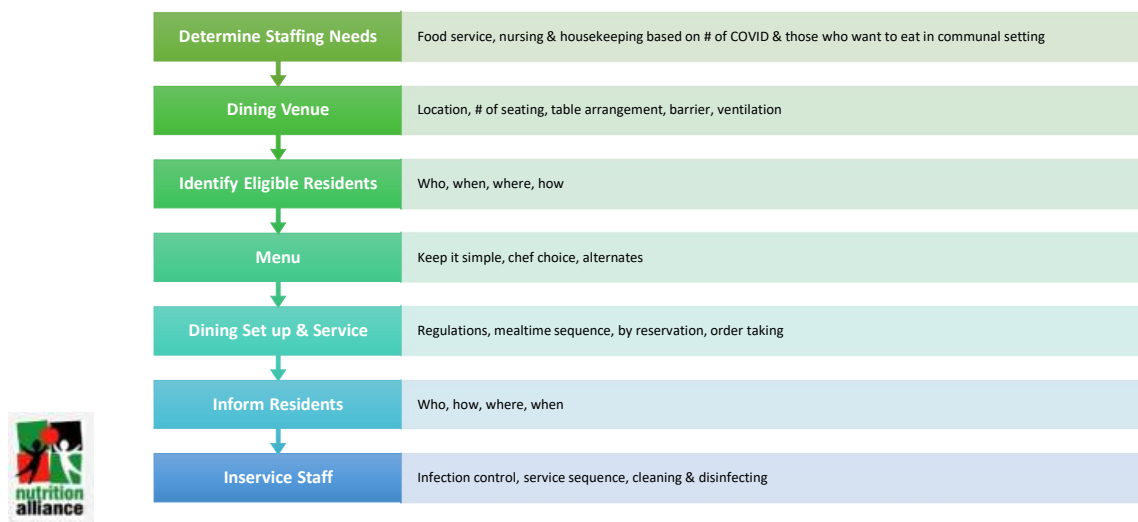 - Types of masks
  - Mouth and nose

6

Social Distancing

- At least 6 feet social distancing
  - Between persons
  - Handy social distancing calculator
    https://www.calconic.com/calculator-widgets/social-distancing-calculator/5ef21c169444bf0029086759
  - Physical barriers

https://covid19.colorado.gov/safer-at-home/social-distancing-calculator-for-indoor-and-outdoor-events

7

Pre-Opening Flowchart

Determine Staffing Needs	Food service, nursing & housekeeping based on # of COVID & those who want to eat in communal setting
Dining Venue	Location, # of seating, table arrangement, barrier, ventilation
Identify Eligible Residents	Who, when, where, how
Menu	Keep it simple, chef choice, alternates
Dining Set up & Service	Regulations, mealtime sequence, by reservation, order taking
Inform Residents	Who, how, where, when
Inservice Staff	Infection control, service sequence, cleaning & disinfecting

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8

Inservice Staff

- All Staff
  - o Infection control as it pertains to communal dining
- Food Service
  - o Cleaning and disinfecting communal dining areas
  - o Cohorting: Staff, residents, visitors
  - o Table Set up
  - o Order taking and service sequence
  - o Seat assignments & reservation process

- Nursing
  - o Cohorting: Staff, residents, visitors
  - o Seat assignments & reservation process

- Housekeeping
  - o Cleaning and disinfecting Communal dining areas

9

9