

DHCC WORKSHOP: WHAT'S HOT IN POST ACUTE LONG-TERM CARE

**Saturday, October 7
8:00 a.m. – 12:30 p.m.**

4 hours CPEU anticipated

Performance indicators: 8.5.2, 8.5.3, 7.4.10, 10.3.8, 10.3.9



UNINTENTIONAL WEIGHT LOSS IN THE PA-LTC - INNOVATIVE TREATMENTS SPEAKER: LIZ FRIEDRICH, MPH, RDN, CSG, LDN, FAND, NWCC

Unintended weight loss in post-acute and/or long-term care settings is both a patient care and a regulatory issue and is often a concern for family members as their loved one ages or declines. This session will explore some of the most common reasons for weight loss, provide talking points for family members, and provide state-of-the-art suggestions for addressing the condition.

Learning Objectives:

- Demonstrate an understanding of the causes of unintended weight loss in older adults.
- Select nutrition interventions intended to improve or resolve unintended weight loss.



RDN CODING “AT RISK FOR” MALNUTRITION FOR PDPM SPEAKER: WENDY PHILLIPS, MS, RD, LD, NWCC, FAND, FASPEN

RDNs identify residents who are malnourished or at risk for malnutrition and develop effective treatment plans. In order to ensure adequate healthcare resources are dedicated to increasing access to care for residents and securing reimbursement for RDN positions, RDNs need to know how to contribute to accurate coding and documentation for these conditions through the Patient-Driven Payment Model in Long Term Care Facilities.

Learning Objectives:

- Distinguish between a diagnosis of malnutrition and the condition of being ‘at risk for’ malnutrition.
- Describe the role of RDNs in the accurate and effective documentation and treatment of malnutrition in LTC facilities.



OPTIMIZING HEALING IN CHRONIC WOUNDS: LEVERAGING EMERGING SUBSTRATES WHILE HONORING FOUNDATIONAL PRINCIPLES

SPEAKER: HEATHER DISTEFANO, MS, RDN, CSG, CNSC, NWCC

Chronic wounds are highly correlated with poor nutritional status, especially in the long-term care setting. In the protracted effort to heal chronic wounds, RDNs are crucial members of the wound care team by providing medical nutrition therapy. Participants will gain insights into the core principles of nutrition and wound healing, as well as the role and effectiveness of trending substrates in promoting wound healing.

Learning Objectives:

- Identify the core principles of nutrition and wound healing.
- Summarize the effectiveness and potential benefits of trending substrates, including collagen, arginine, L-citrulline, prolyl hydroxyproline (Pro-Hyp) and hydroxyprolylglycine (Hyp-Gly) in wound healing.
- Develop strategies for optimizing nutritional support and improving outcomes in patients with chronic wounds.

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EFFECTIVE RESOURCES FOR FOOD MEDICATION INTERVENTIONS, WOUND CARE AND LABORATORY INTERPRETATION

SPEAKER: LIZ FRIEDRICH, MPH, RDN, CSG, LDN, FAND, NWCC

Clinicians in post-acute and/or long-term care settings are charged with having knowledge of a wide variety of topics that affect their ability to practice effectively and efficiently. This session will identify available resources on key topics related to dietetics practice in post-acute and long-term care settings and provide tips for easy access to valuable information for the busy dietetics professional.

Learning Objectives:

- Identify evidence-based sources of information on food medication interaction, wound care, and laboratory interpretation that will enhance clinical practice.
- Differentiate between outdated and up-to-date resources (both hard copies and on-line).



PRODUCTIVITY TARGETS FOR RDNS IN PA-LTC

SPEAKER: ELAINE FARLEY-ZOUCHA, RDN, LMNT

The shrinking budgets and an increased focus on efficiencies within post-acute care have placed a new emphasis on the RDN's role. It is vital that consultants have a clear understanding of their critical role in both clinical and food service practice, as well as industry averages for time spent on these tasks.

Learning Objectives:

- Identify RDN essential practice areas in both clinical care and food service.
- Utilize industry data related to average time spent on specific clinical and food service responsibilities.
- Review tools that the RDN can use to justify hours needed when negotiating contracts.



THE FUTURE OF MULTI-STATE DIETITIAN LICENSURE

SPEAKER: WENDY PHILLIPS, MS, RD, LD, NWCC, FAND, FASPEN

Hear about an exciting initiative underway through the Academy of Nutrition and Dietetics and the National Center for Interstate Compacts that will improve access to care for patients and clients, while facilitating the provision of medical nutrition therapy by RDNs. We will review the concept of interstate compacts, with a focus on healthcare professional licensure and the dietitian licensure compact (DLC) that has a potential launch date in 2024. RDNs will learn what this will mean for their individual and potential future scope of practice and how to leverage the DLC to increase access to evidence-based nutrition care for patients, clients, and communities. Healthcare managers, including food service directors who have management responsibilities for nutrition programs and/or RDNs, will learn the implications of this effort on their employment practices and ability to manage programs and facilities that have sites in more than one state.

Learning Objectives:

- Describe the benefits of the DLC for increasing employment opportunities for RDNs and access to care for clients.
- Support advocacy efforts for states to adopt the DLC and promulgate rules and regulations that support access to care and payment for nutrition services.