

2022 – 2023 Annual Report

DHCC members work in Post-Acute and Long-Term Care settings (PALTC) including skilled nursing, residential/assisted living, home care, hospice, corrections, and many other settings. DHCC is dedicated to serving our members through provision of resources, continuing education, and relevant information to help our members thrive and provide exceptional care to those they serve.

Dietetics in Health Care Communities Dietetic Practice Group had a busy year! The 2022-2023 Executive Committee worked to serve our members as we continued to review and refine the organization's structure, improving efficiencies and effectiveness for member services, meeting once in-person and virtually ten times. This year we made the decision to help NDTRs align their DPG membership with their specific areas of focus of work rather than limit their engagement to a sub-unit specific to NDTRs. Throughout the year, we continued to stay connected and found unique ways to engage our members while advancing and evolving member resources.

Our Vision: DHCC members optimize the nation's health through food and nutrition.

Our Mission: Empower DHCC members to be the nation's food and nutrition leaders.

Our Goals:

- Provide greater visibility for the members within the structure of the Academy of Nutrition and Dietetics.
- Establish regular and frequent mechanism to keep members aware of current issues and information relevant to their work and interests.
- Develop and maintain liaisons with individuals and associations with common concerns such as legislators, nursing homes, hospitals, home health agencies, correctional facilities, dietary managers, state and federal agencies, and others.
- Provide mentoring for members.
- Recommend and facilitate continuing education.
- Establish standards of practice and standards of professional performance.
- Become an integral part of a network to improve nationwide health care through the legislative process and other means.
- Develop policies and procedures consistent with the objectives and policies of the Academy.

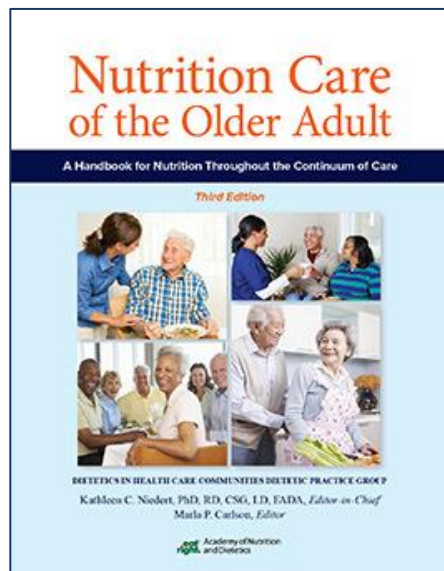
Highlights from our year:

Monthly E-update and News to Use

At least one e-update is sent each month to all members. These communications can also be viewed on the [website](#).



Revision of the Nutrition Care of the Older Adult book



DHCC and Healthy Aging DPG are collaborating on the next revision (4th edition) of the book.

During the year, chapters were drafted, reviewed, and submitted to the Academy. Over 40 DHCC and HA members have participated in the writing and/or reviewing of this resource.

We anticipate the revision of this book will be published in 2024.

DHCC's Inservice Manual

The updated DHCC Inservice Manual continues to be available, with over 250 copies sold.

Several updates are in development and should be available by early 2024.



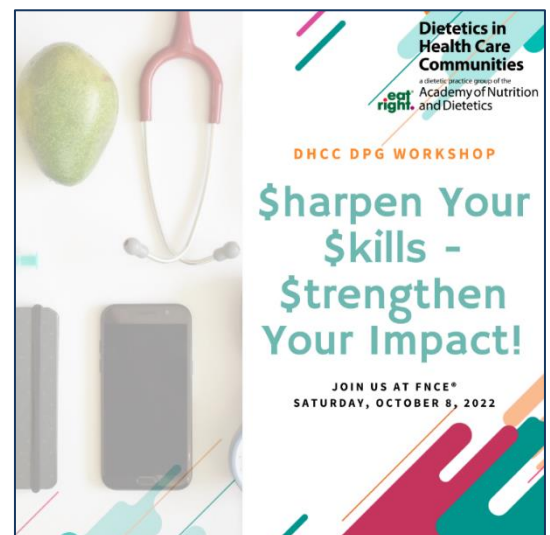
DHCC activities during the 2022 Food & Nutrition Conference & Expo® (FNCE®):



FNCE® was a busy time for us! We were thrilled to offer member stipends to cover registration costs and excited to share information on member presentations and posters.

Our Saturday workshop was well received, with over 80 registrants, and the networking event (held in collaboration with Healthy Aging DPG) had over 125 registrants. We loved seeing and talking with members during DPG Showcase on Monday. Attendees received information on DHCC member benefits and a mint tin.

Our spotlight session, *Joint Replacements Need Nutrition Too: Interprofessional Approach in Aging Populations*, was held on Tuesday.



We were thrilled to support five students to attend FNCE® through Academy Foundation stipends.



Professional Development:



This year, DHCC offered its second virtual symposium. With almost 400 registrants, this was a wonderful opportunity, held on 2 days in January 2023. Each session included 2 speakers. Five hours CPEU were available to attendees.

We awarded 25 registration stipends for the virtual event.



DHCC members had access to seven (7) webinars this year. In addition, over 30 hours of CPEU were available for self-study webinars.

2022-2023 Webinar	Self-Study	"Live"	
	Total Completed 2022-2023	Registered	Attended
Litigation Avoidance and Management Strategies for the RDN (5/2023)	N/A	135	84
Caring for Those Living with Diabetes in Health Care Communities (3/2023)	17	157	102
Plant-Based Foods to Mitigate Unintended Weight Loss in Older Adults (2/2023 – HA DPG)	N/A	Offered by another DPG	
Tears, Fears, and Reveals: Navigating the Psychology of Eating (1/2023 – WM DPG sponsored webinar)	24	Offered by another DPG	
"It Must be my Metabolism" Nutrition to Maintain Muscle Mid-Life and Beyond (11/2022 – HA DPG)	26	Offered by another DPG	
Food Costs – Making Cents in Food (11/2022)	17	110	64
Powerful Pairings: Elevating Balance, Taste, and Nutrition (6/2022 – FCP DPG sponsored webinar)	19	Offered by another DPG	

DHCC also offered a CPEU opportunity in most newsletters. Statistics to date:

Issue/topic	Total taken	Total passed
The Invaluable RDN: Improve Clinical Skills, Code, and Increase Revenue (Spring/Summer 2023)	26	20
The Perceived Value of the Board-Certified Specialist in Gerontological Nutrition (CSG) Credential Among Registered Dietitian Nutritionist (RDN) Credential Holders (Winter 2023)	30	28
Nutrition and Older Adults (Spring/Summer 2022)	119	94
Perceptions of and Preferences for Dementia Care Training (Fall 2021)	85	57
Dietary Guidelines for Americans (Spring/Summer 2021)	120	95
The Role of Nutrition in Wound Healing (Winter 2021)	195	154
Nutrition at the End of Life (Fall 2020)	465	192
Hydration Requirements for Older Adults (Spring/Summer 2020)	243	189
Weight Management in Older Adults (Winter 2020)	206	171

DHCC Awards and Honors:



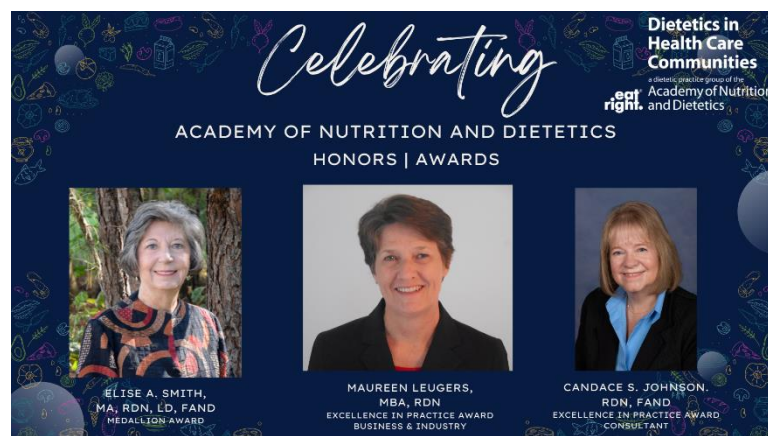
DHCC was thrilled to honor Ellen Turk, RDN, LD as the 2022 recipient of the DHCC Emerging Leader Award.

DHCC is excited to celebrate and honor the following members as Academy Honors and Awards recipients during FNCE® 2023:

Medallion: Elise A. Smith, MA, RDN, LD, FAND

Excellence in Practice (Consultant): Candace S. Johnson, RDN, FAND

Excellence in Practice (Business and Industry): Maureen Leugers, MBA, RDN, FAND



DHCC 50-Year Members:

We sent special congratulations to our 2023 – 2024 50-year members:

Patricia H. Backer, LDN
Kathryn C. Buffington, RDN, LD
Peggy J. Bush-Thomas, RDN, LDN,
CFSP
Carol H. Elliott, RDN, LDN, FAND
Carole A. Harrah-Siple, RD, LDN
Sue E. Leathen, MS
Kay L. Leigh, LRD
Helen J. McFadden, MSE, BS, LD

Ruth G. McGinley, MS, RDN, LDN
Mary Jo Nash, LD
Moya B. Peters, MAA, LMNT
Elise A. Smith, MA, RDN, LD, FAND
Linda G. Snetselaar, PhD, RDN, LD,
FAND
Mary W. Vester-Toews, RDN, FAND
Frances B. White, MS, RDN, CSG,
LDN

Dietetics in Health Care Communities
a dietetic practice group of the
eat right. Academy of Nutrition and Dietetics

The Value of Membership

Continuing Education

During the 2022-23 year, DHCC offered 13 hours CPEU for "live" events at no or low cost to members!

More Continuing Education

DHCC also has 34 hours of self-study CPEU available at low or no cost to members!

Professional Development Stipends

During the 2022-23 year, DHCC offered \$7,775 in stipends to DHCC members for professional development!

Member-to-Member Communication

During the 2022-2023 year, over 2,500 messages were sent and/or responded to on the electronic mail list.

Resources

DHCC's Inservice Manual offers 27 ready-to-use training lessons. New lessons being added soon! Members receive discounted pricing.

www.dhcc.eatrightpro.org

Financial Performance:

DHCC had a strong financial performance this year. With a healthy financial reserve, we utilized funds to support member benefits and deliverables, as well as the virtual symposium.

	Budget	Actual
Revenue	\$ 81,910	\$ 93,975
Expense	\$140,073	\$112,575

2022-23 Sponsors

This year, DHCC focused on maintaining relationships with past sponsors and evaluating/refining our sponsorship opportunities.

Our sponsors are important partners that work with DHCC to provide opportunities for funding of social and educational events that help keep costs to members lower.

We are grateful for the support of the following companies:

Abbott
Hormel Health Labs
HPSI
Nutricia North America
Rare Nutrition Inc./Peak Therapeutic Solutions, LLC
Simplified Software Development, LLC

And finally, the Dietetics in Health Care Communities DPG appreciates the support, expertise, and dedication from the Executive Committee. This group stays actively engaged with our members while focusing on the activities necessary to fulfill our responsibilities as a DPG, including nominating, budget development, awards, FNCE® preparation, and representing DHCC members on a variety of Academy processes, procedures, and legislative commentary.

The Executive Committee has worked diligently, with the support of An Apple a Day, LLC (Barb Pyper, Kristi Falkner, and Cara Nichols) to support the efforts. Our Academy DPG Relations Manager, Martha Huizar, MS, RDN, CLC provided valued guidance, insight, and support as our liaison to the Academy.

The Executive Committee appreciates the feedback, guidance, and suggestions from our members throughout the year in order to continuously improve. DHCC continues to welcome ideas, comments, and engagement with the Executive Committee to best support the members and those patients and clients served.

Thank you for your membership and participation.

Rena Zelig, DCN, RDN, CSG, CDE
2022-2023 Chair, Dietetics in Health Care Communities

Executive Committee 2022-2023

Chair – Rena Zelig, DCN, RDN, CSG, CDE

Past Chair – Amy Gautraud, MS, RDN

Chair Elect – Sue Linja, RD, LD

Treasurer – Heather L. Di Stefano, MS, RDN, CSG, CNSC

Secretary – Kim Fremont, MEd, RD, LD

Delegate – Cora Martin, RDN, LD

Nominating Committee –Yolanda Scott, RD, LDN (Chair),

Marcus Sam, MS, RDN, LDN (2nd year), Alison Duffey, RDN-AP, CSG, LDN, FAND
(chair elect), Tawnee Cunningham, MS, RDN, CSG, LDN (1st year)

Professional Development Coordinator – Pamela Brummit, MA, RD, LD

Professional Development Assistant Coordinator – Elaine Farley-Zoucha, RDN,
LMNT, LD

Policy and Advocacy Leader – Cynthia Wolfram, RD, LD

Nutrition Services Payment Specialist – Coreyann Poly-Geracie, PhD, RD, CDCES,
ACE-CMES

Membership Coordinator – Dana Fillmore, RDN

Communications Coordinator – Linda Roberts, MS, RDN, LDN

Corrections Sub-Unit Chair – Jessie Silverman, MSPH, RD

Newsletter Managing Editor – Marcus F. Sam, MS, RDN, LD

Sponsorship Coordinator – Anna de Jesus, MBA, RD

<https://dhcc.eatrightpro.org>

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