SCHOLARSHIP APPLICATION CHECKLIST
2022-2023 Academic Year Scholarships

**ALL APPLICANTS**

☐ Transcripts from all colleges and universities you have attended or a completed Foundation GPA Verification form

→ Applicants are given the option to have one of their faculty members complete the Foundation’s GPA Verification Form on their behalf in lieu of uploading transcripts. If you decide to submit the GPA Verification Form, you will need to provide the faculty member completing the form with the following information for all colleges and universities you have attended:

▪ Name of the University/College
▪ GPA attained
▪ Dates of attendance
▪ Degree received (if applicable)
▪ Current cumulative and major-specific GPA

☐ Two recommendation forms: one from an academic source (e.g., professor) and one from a professional source (e.g., work supervisor)

→ Letters of recommendation are not accepted
→ Recommendations from RDNs are preferred

**DOCTORAL STUDENT APPLICANTS ONLY**

☐ Copies of your GRE Examination scores or a completed Foundation GPA Verification form

→ If you did not complete the GRE for your program, the Foundation’s GRE verification form must be completed by one of your faculty members to confirm that it was not required for admission to your program.

→ Applicants are given the option to have one of their faculty members complete the Foundation’s GRE Verification Form on their behalf in lieu of uploading copies of GRE scores. If you decide to submit the GRE Verification Form, you will need to provide the faculty member completing the form with the following information:

▪ Date you completed the GRE examination
▪ Verbal Reasoning, Quantitative Reasoning and Analytical Writing Scores and Percentile Ranks

Questions? Email us at scholarship@eatright.org | http://www.eatrightfoundation.org/scholarship
APPLICATION TIPS
2022-2023 Academic Year Scholarships

BEFORE YOU APPLY

▪ Update your resume
▪ Get involved (if possible)
  o Volunteer
  o Join a club
  o Look for leadership opportunities
▪ Ask for recommendations
▪ Do some self-reflection
  o What are your professional goals and aspirations?
  o What academic and professional accomplishments are you most proud of?
  o Have you experienced any challenges or barriers to pursuing your education?
  o What is your vision for the future of the profession?

WHILE APPLYING

▪ Save your work regularly and frequently
▪ Be Yourself!
  o Be honest, sincere, and authentic
  o Show off your unique voice
  o Openly discuss your challenges and any barriers you have experienced
    ▪ …and how you have been working to overcome them!
▪ Highlight your accomplishments
▪ Provide clear, direct responses
▪ Pace yourself and take breaks

BEFORE SUBMITTING

▪ Ask peers and colleagues for second (or third) opinions
▪ Check for typos and grammar
▪ Print a copy of your responses
  o These can be helpful when applying for other scholarships in the interim