

Annual Report

June 1, 2019 - May 31, 2020

Asian Americans and Pacific Islanders (AAPI)

Member Interest Group MIG



Mission and Vision

The Asian Americans and Pacific Islanders (AAPI) MIG was first created to bring together members from the former Chinese (CADN) and Filipino (FADAN) MIG communities, and now strives to also include other Asian communities. We have practitioners from diverse locations, areas of practice and educational backgrounds. AAPI empowers members to be the leaders in cultural evidence-based practices in nutrition and dietetics for people of Asian or Pacific Islander origin or those interested in learning more about these cultures. The community fosters networking, mentoring and support for the professional issues unique to these cultural communities.

Please find out more about AAPI through our new website:

- aapimig.org

Please engage with us on social media! Here are the links for AAPI social media accounts:

- Facebook: <https://www.facebook.com/aapimig/>
- Instagram: https://www.instagram.com/aapi_mig/
- Main AAPI MIG email: AAPI@eatright.org

Membership numbers

At the end of year 2019-2020, the total number of AAPI membership is 469. See breakdown below.

Status	Total
Active	306
Associate	1
International	4
Life	4
Retired	33
Staff	10
Student	111
Total	469

Executive Committee:

Chair: Aimee Reuhs, MS, MPH, RD, LDN

Chair Elect: Nikki Nies, MS, RD

Past Chair/Treasurer: Zhanglin Kong, MS, RDN, IBCLC, LDN

Secretary: Ivy Molina, MBA, RD, CD

Nominating & Awards Chair: Katharine Chew, MS, RD

Diversity Liaison: Bea Dykes, PhD, RDN, LD, FADA, FAND

Committee for Sponsorship & Network Relations

- Chair: Pamela Wu, DPA, RDN
- Committee member:
 - Chen Du, MS, RDN, CNSC, LD
 - Qianhui Zhang, MA, MS, RDN

Committee for Professional Development

- Chair: Janice Chow, MS, RD, LDN

Committee for Regional Meetings/Networking:

- Chair: Rachel Macam, RD

Committee for Communication

- Chair: Levin Dotimas
- Committee member:
 - Sarah Crulcich, MPH, RD, LD
 - Tina Sergi
 - Meng Zhang, MS, MPH, RD

EC meetings

Throughout the year, we had 4 official EC meetings, 5 virtual conference calls and 1 in person meeting during FNCE® 2019. Before and after EC meetings, EC members communicated mainly through emails and phone calls.

- 6/11/2019, Virtual
- 8/6/2019, Virtual
- 10/26/2019, In-Person
- 12/17/2019, Virtual
- 2/21/2020, Virtual
- 4/17/2020, Virtual

FNCE® 2019 Summary

During FNCE® 2019, AAPI organized a member reception on 10/27/2019 Sunday 6 pm – 7:30 pm. This was the first member reception AAPI offered its members, and about 25 members and friends attended. Executive committee members took this chance to meet members in person and it was such a pleasure to see the AAPI community come together.

AAPI EC meeting was held on 10/26/2019 Saturday 2 pm – 3:30 pm. During this meeting we discussed the organization chart and guiding principles. It was determined that AAPI would have a Membership Committee to focus on gaining new members, as well as engaging on maintaining current members. It was also determined that come the 2020-2021 term year, there would no longer be a Committee for Sponsorship & Network Relations, and instead, the responsibility of acquiring sponsors would fall under the Treasurer and Past Chair.

During the membership showcase on 10/28/2019 Monday 9:00 am – 1:00 pm, EC members and volunteers met and greeted AAPI members, as well as also other FNCE® attendees who are interested in learning more about AAPI. Multiple booth visitors signed up to learn about volunteering for AAPI and even expressed interest in nominating themselves or others for the open positions of Treasurer and Nominating & Awards Chair-Elect.

Financial Information:

	<i>Actual</i>	<i>Budgeted</i>
Total Revenue, FY19-20	3,685	3,000
Total Expenses, FY19-20	6,571	6,585
Operating Deficit	2,886	3,585
Total Reserves, end of FY19-20	11,671	
Reserve %	116%	

Electronic Communications:

The Communications Committee sent out 13 eblasts to all members this year, topics included monthly updates, call for EC nominations, webinar reminders and resources. Many thanks to the AAPI Academy Manager Rita Brummett and Communications Chair Levin Dotimas, NDTR, who managed the delivery of these eblasts through Informz.

The Committee also had 79 Instagram posts, not including numerous Instagram stories. AAPI has 495 Instagram followers that include other Academy MIGs and DPGs. Many thanks to Social Media Coordinator Tina Sergi for maintaining our Instagram account, along with our Facebook account.

Webinars:

On Tuesday, April 21, 2020, AAPI hosted webinar “Intuitive Eating for Diverse Populations: Applications for Clinicians”, presented by Cara Harbstreet, MS, RD, LD. 1 CPEU was available.

Session Summary:

Provided an overview of intuitive eating and introduction to weight-inclusive care. It equipped attendees with the skills to recognize how multiculturally-competent care is critical for supporting healthful behavior change, as well as strategies for implementing this approach into counseling in clinical or private practice.

Recorded Webinar can be found in AAPI website.

Awards:

During FNCE® 2019, AAPI Executive committee presented Zhanglin (Lynn) Kong, MS, RDN, IBCLC, LDN with an Outstanding Outgoing Chair award. Lynn was the official first Chair of AAPI, as well as served as the Chair of the Chinese Americans in Dietetics and Nutrition (CADN) MIG group in 2017-2018.

AAPI was honored to award the 2019-2020 AAPI Student Scholarship to Kimberly Korff. Kimberly is a Missouri State University alumna and dietetic intern at OSF Saint Francis Medical Center in Peoria, IL. She hopes to ultimately work towards a Master's in counseling and a specialization in oncology or diabetes education.

Special Project: New AAPI Website

The new website under Higher Logic was rolled out in August 2019. Many thanks to Academy Manager of Online Communications Kaylen Hickman for assisting the website task force in designing and formatting the AAPI website.

Prepared By:

Aimee Reuhs, MS, MPH, RD, LDN

Chair, 2019-2020