

Annual Report

June 1, 2018- May 31, 2019

Asian Americans and Pacific Islanders (AAPI)

Member Interest Group MIG



Mission and Vision

The Asian Americans and Pacific Islanders (AAPI) MIG was first created to bring together members from the former Chinese (CADN) and Filipino (FADAN) MIG communities, and now strives to also include other Asian communities. We have practitioners from diverse locations, areas of practice and educational backgrounds. AAPI empowers members to be the leaders in cultural evidence-based practices in nutrition and dietetics for people of Asian or Pacific Islander origin or those interested in learning more about these cultures. The community fosters networking, mentoring and support for the professional issues unique to these cultural communities.

Please find out more about AAPI through our new website: <https://www.aapimig.org/>

Please engage with us on social media! Here are the links for AAPI social media accounts:

- Facebook: <https://www.facebook.com/aapimig/>
- Instagram: https://www.instagram.com/aapi_mig/
- Main AAPI MIG email: AAPI@eatright.org

Membership numbers

At the end of year 2018-2019, the total number of AAPI membership is 627.

Status	Total
Active	446
Associate	1
International	9
Life	4
Retired	42
Staff	11
Student	114
Total	627

In year 2017 – 2018, the membership numbers of CADN and FADAN were 211 and 149 respectively. *Please note: The 2018-2019 numbers are somewhat skewed because of the IND members who were included in the AAPI membership, and 2019-2020 year-end report will be more accurate.*

Executive Committee:

Chair: Zhanglin Kong, MS, RDN, IBCLC, LDN

Chair Elect: Aimee Estella, MS, MPH, RD, LDN

Treasurer/Secretary: Phoebe Weber, DCN, RD, CDE

Nominating & Awards Chair: Andy Lai, MS, RDN

Diversity Liaison: Bea Dykes, PhD, RDN, LD, FADA, FAND

Committee for Sponsorship & Network Relations

- Chair: Pamela Wu, DPA, RDN
- Committee member:
 - Chen Du, MS, RDN, CNSC, LD
 - Qianhui Zhang, MA, MS, RDN

Committee for professional development

- Chair: Janice Chow, MS, RD, LDN

Committee for Regional Meetings/Networking:

- Chair: Rachel Macam, RD

Committee for communication

- Chair: Nikki Nies, MS, RD, LD
- Committee member
 - Levin Dotimas, NDTR

EC meetings

Throughout the year, we had 5 official EC meetings, 4 virtual conference calls and 1 in person meeting during FNCE® 2018. Before and after EC meetings, EC members stay communicated mainly through emails and phone calls.

- 3/8/2019, Virtual
- 10/20/2018, in person and reviewed and edited the guiding principles.
- 8/30/2018, Virtual
- 7/27/2018, Virtual
- 5/29/2018, Virtual

FNCE® 2018 Summary

During FNCE® 2018, AAPI organized a member reception on Monday, October 22 from 6 p.m. – 7:30 p.m. This was the first member reception AAPI offered its members, and about 30 members and friends attended. Executive Committee members took this chance to meet members in person and it was such a pleasure to see the shaping of the AAPI community.



AAPI EC meeting was held on Saturday, October 20 from 2 p.m. – 3:30 p.m. During this meeting, we discussed and updated the guiding principles and leadership roster. For many EC members, it is also the first time we met each other in person.

During the DPG/MIG Showcase on Monday from 9:00 a.m. – 12:00 p.m., EC members and volunteers met and greeted AAPI members and also other FNCE® attendees who are interested in knowing more about AAPI. One new member joined AAPI during the FNCE® showcase.



Financial Information:

	Budgeted	Actual
Total Revenue, FY18-19	3,000	2,568
Total Expenses, FY18-19	10,039	7,244
Total Investment Reserves (as of 4/30/19)	13,527	
Reserve % of Budget	135%	

Newsletters/Electronic Communication:

The committee of communication sent out 14 eNewsletters to all members this year, topics included monthly updates, call for EC nominations, call for FNCE® booth volunteers. Many thanks to the editors Nikki Nies, MS,RD, LD and Levin Dotmas, NDTR, who streamlined AAPI eNewsletters using mailchimp to utilize their template, analytics and editing features. Future eNewsletters will not only eblast to all members but will also be uploaded into our AAPI website.

Webinars:

On Wednesday, June 5, 2019, AAPI hosted webinar “Cannabis & CBD Medical Indications”, presented by: Janice Newell Bissex, MS, RDN. 1 CPEU was available.

Session Summary:

Use of cannabis and CBD has been very popular recently. Research have shown desirable effects of using medical cannabis for depression and pain management. This webinar will provide RDNs comprehensive summary on the medical indications for cannabis and CBD. Different components of cannabis, mechanism of action and dosages will be discussed.

Recorded Webinar can be found in AAPI website.

Awards:

During FNCE® 2018, AAPI Executive Committee presented Bea Dykes, PhD, RDN, LD, FADAN, FAND with Exceptional Leadership in FADAN award. Bea was one of the founders of the Filipino Americans in Dietetics and Nutrition (FADAN) in 1985, and served as the FADAN leader ever since then. This year she continues to serve on AAPI leadership as the Diversity Liaison. This award honored Bea’s exceptional leadership and contribution in FADAN and AAPI.

Special Project:

DCE-AAPI handout was generated by revising the DCE-CADN handout and now it is available on AAPI website.

Prepared By:

Zhanglin Kong, MS RDN IBCLC LDN

Chair, 2018-2019