

Annual Report

June 1, 2020 - May 31, 2021

Asian Americans and Pacific Islanders (AAPI)

Member Interest Group MIG



Mission and Vision

The Asian Americans and Pacific Islanders (AAPI) MIG was first created to bring together members from the former Chinese (CADN) and Filipino (FADAN) MIG communities, and now strives to also include other Asian communities. We have practitioners from diverse locations, areas of practice and educational backgrounds. AAPI empowers members to be the leaders in cultural evidence-based practices in nutrition and dietetics for people of Asian or Pacific Islander origin or those interested in learning more about these cultures. The community fosters networking, mentoring and support for the professional issues unique to these cultural communities.

Please find out more about AAPI through our new website:

- aapimig.org

Please engage with us on social media! Here are the links for AAPI social media accounts:

- Facebook: <https://www.facebook.com/aapimig/>
- Instagram: https://www.instagram.com/aapi_mig/
- LinkedIn: <https://www.linkedin.com/groups/8685945/>
- Main AAPI MIG email: AAPI@eatright.org

Membership numbers

At the end of year 2020-2021, the total number of AAPI membership was 469. See breakdown below.

Status	Total
Active	280
Associate	1
International	4
Life	4
Retired	21
Staff	11
Student	125
Total	446

Executive Committee:

Chair: Nikki Nies, MS, RD, LD

Chair Elect: Sarah Crulcich, MPH, RD, LD

Past Chair: Aimee Reuhs, MS, MPH, RD, LDN

Treasurer: Hokyung Anna Roh, MS, RD

Secretary: Ivy Molina, MBA, RD, CD

Nominating & Awards Chair: Katharine Chew, MS, RD

Diversity Liaison: Bea Dykes, PhD, RDN, LD, FADA, FAND

Membership Chair: Dustin Reed, MS, RD, FAND

Committee for Professional Development

- Chair: Janice Chow, MS, RD, LDN

Committee for Regional Meetings/Networking:

- Chair: Rachel Macam, RD
- Hilary Wu MS, RD

Committee for Communication

- Chair: Levin Dotimas, DTR
- Committee member:
 - Tina Sergi
 - Meng Zhang, MS, MPH, RD

EC meetings

Throughout the year, we had 10 official EC meetings with one meeting during FNCE® 2020. Before and after EC meetings, EC members communicated mainly through emails and phone calls.

- 6/8/2020
- 7/7/2020
- 8/4/2020
- 9/11/2020
- 12/8/2020
- 1/18/2021
- 2/15/2021
- 3/18/2021
- 4/4/2021
- 5/13/2021

FNCE® 2020 Summary

During FNCE® 2020, on October 15th, AAPI held a joint workshop with RMIG and COGA entitled The Urgency of Awareness A Workshop On Communicating More Effectively Across All Demographics. Attendees received a hard copy of the Urgency of Awareness book by Jodi R. Pfarr and Allison Boisvert and received 2 CPEs. This event was sponsored by General Mills Big G Cereals.

The interactive presentation tackled nutrition communications and working to hone skills that allow for more effective communication across all demographics. Additionally, the presentation covered how to develop personal awareness, leverage lived experiences to be a more sympathetic nutrition communicator and support fellow nutrition professionals in honing these skills.

Due to the virtual nature of FNCE® 2020, we did not hold a traditional networking event. However, with our virtual booth, we were able to connect with current and future members and highlighted our many benefits.

Financial Information:

	Actual	Budgeted
Total Revenue, FY20-21	6,214	2,760
Total Expenses, FY20-21	3,114	2,843
Operating Deficit	2,886	3,585
Total Reserves, end of FY21	\$18,067	
Reserve %	322	

Electronic Communications:

The Communications Committee sent out nine eblasts to all members this year, topics included monthly updates, call for EC nominations, discussions on solidarity, webinar reminders and resources. Many thanks to the AAPI Academy Manager Rita Brummett and Communications Chair Levin Dotimas, NDTR, who managed the delivery of these eblasts through Informz.

The Committee also had 100 Instagram posts, not including numerous Instagram stories. AAPI has 718 Instagram followers that include other Academy MIGs and DPGs. Many thanks to Social Media Coordinator Tina Sergi for maintaining our Instagram account, along with our Facebook account.

Sponsorship:

AAPI received a sponsorship of \$850 from Ajinomoto Health and Nutrition North America, Inc for an advertisement about Monosodium Glutamate, which was included in the December newsletter.

Webinars:

On December 2nd, 2020, AAPI partnered with the Weight Management DPG to host the webinar “Culturally Tailored Nutrition Counseling for Asian Populations.” The speaker, Manju Karkare, MS, RDN, LDN, CLT, addressed the complexity and importance of providing culturally sensitive nutrition counseling. The impact of migration and predisposition to noncommunicable chronic illnesses in Asian origin populations. 1.75 CPEU was available.

On September 20th, 2020, AAPI co-hosted the “More Inclusive Nutrition: Enhancing Your Practice Through Cultural Understanding.” This included a panel of leaders from five of the Academy’s MIGs.

They discussed ways to effectively listen and communicate with patients to be more inclusive of diverse ethnicities and religious cultures and their foods and traditions. 1 CPE was available. Recorded Webinar can be found in AAPI website.

Awards:

The AAPI Executive committee presented Past Chair, Aimee Reuhs, MS, MPH, RD, LDN with an Outstanding Leadership Award. Aimee was initially recruited by fellow leader Beatriz Dykes to volunteer with the Filipino Americans in Dietetic and Nutrition (FADAN) MIG, where she held a number of positions over the years, and she was happy to continue volunteering when the AAPI MIG was formed.

AAPI was honored to award the 2020-2021 AAPI Student Scholarship to Gemady Langfelder. Gemady was born in the Philippines and lived in Japan for 10 years. She is a personal trainer and co-owner of a personal training business. Gemady is a graduate from the University of Hawaii at Manoa Dietetics program. In college, Gemady worked as a nutrition research assistant, conducted a research project and was president of the Food Science and Human Nutrition Council in her senior year. She was also active in her community as a long-term volunteer and intern at the Waianae Coast Comprehensive Health Center, Health Promotion Department. She supported food security efforts in the Waianae coast through volunteer work.

Prepared By:

Nikki Nies, MS, RD, LDN

Chair, 2020-2021