Hello LAHIDAN Members,

The Food & Nutrition Conference & Expo™ (FNCE®) 2019 in Philadelphia, PA was a complete success, bringing together dietitians, students, and other health professionals to learn and discuss the hottest topics in nutrition, explore the expo and get a ton of cool goodies, and also make connections with other passionate dietitians!

The hottest topics of the conference were sustainability, plant-based, intuitive eating, gut health, and cultural humility. Topics that we will be covering in the year to come.

Check out how much fun our members had!
LAHIDAN Member Reception

Thank you to the National Pork Board for sponsoring our reception and for our wonderful members who attended this great time of networking and information sharing!
● LAHIDAN Member Booth at the DPG/MIG Showcase

Thank you to everyone who stopped by our LAHIDAN booth to connect with us and learn more about LAHIDAN.
● LAHIDAN's Fun with Our Members

Thanks to all the LAHIDAN members who took up the challenge of playing the LAHIDAN 'Celebrity' Scavenger Hunt! Our three lucky winners are:

Anita Davila earned her Bachelor of Science in Food and Nutrition from The University of Alabama in 2015. In 2018, Anita obtained the NDTR credential, and in March of 2019 she was honored with the Outstanding Dietetic Technician of the Year Award by the Illinois Academy of Nutrition and Dietetics. She is starting her dietetic internship in the Chicagoland area through Utah State University’s distance program and is currently in her clinical rotation.
LAHIDAN would also like to spotlight Anita as our social media champion! Thank you Anita for helping LAHIDAN create more awareness with Latinos and beyond! We appreciate you!!

Sandra Gucciardi, MPH, RDN, CDN has been an RDN for the last 15 years and enjoys working with the Hispanic community. Originally from Colombia, she is currently working with the Hispanic Community in the Bronx as an outpatient dietitian. She loved seeing old friends and making new friends at FNCE® 2019 in Philadelphia.

Mariela Perez Russo, MD, CNS is a Certified Nutritionist Specialist and a Licensed Dietitian-Nutritionist in Connecticut. She is a Foreign Medical Graduate from the Dominican Republic and holds a Masters in Human Nutrition from Columbia University. She is currently in private practice and her main focus is making every day meals a breeze by offering meal planning and 1-on-1 as well as group counseling to her patients via telehealth. Mariela focuses on weight management and overall wellness.

● LAHIDAN with Diversify Dietetics

A special thanks to Diversify Dietetics for inviting our leaders and members to their meeting.
SAVE THE DATE
FNCE® 2020 ~ October 17-20, 2020
Indianapolis, Indiana

If you have any questions, please contact us.