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**August 2019**

#### MEMBER SPOTLIGHT

**Shannon Ebron**  
*Assistant Director*  
*Fox Consolidated-6 School District*  
*Arnold, Missouri*

**#SquadGoals: The  
Launch of a New  
Manager Mentorship  
Program**



There may need to be a patent for this clever hashtag and genius concept at Fox Consolidated-6 School District in Arnold, Missouri. Shannon Ebron, MS, RDN, LD, is the Assistant Director at Fox C-6. She and her team are excited for the launch of a new manager mentorship program for the 2019-2020 school year.

[Join us as we get to know Shannon and learn more about the program that can improve school nutrition programs in any district.](#)

👉 FUN FACT: Shannon won the votes in naming the new Spoodle Report. Thanks for the fun and clever name Shannon! 🙌

#### Announcements



**Help us submit a FNCE® 2020 Spotlight Topic!** Do you have any ideas or suggestions for a FNCE® 2020 session? We would love to hear your ideas as we start working on topics that will be submitted to the Academy. [Share ideas here.](#)

**FNCE® Membership Showcase:** Our DPG

## SNS Networking Event at FNCE®!

*Join us in Philadelphia as we network and celebrate our DPG awardees.*

**Where:** Smokin' Betty's, 116 S. 11th Street, Philadelphia, PA 19107

**When:** October 26th, 2019, 6:30pm-8:30pm

**Tickets:** \$20 for Academy Members, \$30 non-Academy Members, \$10 Student Members

Online registration includes one wine drink ticket (Must be over the age of 21).

**Note:** The deadline to register is October 22.

**Register Today!**

### Policy Update

#### Revision of Categorical Eligibility in the Supplemental Nutrition Assistance Program (SNAP)

On July 24, 2019, USDA published a [Proposed Rule](#) to revise categorical eligibility regulations, proposing to limit the TANF-funded benefits that may convey categorical eligibility for school meals. The revisions would potentially end SNAP enrollment for an estimated 1.7 million households and as a result, end direct certification for free school meals for any students living in these households.

This proposed revision is currently open for public comment (closing on September 23, 2019). To submit formal comment, [click here!](#)

#### School Food Modernization Act – Take Action Today!

The School Food Modernization Act of 2019 (S.1949/H.R.3444) has been introduced in Congress by Sens. Susan Collins (Maine) and Tina Smith (Minn.) and Reps. Mark DeSaulnier (Calif.) and Glenn Thompson (Pa.), this legislation will expand schools' access to modern kitchen equipment and infrastructure, and strengthen workforce training.

The National School Lunch Program turned 73 years old this year and the equipment in many of the program's more than 95,000 schools is nearly as old. The National School Lunch Program feeds nearly 30 million children each year, with more than 4.8 billion school meals served nationwide in 2018. Our schools need optimally

October 28 at 9:00 am - 1:00 pm. Stop by and say hello!

### SNS DPG Spotlight Session at FNCE® 2019



*“Beyond School Lunch Memes: Real-World Commonalities, Challenges and Successes”*

Social media posts of school meals generate millions of online hits – with very little understanding of real-world challenges of feeding millions of children at school. This panel of international school nutrition experts will highlight ways that food and nutrition professionals share global concerns and strategies for overcoming obstacles.

**👤 Students:** Want to attend #FNCE at a discounted rate? Apply to be a student host! Learn more about this opportunity: <https://sm.eatright.org/studenthostFNCE> #eatrightPRO #futureRDN

### 📱 New SNS Website

#### Coming Soon!

Our DPG website is currently undergoing a complete makeover! The site will include new features for connecting with fellow SNS members, accessing tools and resources, and will serve as a hub for staying up-to-date on all things school nutrition-related. 🏠 We're planning to unveil the new site at FNCE®, so stay tuned!

### Cool Tool



The health of adults in the future depends on the health of children today — tell Congress to support the School Food Modernization Act!

Please contact your members of Congress to ask them to support the School Food Modernization Act. [Take action today and either use the preformatted letter, or add personalization by including your own experiences.](#)

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## Wrapping Up

August is a transitional month. In many states it is the month school begins, which means that school meals also begin. Nearly 30 million school aged children eat school lunch every day. The impact of those meals on student success is many times difficult to calculate, but it is significant.



The dedication of the school nutrition professionals that prepare and serve those meals is phenomenal. The staff that faithfully greet students as the school day begins while serving a tasty school breakfast lay the foundation for those students to handle the academic and personal challenges of their school day. The mid-day school lunch meal continues to fuel students enabling them to finish strong. All of the school nutrition staff that make these meals possible are impacting the future of our nation.

Today I saw a social media post by one of our SNS DPG members, Jeanne Reilly, who shared that to date she has overseen the service of more than 12 million meals. Consider what our leadership as Registered Dietitians and Registered Dietetic Technicians working in School Nutrition Services practice has on our nation's students and as such on our future.

Thank you for your continued dedication to school nutrition and to excellence for our future.

Linette Dodson, PhD RD LD SNS FAND  
Chair, SNS DPG

## Meditation, Calmness & Relaxation

It's that time of the year. The school year is just around the corner or has already arrived for some districts. The stress of the beginning of the school year can cause the mind to spin. It is difficult to quiet that busy brain, but this is a gentle reminder not to forget about YOU while you are taking care of others. Need a daily reminder? A little namaste nudge maybe? Try downloading [Calm](#) or [Headspace](#). These apps have both free and paid features. They share mantras for inner peace and sleep music for decompressing after a stressful day. To give our best work, we must be at our best, so don't forget to calm that smart, hard-working mind of yours. ♡

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## SNS Leadership

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