

# Jocelyn Karbo,

## MBA, RDN, SNS



### **2021-2022 SNS DPG Executive Committee Chair**

Meet your new 2021-2022 SNS DPG Chair, Jocelyn Karbo, MBA, RDN, SNS. Jocelyn Karbo, from Fort Worth, Texas, is member oriented and passionate about fighting to make sure every child has access to healthy meals. She is a champion for school nutrition programs, which is rooted in her admiration for her Aunt who is a cafeteria manager and inspired Jocelyn to enter the field. Join us as we sit down with Jocelyn, to learn more about her and her goals for the DPG this year.

---

---

## Jocelyn's Background



Jocelyn attended the University of Minnesota, majoring in Nutritional Sciences. She completed her dietetic internship at Baylor University Medical Center in Dallas, TX. She then completed her Masters Degree in Business Administration from Texas Woman's University.



After completing her internship, Jocelyn became the Nutrition Coordinator at Duncanville ISD, a suburb of Dallas. Today, Jocelyn is the Child Nutrition Programs Team Lead for Region 11 in Fort Worth.



---

## Inspiration from Family

When I asked Jocelyn what inspired to work in school nutrition or what led her down this path, she shared "My Aunt led me down this path! She was the cafeteria manager at my school growing up in MN and I lived with her and my uncle throughout my internship. I then followed them to TX. She was and still is the Central Kitchen Manager at Duncanville ISD CN and my biggest supporter!"



---

## Jocelyn's Current Position with Region 11

Jocelyn is the National School Lunch Program Content Specialist and Team Lead for Region 11. Region 11 is the intermediate between the state and department level. Due to the large size of Texas and its many schools, the State has training centers to support schools. Region 11 is the hub for all training in their territory, which consists of 10 counties and 100 schools. During our conversation, Jocelyn passionately expressed her love for her job.

## Goals for the DPG this Year

Jocelyn is very member oriented, therefore, her first response when asked what her goals are for the year was to "uplift and support members." Jocelyn emphasized the importance of continuing the momentum on virtual networking events, social media, sharing, and connecting. She also shared a few of the exciting, creative ideas that Executive Committee members have brewed (stay tuned!). Streamlining, prioritizing, and making those plans come to life will keep Jocelyn busy this year. She also shared that the DPG received a Diversity and Inclusion mini grant this year for webinars. The Executive Committee is excited to develop a series of webinars that will spotlight the diverse backgrounds of members and the populations who we serve.

When asked what she loves the most about the Academy, Jocelyn shared her appreciation for the science-based background and strategic approach that the academy takes across our profession as RDNS and NDTRs. "The SNS DPG, especially, is a wonderful school nutrition resource for RDNS and DTRS. Networking with other school nutrition professionals has been the biggest joy."

*Best of luck this year and thank you for all you do for our DPG, Jocelyn!*

