

Speakers' Bureau

Amanda is a Registered Dietitian Nutritionist in Austin, TX with over a decade of experience serving thousands of people across all stages of chronic kidney disease. She graduated with both her Bachelor and Master of Science in Nutritional Sciences from Texas Tech University.

As the owner of Relish Nutrition Therapy, she specializes in taking the most powerful, research-based medical nutrition therapy recommendations and practically implementing them into real life without sacrificing the joy of food. She regularly works with people who have felt like failures on diets and supports them in making lifelong changes in their health-promoting behaviors for the benefit of their kidney function. She believes a healthy diet starts with a healthy relationship with food and that everyone with kidney disease deserves access to quality care and support.

1. **Email Contact Amanda@relishnutritiontherapy.com**
2. **Areas of Expertise [Intuitive Eating, Disordered Eating, Renal Nutrition, CKD non-dialysis, CKD dialysis](#)**
3. **Location + Willingness to Travel [Austin, TX. Willing to discuss travel.](#)**
4. **Professional Links: (Instagram, Twitter, Facebook and/or website)**
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*** Please note that RPG does not specifically endorse any speaker on the Speaker's Bureau. Speakers are responsible for changes with any contact information or to be removed from the list by contacting volunteer@renalnutrition.org.*

