

# Renal Dietitians Practice Group Annual Report 2012-2013

## Renal Dietitians

a dietetic practice group of the  
**eat right.** Academy of Nutrition  
and Dietetics



## Overview

There were many things done in 2012 – 2013 to help improve the value of the Renal Dietitians Practice Group membership. Some of these things were visible, such as the zip-up fleeces the Executive Committee wore at FNCE 2012 to market RPG, or the inclusion of a patient education handout in every *Renal Nutrition Forum*. Some things were not as obvious, such as significantly investing in our website, increasing the number of positions on our Executive Committee (EC), or creating processes so everything produced by RPG is peer-reviewed and credible. Additionally, RPG renewed our commitment to registered dietitians or registered dietitian nutritionists in nephrology care by updating our mission, our five year strategic plan, and our guiding principles. RPG is committed to providing the resources our members need to succeed in the current nephrology environment.

### RPG Strategic Plan

**Mission:** Empowering members to be the nation's leaders in nephrology nutrition

**Vision:** RPG members are a valued source of expertise in nephrology nutrition.

#### Goals:

1. To be a premiere source of nephrology nutrition
  - a. Provide relevant clinical resources, valued initiatives and programs to engage a diverse membership
  - b. Enhance and promote the development of innovative resources for membership
  - c. Support members in professional development endeavors and career ladder progression
2. Adapt and respond to current and future societal trends impacting the nephrology community
  - a. Embrace new technologies for communication and education
  - b. Provide resources to encompass changing societal demographics and improve our membership's cultural and behavior change competencies

3. Promote advocacy of nephrology nutrition issues
  - a. Advocate for nephrology nutrition in legislative, regulatory, and reimbursement issues
  - b. Support research and resources impacting nephrology nutrition
  - c. Develop relationships with organizations to maximize collaborations on nephrology related concerns
  - d. Inform and engage our membership on public policy issues impacting nephrology

#### Membership:

- RPG membership remains stable with 2363 members
- Members received a calculator with the RPG logo, as a member incentive, if they renewed within 45 days of June 1, 2012.

#### Leadership:

- A leadership module benefit was offered to all RPG Executive Committee (EC) members. All RPG EC members were strongly recommended to take the NEW Academy leadership modules on [www.eatright.org](http://www.eatright.org) and were reimbursed if they received at least a score of 80%.

### Professional Development & Resources

#### Publications

- Membership includes subscription to the *Renal Nutrition Forum (RNF)*, a quarterly peer-reviewed publication.
- RPG, as part of the Academy, is an accredited provider of CPEUs by the Commission on Dietetic Registration. In 2012-2013, members received 10.5 free professional development and continuing professional education units (CPEU) through the *RNF*.

#### Electronic Communications

- Members receive regular e-blasts to help keep them up-to-date on current events impacting nephrology nutrition.

#### Web-site: [www.renalnutrition.org](http://www.renalnutrition.org)

- Along with RPG's efforts to remain current and up-to-date, RPG provides an in-depth

website, [www.renalnutrition.org](http://www.renalnutrition.org). The website offers a detailed calendar of events and information regarding nephrology nutrition and related issues.

- RPG's website is the portal for our members to access the complimentary CPEUs offered, CPEU online tracking, archived issues of *RNF*, access to the Professional Resource Center, webinars, patient education handouts, scholarship & stipend applications, and much, much more!

#### **Webinars-New in 2013! (Recorded)**

- In 2012-2013, RPG updated and revamped the webinars used to study for the CSR exam.
- Each new webinar offers 1 hr CPEU and provides a case study to help apply the clinical and practice principles provided in the webinar. The topics presented & recorded in 2013 include:
  - In-center Hemodialysis
  - MNT and Transplantation
  - Nutrition Support in Acute Kidney Injury Patients requiring Continuous Renal Replacement Therapy (CRRT)
  - PD and Home Therapies

#### **Professional Resource Center (PRC)**

RPG made significant resource investments in the PRC in 2012 – 2013.

These new resources include:

- *A Clinical Guide to Nutrition Care in Kidney Disease, 2ed*
- *ADA Pocket Guide to Lipid Disorders, Hypertension, Diabetes, and Weight Management (Updated 2012)*
- *CD-Rom Chronic Kidney Disease & MNT*
- *Inspiring and Supporting Behavior Change: A Food and Nutrition Professional's Counseling Guide*
- *Pocket Supermarket Guide, 4th Edition*
- *ADA Quick Guide to Drug-Supplement Interactions*
- *Cooking for David: A Culinary Dialysis Cookbook, Colman, Sara*
- *Nutrition Therapy for Chronic Kidney Disease, Thomas, Lynn K.*

- *Nutrition and Diagnosis-Related Care, Sylvia Escott-Stump MA RD LDN*
- *Sodium Girl's Limitless Low-Sodium Cookbook, Fong, Jessica Goldman*
- *The Kidney Friendly Diet Cookbook: Recipes For A PreDialysis Kidney Disease Lifestyle, Mathea Ford*
- *Renal Nutrition for the Dietitian. Hull, Allison*
- *Kidney Failure: Eat Right to Feel Right on Hemodialysis, Human Services, U.S. Department of Health and Condition*
- *American Heart Association Eat Less Salt: An Easy Action Plan for Finding and Reducing the Sodium Hidden in Your Diet, American Heart Association*
- *My Physician Guide to Kidney Stones, Sital, Linda*
- *ABC of Kidney Disease (ABC Series), Goldsmith, David*
- *Renal Nutrition Exam Flashcard Study System: Renal Nutrition Test Practice Questions & Review for the Renal Nutrition Exam, Renal Nutrition Exam Secrets Test Prep Team*

#### **Patient Education Handouts- New!**

RPG now includes a patient education handout in every issue of *RNF*. The handouts are written at a 6<sup>th</sup> grade reading level, are peer reviewed, and available in English and Spanish versions on the website. The new handouts offered in 2012-2013 include:

- Digestion
- A Low Purine Diet: Relief from Kidney Stones and Gout
- Achieving a Healthy Weight Goal

#### **FNCE 2012 Philadelphia, PA October 6 – 9, 2012 Spotlight Education Session**

- Is Phosphorus the New Transfat? Implications of Food Additives presented by Dr. Jeffrey Block, MD and Janeen León, MS, RD, LD

#### **Networking**

- RPG partnered with Dietetics in Health Care Communities (DHCC) for a combined Members' Reception Cruise aboard the Spirit of Philadelphia

### **Student Stipends:**

- Six students were awarded \$100 stipends on behalf of RPG

### **Awards**

RPG offers educational scholarships, research grants for the advancement of education, travel stipends for attending professional conferences, and an Outstanding Service Award for a practitioner making a significant difference and positive impact in nephrology nutrition.

### **Outstanding Service Award 2013 Awardee –**

Lesley McPhatter, MS, RD, CSR

- Awarded for her extensive publications, presentations, and other contributions to RPG and nephrology nutrition.
- Offered all-expenses-paid trip to the 2013 Food & Nutrition Conference & Expo (FNCE) in Houston, TX

**Conference/Meeting Stipends:** \$2,000 was awarded in total to five members for continuing education opportunities or conference expenses.

### **Scholarship and/or Research Grant:**

- Amy N Booi RD LDN CNSC was awarded \$1500
- Desiree de Waal was awarded \$500

### **Public Policy**

- Provided comments on legislation related to nutrition nephrology issues

### **Joint Projects**

### **National Kidney Foundation/Council of Renal Nutrition (CRN)**

- The 2<sup>nd</sup> revision of the *A Clinical Guide to Nutrition Care in Kidney Diseases* was completed and released in 2013.
  - Co-editors, authors, and reviewers were RPG members
- Proposal was accepted to revise and update the 2009 SOP/SOPP for Registered Dietitians in Nephrology Care with anticipated publication in September 2014

- Co-chair and task force members are RPG members

### **Quality Diabetes Care and Education (DCE) Practice Group**

- A joint project is underway between CDE and RPG to help create a CKD / DM Healthy Food Choices Guide. This is part of an effort to collaborate on projects for the growing population of patients faced with both Diabetes Mellitus and Chronic Kidney Disease.

### **American Kidney Fund (AKF)**

- RPG member appointed to help assist in the creation of a program to educate and promote use of Medicare's CKD reimbursement benefits with anticipated publication in 2013.

### **American Association of Kidney Patients (AAKP)**

- RPG provided reviewers for an AAKP Kidney Friendly Cookbook that was published in 2012. Collaboration continues between the two organizations.

### **Meetings with RPG Representation**

- RPG Executive Committee Transition Meeting
- The Academy's House of Delegates

### **RPG Donations/Support**

- The Academy's Research Toolkit
- The Academy's MNT Electronic Newsletters
- The Academy's Foundation

### **Industry Sponsors**

We thank the following sponsors for their support of RPG's *RNF* and/or RPG's website [www.renalnutrition.org](http://www.renalnutrition.org):

- Abbott Nutrition
- Fresenius
- VitaFlo
- Nutricia

### **Financial Outcomes**

Revenue: \$136,108

Expenses: \$137,579

## 2012 - 2013 Executive Committee

### Chair

Sarah Kruger, MS, RD, CSR

### Immediate Past Chair

Rachael R. Majorowicz, RD, LD

### Chair-Elect

Mary Kay Hensley, MS, RD, CSR

### Secretary

JoAnn Randazzo, MS, RD, CDN

### Treasurer

Stacey C. Phillips, MS, RD

### HOD Member

Pam Kent, MS, RD, CSR, LD

### RNF Lead Editors

Sara Erickson, RD, CSR, LDN, CNSC  
Amy Braglia Tarpey, MS, RD, CSR, CNSC

### RNF Co-Editors

Jackie Termont, RD  
Jackie Abels, MA, RD, LD

### RNF Advertising Editor

Emily Cutler, MS, RD, LDN

### Electronic Media Manager

Catherine Goeddeke-Merickel, MS, RD, LD

### Webinar Chair

Annamarie Rodriguez, RD, LD

### Social Media Chair

Sarah Coffin, MS, RD

### Nominating Committee Chair

Elizabeth Neumann, RD, LD

### Nominating Committee Members

Betty Parry Fisher, MS, RD  
Valarie Hannahs, MS, RD, LD

### Membership Outreach Chair

Nilima Desai, MPH, RD

### Awards & Scholarships

Sandy McDonald-Hangach, RD

### Professional Resource Center

#### Coordinator

Nadiya Lakhani, RD, LD

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Sarah Mott, MS, RD, LDN

### Reimbursement Chair

Jennifer Maida, RD

### Projects Chair

Meg McCartney, RD, LDN

### Website Reviewer

Erin Nelson, MPH, RD, LD

### Handouts Chair

Rita Milam, MA, RD, CSR, CDE, LD

### Kidney Friendly Food Shelf

Lindsey Zirker RD, LD

### iPad Subcommittee Chair

Melissa Prest, MS, RD, CSR, LD

### Academy Manager, DPG Relations

Susan DuPraw, MPH, RD