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| |  |  | | --- | --- | | Name | Lindsay Ducharme | | Credentials | RD, CSR, LDN | | Email | [lducharmerd@gmail.com](mailto:lducharmerd@gmail.com) | | Phone Number | (978) 328-2850 | | Address | 499 Whipple Rd, , Tewskbury, MA, 01876 | | Academy Number | 1055902 | | Professional Links | [https://www.lindsaynutrition.com](https://www.lindsaynutrition.com/) | | Specialties | CKD, dialysis, plant-based nutrition | | Insurance Accepted | Medicare, Allways, Blue Cross Blue Shield, Cigna, Harvard Pilgrim, Humana, United Health Care | | Availability by State | Telehealth only - licensed in Massachusetts, New Hampshire, Maine and Florida. Open to licensure in new states, reach out to see if we can work together! | | Services Offered and Modality | Telehealth only. Individual nutrition counseling. | | Professional Bio | Lindsay Ducharme has been a registered dietitian for 13 years. in 2014 she began working as a dietitian at a dialysis center and this is where her interested in renal nutrition blossomed. After spending 7 years providing nutrition care to those on dialysis she realized how powerful nutrition can be in preventing the decline in kidney function but unfortunately most of the people she worked with on dialysis were never given that option. In 2019 she decided to be a resource in her community to help slow the progression of kidney disease through nutrition and help people avoid the need for dialysis. | |