Name Anna Snyder

Credentials RDN CD

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Professional Links https://www.linkedin.com/in/anna-snyder-rdn/

https://www.instagram.com/mindyournutrition/

Specialties All stages of chronic kidney disease

Insurance Accepted None at this time; will provide a superbill for insurance reimbursement.

Availability by State Utah

Services Offered and

Professional Bio

Modality

Individual Nutrition Counseling via Telehealth, Private Home

Consulting for local clients only

Anna Snyder is a Registered Dietitian Nutritionist with the Commission on Dietetic Registration and is credentialed in the state of Utah. Anna has over 20 years of experience as a dietitian working in various healthcare settings. Her nutrition counseling skills and knowledge encompass diabetes, cardiovascular health, conventional and surgical weight management, eating disorders, and gastrointestinal disorders. In addition to her comprehensive nutrition counseling experience, Anna has worked in food management/service in which she oversaw daily menu operating systems, developed and modified menus and served as a consultant in food service and management processes.

Over the past 11 years Anna has been practicing as a Renal Dietitian providing nutrition counseling to incenter/home dialysis patients as well as a consulting Renal Dietitian to Nephrology Clinic providing Medical Nutrition Therapy counseling to non-dialysis patients in Utah County. In her private practice she works with clients who are diagnosed with various types of kidney diseases (all stages CKD, Kidney Stones, PKD) and concurrent chronic diseases (Diabetes, Hyperlipidemia, Overweight/Obesity). Anna's goal is to help you navigate through all the nutrition information, science and research to slow down and prevent the progression of kidney disease and achieve your wellness goals by providing simple and practical solutions. In addition, Anna incorporates and utilizes integrative and functional nutrition approach in managing health conditions.