

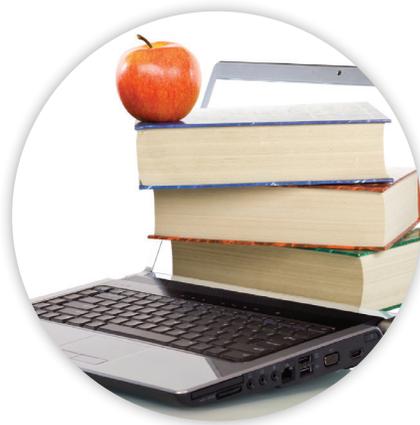
## Locate the Resources:

**Journal of the Academy of Nutrition and Dietetics**  
**Scope/Standards of Practice**  
June 2013 Supplement  
[www.eatrightPRO.org/scope](http://www.eatrightPRO.org/scope)

- Comprehensive Scope/Standards of Practice Resources for the Registered Dietitian Nutritionist
- Comprehensive Scope/Standards of Practice Resources for the Nutrition and Dietetics Technician, Registered

**Collection of Focus-Area Standards of Practice/Standards of Professional Performance**  
[www.eatrightPRO.org/sop](http://www.eatrightPRO.org/sop)

- Diabetes Care
- Oncology Nutrition
- Behavioral Health
- Nephrology Nutrition
- Pediatric Nutrition
- Nutrition Support
- Sports Nutrition and Dietetics
- Education of Dietetics Practitioners
- Management of Food and Nutrition Systems
- Disordered Eating and Eating Disorders
- Extended Care Settings
- Integrative and Functional Medicine
- Intellectual and Developmental Disabilities
- Clinical Nutrition Management
- Sustainable, Resilient and Healthy Food and Water Systems
- Adult Weight Management
- Public Health and Community Nutrition



**Academy Store**  
[www.eatrightSTORE.org](http://www.eatrightSTORE.org)

- Quality Management:
- Scope of Practice Decision Tool—includes the articles published in the *Journal*
  - Case Studies
  - Practice Tips
  - Consultative Services

**Definition of Terms**  
[www.eatrightPRO.org/scope](http://www.eatrightPRO.org/scope)

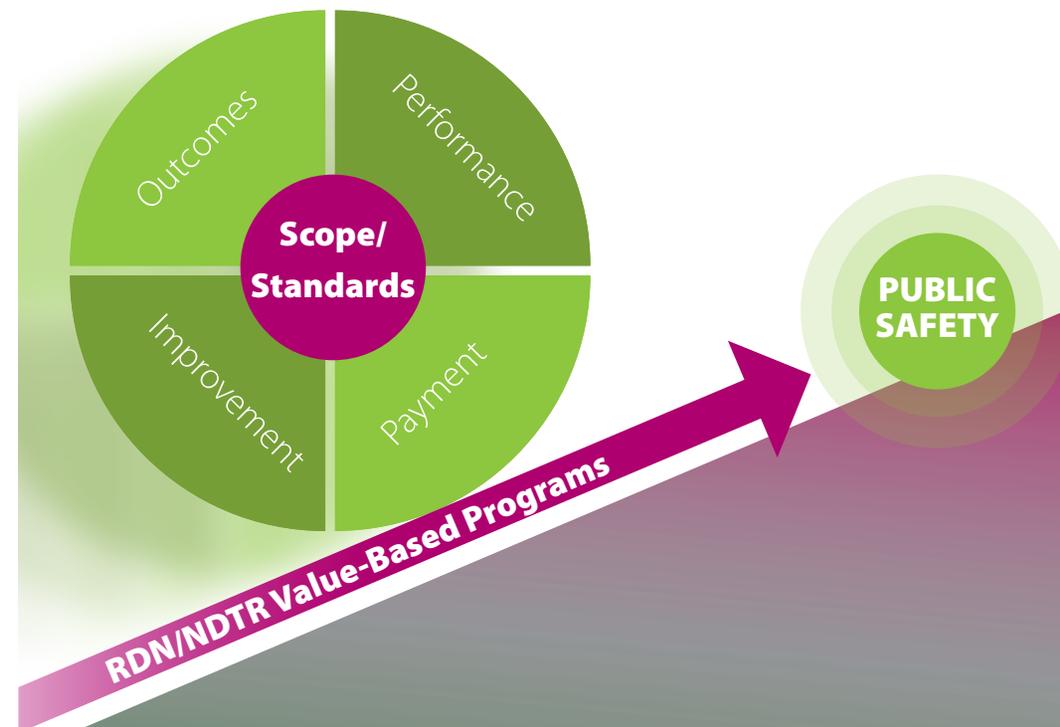
**Video Resources**  
**Learn about the Scope of Practice for the RDN and the NDTR**  
[www.eatrightPRO.org/scope](http://www.eatrightPRO.org/scope)

- PRACTITIONER: A Tool for Determining Competence and Advancing Practice
- EDUCATOR: What Educators and Students Need to Know

**Learn about the National Quality Strategy as it relates to dietetics**  
[www.eatrightPRO.org/qualitystrategies](http://www.eatrightPRO.org/qualitystrategies)

- Module I: Dietitians in Healthcare
- Module II: Impact on RDNs and NDTRs

# Scope/Standards of Practice for the Profession of Nutrition and Dietetics



**Realm of Quality:  
Moving Toward RDN/NDTR Excellence**

## Are You an RDN with Scope/Standards of Practice Questions About...

- Taking blood pressure?
- Writing patient diet orders, tube feeding orders or lab orders?
- Accepting verbal orders?
- An NDTR not working under the supervision of an RDN?
- An NDTR writing PES Statements?
- Co-signing in the medical records for NDTRs and support staff?

### If there is a new opportunity or change in job functions, do you have questions such as:

- Am I competent to practice in this focus area?
- Do I need to have special credentials to educate on insulin injection?
- How many years of experience do I need to work in Nephrology?
- How do I demonstrate and document my competence?

The Academy has valuable resources to aid RDNs and NDTRs in assessing their individual scope of practice and, if applicable, statutory scope of practice. The Comprehensive Scope of Practice Resources provide minimum standards and tools for demonstrating competence and safe practice, and are used collectively to guide an RDN's performance and advancement in nutrition and dietetics practice.



## Comprehensive Scope/Standards of Practice Resources Include:

**Scope of Practice in Nutrition and Dietetics** provides an overview describing components of scope of practice in nutrition and dietetics and assists with RDN and NDTR scope of practice decision making.

**Scope of Practice for the Registered Dietitian Nutritionist** describes the roles and activities within which the RDN performs. For RDNs, scope of practice focuses on food and nutrition and related services developed, directed, and provided by RDNs to protect the public, community and populations, enhance health and well-being of patients/clients, and deliver quality products, programs, and services including Medical Nutrition Therapy.

**Standards of Practice in Nutrition Care and Standards of Professional Performance for Registered Dietitian Nutritionists** reflect the minimum competent level of nutrition and dietetics practice and professional performance for RDNs. The Standards of Practice in Nutrition Care and Standards of Professional Performance provide a rationale for the RDN standards, detail quality indicators and review the role delineation and relationship between the RDN and NDTR.

**Scope of Practice for the Nutrition and Dietetics Technician, Registered** describes the roles and activities within which the NDTR performs. For NDTRs, scope of practice focuses on food and nutrition and related services provided by NDTRs who work under the supervision of an RDN when in direct patient/client nutrition care, and who may work independently in providing general nutrition education to healthy populations, consulting to food service business and industry, conducting nutrient analysis, data collection and research, and managing food and nutrition services in a variety of settings.

**Standards of Practice in Nutrition Care and Standards of Professional Performance for Nutrition and Dietetics Technicians, Registered** reflect the minimum competent level of nutrition and dietetics practice and professional performance for NDTRs. The Standards of Practice in Nutrition Care and Standards of Professional Performance provide a rationale for the NDTR standards, detail quality indicators and review the relationship between the RDN and NDTR.

**Scope of Practice Decision Tool** is an online, interactive tool that permits an RDN or NDTR to answer a series of questions to determine if a particular activity is within his or her scope of practice.

**Definition of Terms** is a list of definitions that are broad based, have implications for use across the nutrition and dietetics profession, and are consistent with the regulatory and legal needs of the profession.