

Name	Allison Beach MS, RD, CSR, LD
Email	contact@allisonbeachrd.com
Phone Number	(469) 892-8518
Address	Telehealth Only (TX)
Professional Links	www.allisonbeachrd.com/book-now
Specialties	Chronic Kidney Disease / Renal Nutrition, Diabetes, Heart Disease, Hypertension, General Health and Wellness
Insurance Accepted	FSA/HSA, Private Pay, Superbill for Reimbursement (available upon request)
Availability by State	Texas
Services Offered and Modality	Telehealth, One-on-One Nutrition Counseling. Packages and Payment Plans available.
Professional Bio	Allison Beach owns a private practice and is a Certified Specialist in Renal Nutrition (CSR). She specializes in chronic kidney disease, diabetes, and wellness/weight-management. She has 5 years' experience in dialysis with Davita Kidney Care, prior to starting her practice. No matter what diagnosis you may have received, whether it's chronic kidney disease, diabetes, or even just the need to lose weight, this does not ever define who you are. Food is meant to be enjoyed, and I am excited to help you find this freedom! Despite unpopular belief, she believes that carbs are not the enemy (even with diabetes), and that all foods can fit into a healthy eating pattern. Allison utilizes motivational interviewing to ensure counseling remains client-centered, and to help you achieve your personal goals. During our time together we can discuss the many methods to measure success besides weight, which she likes to call non-scale victories.