

All RDNs and NDTRs use nutrition informatics.

Some make it their primary practice area.

TERMS TO KNOW:

Interoperability:

Systems connecting to each other and sharing information.

Big data:

Very large amounts of data, growing at super fast speeds, and of increasing types (3 V's = volume, velocity, and variety).

Clinical decision support:

technology that gives a provider a helping hand with diagnosis or treatment.

NUTRITION INFORMATICS 101

The intersection of nutrition, information, and technology.



Part of health informatics, applications of tools and information systems in healthcare.

IMPACT:

- Quality improvement
- Better outcomes
- Cost savings & transparency



AREAS:

- Business
- Clinical
- Consumer health
- Education
- Food service
- Policy
- Public health
- Research

REFERENCES:

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- eatrightpro.org/-/media/eatrightpro-files/practice/position-and-practice-papers/position-papers/2019-119-8-1375_informaticspp_final.pdf



RESOURCES:

www.amia.org
www.andhii.org
www.himss.org
www.healthit.gov
www.cms.gov