## Natalie Ledesma, MS, RDN, CSO, CLT San Francisco, California natalie.ledesma@ucsf.edu



With over 20 years of experience as a registered dietitian nutritionist, Natalie is a well-seasoned practitioner. A board-certified specialist in oncology nutrition, Natalie is the clinical nutrition specialist at Smith Integrative Oncology in San Francisco and the founding dietitian for the nutrition program at the University of California, San Francisco Helen Diller Family Comprehensive Cancer Center.

Natalie serves as a consultant and speaker for Digestive Care, Inc. As a member of the Lilly Lecture Bureau Faculty, Natalie regularly presents to health care practitioners on Nutritional Counseling in Oncology Care. She is a certified LEAP therapist who helps manage adverse food reactions with an emphasis on food sensitivities. Natalie provides nutrition counseling and frequently presents nationally on various cancer and integrative health focused nutrition topics. She has taught

college courses and cooking classes, and has been extensively involved in community outreach involvement.

Natalie is highly regarded in her industry and is often sought out for her expert opinion. She has been interviewed by The New York Times, NBC, Fortune magazine, Cure magazine, MAMM magazine, Runner's World, and the San Francisco Chronicle. Recent publications include *Oncology Nutrition for Clinical Practice* (co-editor and author), *Health & Wellness: Living with Prostate Cancer* for the Prostate Cancer Foundation, and nutrition chapters in *Clinical Nutrition for Oncology Patients*, *Everyone's Guide to Cancer Therapy, Everyone's Guide to Cancer Survivorship, Nutritional Issues in Cancer Care*, and *Supportive Cancer Care: The Complete Guide for Patients and their Families*.