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# Mastering NIH Grant Proposal Preparation

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# Introductions: Presenters

## **Brooke Ha**

Associate Director, Pre-Award  
Office of Sponsored Programs  
University of Arkansas



## **Janet Stoeckert**

Senior Director, Research Administration  
Keck School of Medicine  
University of Southern California



# Introductions: Participants

## What is your NIH proposal experience?

- a) New to NIH proposal submissions
- b) Some experience
- c) Used to submit NIH proposals & need a refresher



# Learning Objectives

**1**

## Key Components

- Understand the key components of NIH grant mechanisms & policies to effectively guide faculty through the pre-award & submission process.

**2**

## Best Practices

- Learn best practices in budget development, compliance checks, & post-submission support to improve NIH proposal success rates & streamline administrative workflows.

# Topics



NIH Grant Mechanisms and Policies



Pre-Award Best Practices for NIH Grants



NIH Submission Strategies & Avoiding Common Pitfalls



Post-Submission & Resubmission Support



Discussion: Q&A



# Key NIH funding Mechanisms/Activities

- Research and Development (R)
- Training (T)
- Fellowships (F)
- Career Development (K)
- Centers (P)
- Cooperative Agreements (U)



# Notice of Funding Opportunity (NOFO)

- RFA-Request for Application (Solicited – Usually a Grant)
- RFP-Request for Proposal (Solicited – Contract/Service)
- PA-Program Announcement (Ongoing Program/Activity)
- PA-Parent Announcement – Unsolicited

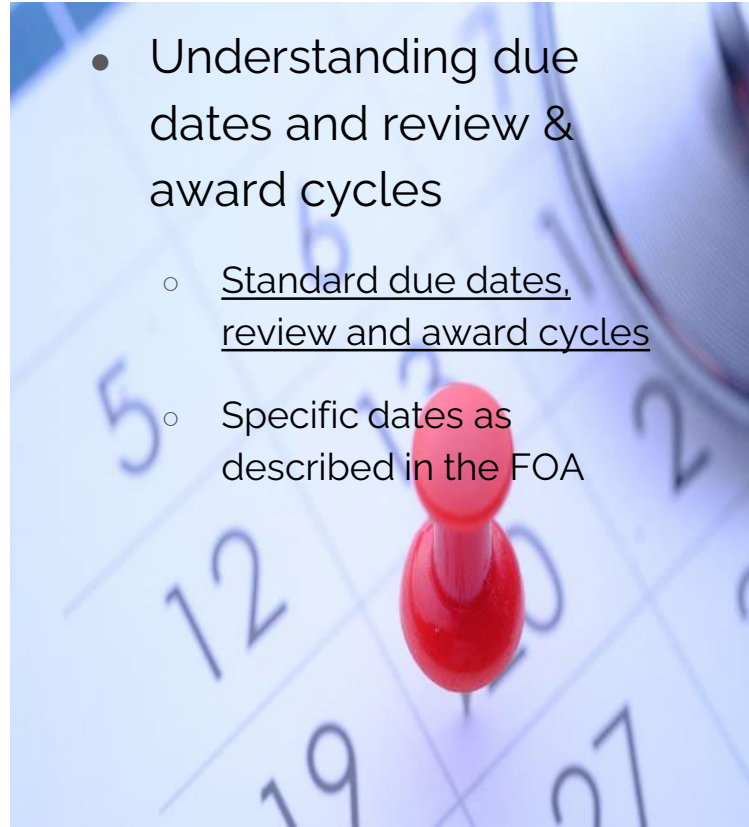




# Eligibility & Due Dates

- Determining PI and Institutional Eligibility
  - What is the sponsor's requirement for PI eligibility?
  - What is your institutional policy on PI Eligibility?
  - Does the NOFO limit the number of submissions?

- Understanding due dates and review & award cycles
  - Standard due dates, review and award cycles
  - Specific dates as described in the FOA







# Letters of Intent & Pre-Proposals

- LOI
  - Optional or Required
  - Assists NIH determine reviewers
- Pre-Proposal
  - More detailed to gauge interest of sponsor
  - Formal proposals are invited



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# “Ask Early, Ask Often”

- **Ask the Principal Investigator:**

- Will this be a Multi-PI submission?
- Are there subaward(s)?
- Will there be consultant(s)?
- Is there an equipment request?



- **Establish Early Internal Deadlines**

- Set deadlines for subaward(s) and/or consultant(s) to allow time to integrate material
- Allow time to collect vendor quotes



# Follow the Instructions!

- Adhere to all page limits & formatting
- Do not include hyperlinks or URLs unless specifically allowed in FOA
- Ensure that all requested sections requested are included





# Create a Checklist

- Research Plan/Scientific Narrative
- Introduction
- Specific Aims
- Research Strategy
- Human, Clinical, Animal, Select Agents
- Letters of Support, Reference Letters
- Resource Sharing
- Budget and Budget Justification
- Biographical Sketches
- Bibliography/References Cited
- Cover Letter/PHS Assignment Request Form
- Appendices
- Other? Click on all links in the FOA



# Budget Considerations

- **Are There Budget Limitations and/or Caps?**
  - **Total Project Cap**
  - **Direct Cost Cap**
  - **NIH Salary Cap: \$221,900 (\$225,700 pending NIH Approval)**
- **Type of Budget: Modular vs. Detailed**
  - **See Prior Approval to Exceed \$500K in Direct Costs per grant year**



# Budget Considerations cont.

Follow the Cost Principles





# Budget Considerations cont.



***Allowable*** - Must conform to sponsor regulations

- Eligible for reimbursement by the sponsor
- May be an appropriate institutional expense but not allowable on a sponsored project

***Allocable*** - Necessary to advance project aims

- Directly benefits the project
- Assignable or chargeable to one or more cost objectives
- NOT determined by fund availability





# Budget Considerations cont.



***Reasonable*** - What a “prudent person” would pay in like circumstances

***Treated Consistently*** - Similar costs should be treated the same in similar circumstances

- Inflationary increases across cost categories
- Consistent treatment across grant years unless there is an extenuating reason (budget justification)



# Budget Considerations cont.

- **Direct Costs**

- Identified specifically with a particular sponsored agreement and incurred to advance the work under that sponsored agreement
- Assigned to a sponsored agreement with relative ease and a high degree of accuracy

- **F&A (Indirect Costs/Overhead)**

- Benefits common or joint research activities
- Cannot readily be identified with a particular sponsored agreement
- Cannot be proportioned to benefit a group of sponsored agreements with relative ease or a high degree of accuracy



# Budget Considerations cont.

- F&A Rates
  - Negotiated with the Federal government
  - De Minimis (15%)
- Indirect cost types
  - MTDC, TDC, Salary & Wages
- Typical activity types
  - Organized research
  - Instruction
  - Other sponsored activities (service)
  - On-campus vs. Off-campus
- Applicable to all proposal unless sponsor instructs on a different rate
  - Fellowship and Equipment (0%)
  - Training (8%)





# Direct Cost Categories

Indirect Bearing*	Not Indirect Bearing*
Salaries & Wages, Fringe Benefits	Capital Equipment
Materials & Supplies	Subawards
Human/Animal Subjects	Renovations
Consultants	Leases
Travel	Patient Care Costs
Recharge fees	Tuition
Subawards up to \$25K**	Subawards over \$25K**

\*For Modified Total Indirect Cost (MTDC) calculations

\*\* Depending on NICRA



# Budget Justification



- Provides a more detailed breakdown of proposed spending in each category as well as a justification supporting the numbers provided in each budget category
- Explains:
  - why each cost is essential to performing project
  - how project costs were estimated
  - any special circumstances applicable to the project
- Helpful in audit and in post-award



# Pre-Award Best Practices - Summary



# Topics



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Discussion: Q&A



# Institutional Routing, Review, & Approvals

Ensure proper routing for internal approvals **before** submission deadline.

1. Internal Deadlines
2. Budget Accuracy & Compliance
3. Personnel Effort & Cost Share Commitments
4. COI & Compliance Certifications







# System Checks & Troubleshooting Errors

## 1) ASSIST

- Use ASSIST's built-in validation check throughout the proposal preparation.

## 2) Grants.gov

- Always download the application package directly from the NIH FOA page to avoid outdated forms.
- Monitor the submission status to confirm handoff to eRA Commons occurs (within 24 hours typically).





# System Checks & Troubleshooting Errors cont.

## 3) eRA Commons

- Double-check all personnel eRA Commons credentials before initiating the application.

## 4) System to System

- Manually review the PDF generated by the S2S system for formatting/missing data.





# Meeting NIH Requirements

- [Current Form](#), [Page Limits](#), & [Formats](#)
  - Margins: 0.5 inch minimum
- Biosketch
  - May 25, 2025 – SciENCv
- Facilities & Other Resources and Equipment
- Human Subjects/Vertebrate Animals

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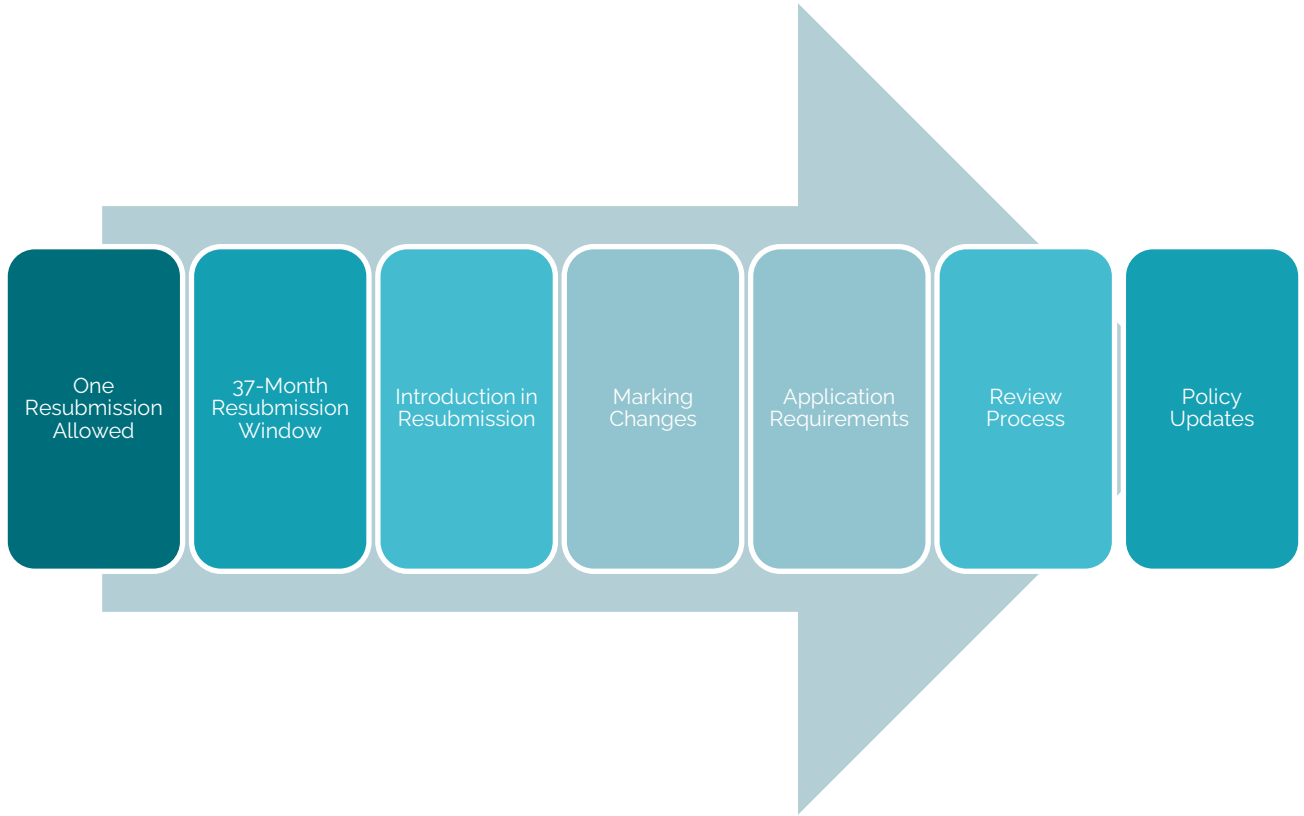
# Post-Submission Materials



- Send to SRO **at least 30 days before** scheduled review meeting
- Must be submitted by the AOR
  - Publication
  - Patent
  - Video
  - Etc.



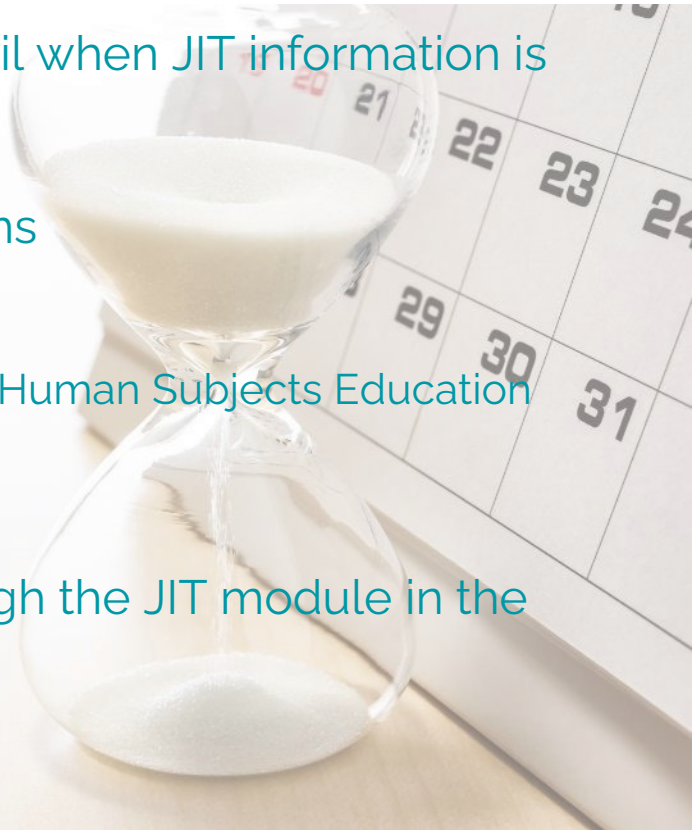
# Resubmission: Things to Consider





# Just-in-Time (JIT)

- Notified primarily by email when JIT information is required.
- Common Requested Items
  1. Other Support
  2. IRB Approval including Human Subjects Education
  3. IACUC Approval
  4. Etc.
- Must be submitted through the JIT module in the eRA Commons.



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# Open Discussion: Q & A



# Helpful Resources & Links

- NIH websites:
  - <https://grants.nih.gov/grants-process>
  - <https://grants.nih.gov/policy-and-compliance/nihgps>
  - [https://www.era.nih.gov/files/Deciphering\\_NIH\\_Application.pdf](https://www.era.nih.gov/files/Deciphering_NIH_Application.pdf)
- Other Academic Institution websites (private, state, etc.)

# Thank you!

## Contact Information

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