"Lower than Low"-Volume Institutional Review Boards:

Lessening Challenges and Managing Risk

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Low-Volume IRBs and Supporting Offices

Low-Volume IRBs - IRBs that conduct less than 125 annual reviews and are typically housed in community-focused organizations lacking a research culture.

Laramie County Community College

Less than 25 reviews per year

Multiple stakeholders (research pool, research subjects, researchers, institutional offices, funder, regulators, community)

Diversity and variety of protocols

Growing research culture and increasing number of researchexperienced employees

Staff with multiple roles

Roles with little redundancy

Low-Volume IRBs and Supporting Offices

University of Central Missouri

156 approvals in FY14

28% from Psychology department

Approximately a dozen reports of IRB Noncompliance in 5 years

Multiple stakeholders (research pool, research subjects, researchers, institutional offices, and regulators)

Diversity and variety of protocols

P&T pressure to publish

Presentation Objectives

Understand the risks faced by Low-Volume IRBs and their applicability to campus processes and practices.

(1) review too much, too quickly, with too little expertise, (2) minimal continuing review of approved research, (3) conflicts that threaten their independence, (4) little training for investigators and board members, and (5) little attention to evaluating IRB effectiveness

Develop an understanding of frameworks that can be used when implementing IRB process improvements.

Institutional processes and individual-level behavioral change interventions to align and comply with all of the laws, regulations, restrictions, policies, procedures, professional standards and established processes.

Ethical Framework: Nuffield Council on Bioethics

Risk

- Vulnerable Groups
- Precaution and Proportion
- Economic Benefits

Balancing

Behavior Change

Stakeholders

Intervention ladder

Choice

Local Context Will Always Matter

In the historical context of IRB review in the United States, there traditionally has been great tolerance for diversity of opinion among local IRBs, which have been encouraged to exercise their freedom to reach decisions based on local circumstances and preferences.

Local Context Will Always Matter

Because the research environment – at least in these sorts of studies – has drastically changed, and significant differences among sites and local subject populations can remain, SACHRP recommends that FDA and OHRP develop unified guidance that facilitates single IRB review, and assures adequate consideration of material local differences, for studies in which a common study design and unified review will tend to yield better science and greater subject safety.

SACHRP Attachment A: Consideration of Local Context with Respect to Increasing Use of Single IRB Review

Local Context Will Always Matter

...but material local variations must continue to be recognized and accommodated in study design and conduct.

Risk Assessment

		Impact				
		Insignificant	Minor	Moderate	Major	Severe
	Certain	Moderate	High	High	Extreme	Extreme
Likelihood	Likely	Moderate	Moderate	High	Extreme	Extreme
	Possible	Low	Moderate	Moderate	High	Extreme
	Unlikely	Low	Moderate	Moderate	Moderate	High
	Rare	Low	Low	Moderate	Moderate	High

LCCC (and UCM) IRB Review Risk Assessment

Challenges Facing Institutional Review Boards, Brown, Varmus and Friedman (oei-01-97-00194): (1) review too much, too quickly, with too little expertise

Score	Volume/Review Period	Туре	Turnaround Pressure	Human Subjects IRB Expertise
1	None	Exempt	Minimal	Extensive
			> 7 working days	Led an IRB
				> 3 years' experience on an IRB
2	Minimal	Limited	Manageable	Strong
	1-2 protocols		5-7 working days	IRB training
				Served on an IRB
				Conducted multiple research studies
3	Moderate	Expedited	Firm	Moderate
	3-4 protocols		3-4 working days	HS training
				Conducted study as a researcher
4	Heavy	Full	Tight	Some
	5-6 protocols		1-2 working days	HS training
				Conducted study as a student
5	Crushing	Full & Complex	Suffocating	None
	7+ protocols		Now	

LCCC IRB Review Risk Assessment

Concerns of IRB reviewers:

Score	Integrity of the researcher	Minimal Risk	Anonymity of the subjects	Security of the data	Vulnerable Group Issu Identified and Underst
1	Full confidence Extensive training and experience	Full confidence Well explained	Full confidence No Identifiers collected	Full confidence Extensive researcher training and experience Handling well explained	Full confidence Well explained
2	Strong confidence Ample training and experience	Strong confidence Sufficient explanation	Strong confidence Limited, broad identifiers collected	Strong confidence Ample researcher training and experience Handling sufficiently explained	Strong confidence Sufficient explanation
3	Moderate confidence Some training and experience	Moderate confidence Some explanation	Moderate confidence Limited identifiers collected	Moderate confidence Some researcher training and experience Some explanation of handling	Moderate confidence Some explanation
4	Minimal confidence Little training and experience	Minimal confidence Little explanation	Low confidence Identifiers collected	Minimal confidence Little researcher training and experience Insufficient explanation of handling	Minimal confidence Little explanation
5	Unable to discern	Unable to discern	Protections Needed Significant personal information collected	Unable to discern	Unable to discern

IRB Review Process Improvements



Asking Effective Process Discovery Questions the process consultant.com

Managing Risk Precaution and Proportion

Align policies and processes for risk appetite, regulations, and ethics:

- Risk avoidance
- Risk limitation
- Risk transference
- Risk acceptance

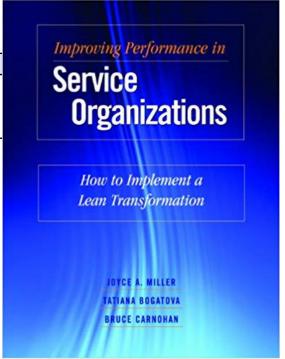
System Processes and Behavioral Change

- Know and build from existing:
 - norms
 - attitudes
 - intentions
 - cues to action/triggers
- Prepare for negative reactance to new expectations

Ajzen, I. (1991). The Theory of Planned Behavior. *Organizational Behavior and Human Decision Processes, 50, 179-211.*Brehm, J. W., & Brehm, S. S. (1981). *Psychological reactance: A theory of freedom and control. San Diego, CA*: Academic Press.

Process Improvement Questions SWOT and Check Sheets

Strengths	Opportunities	
Division of Institutional Effectiveness Sponsored Awards and Compliance	Common Rule Multiple Roles and Committee Service	
Weaknesses	Threats	
"Fossilized" process	Low Regulatory Awareness Low Volume of Reviews	



Re-Designing the LCCC Request for IRB Review Form

- 1) Design process to educate and leverage individual choice:
- Change the external circumstances making compliant choices easier to make
- Improve individual's capacity to make compliant choices
- 2) Design process to increase clarity of, and confidence in, information reviewed by the IRB

Laramie County Community College Research Study Application for Permission to use Human Subjects in Research Form (Final 2009)

LARAMIE COUNTY COMMUNITY COLLEGE INSTITUTIONAL REVIEW BOARD RESEARCH STUDY APPLICATION FOR PERMISSION TO USE HUMAN SUBJECTS IN RESEARCH Please type responses. Do not leave any item blank.				
	r required explanations and descriptions			
Principal Investigator(s)(PI):				
Attach curriculum vitae if not a full-time LCCC empl	oyee.			
Phone:	Date:			
Department:				
Institution:				
LCCC Sponsor (required if principal investigator is not	ta full-time LCCC employee):			
Title of Research Project:				
Please check purpose of project:Class AssignmentMaster's ThesisDoctoral DissertationLCCC Research				
Other (please explain):				
Please check the type of review being requested:ExemptExpeditedFull				
If requesting Exempt Review or Expedited Review, attach an explanation which includes justification using the definitions found in Section VIII of the LCCC IRB Human Subjects Research Manual.				
Where will work be done?				
When will the research begin? When will the research end?				

	CHECKLIST FOR RESEARCHER Please check the appropriate column.				
YES	ES NO GENERAL ISSUES				
		Are federal funds involved? If yes, sponsor's name:			
		2. Are other external funds? If yes, sponsor's name:			
	3. Is this application a renewal application for same research done one or more years ago and previously approved by this committee?				
	4. Do you have				
	a. any vested interest in any commercial enterprise associated with any aspect of the protocol?				
	b. any other conflict of interest?				
	Explanation required if the answer to either 4a or 4b is YES; use the EXPLANATIONS section of this application to fully explain and identify the safeguards taken to prevent investigator bias in subject recruitment and/or the consent process.				
	5. Will this project require the supervision of a physician? (Explanation required if YES; use the EXPLANATIONS section of this application.)				

		CHECKLIST FOR RESEARCHER Please check the appropriate column.					
YES							
	6. Has the selection of subjects been equitable, with particular recognition of the special problems o research involving vulnerable populations such as pregnant women, children, prisoners, mentally or physically disabled persons, or economically or educationally disadvantaged persons? (Explanation required if NO; use the EXPLANATIONS section of this application.)						
		7. Will the research impact any members of vulnerable populations such as pregnant women, children, prisoners, mentally or physically disabled persons, or economically or educationally disadvantaged persons? (Explanation required if YES; use the PROTOCOL OF RESEARCH PROJECT Safety Measures section of this application.)					
YES	NO	N/A CLASS ASSIGNMENT ISSUES					
		8. Have the subjects been given a choice of the following: participate or do an equitable alternative assignment (i.e., book review, paper, etc.)? (Explanation required; use the EXPLANATIONS section of this application.)					
	 Have the subjects been offered an incentive (such as money, extra credit for the class, etc.) to participate in the research? (Explanation required if YES; use the EXPLANATIONS section of this application.) 						
		10. Will this research be conducted during regularly scheduled class time? (Explanation required if YES; use the EXPLANATIONS section of this application.)					
YES	NO	INFORMED CONSENT/ASSENT ISSUES A copy of the informed consent form must be attached to this application.					
		11. Will each subject, prior to the research, indicate informed consent/assent to participate by completing and signing a written form which includes:					
		a. A description of the potential risks to the subjects including physical, psychological, emotional social or spiritual well being? (Explanation required if NO; use the EXPLANATIONS section of this application.)					
		 b. A description of how the personal privacy of the subject will be protected? (Explanation required if NO; use the EXPLANATIONS section of this application.) 					
		c. A description of any incentives for the subjects and restrictions for receiving such incentives (Explanation required if NO; use the EXPLANATIONS section of this application.)					
		d. An indication that the subjects' participation is entirely voluntary and that they may withdraw at anytime? (Explanation required if NO; use the EXPLANATIONS section of this application.)					
		e. A description of any debriefing that will be made available to the subjects? (Explanation required if NO; use the EXPLANATIONS section of this application.)					

Laramie County Community College Research Study Application for Permission to use Human Subjects in Research Form (Final 2009) - continued

Project Description: Provide the following information: brief description of research methods, time required for

single session, number of sessions, psychological or medical methods to be used, and research objectives or hypothesis(ses); if a survey instrument or other interview protocol is to be used, please attach a copy, Specifically address any proposed coercion or deception in the study design, including the rationale for such

SUMMARY OF RESEARCH STUDY PROTOCOL

Number of Subjects:	Age of Subjects:	Over 18	Under 18
	If under 18, indicat	te how parental co	onsent will be obtained:

Safety Measures: Outline specific safety controls.

- · If applicable, indicate what OSHA requirements will be observed.
- · If applicable, indicate what universal standards will be observed.
- If subjects may be pregnant women, children, prisoners, or mentally or physically disabled persons, indicate special precautions that will be observed.
- If physician's attendance is necessary, explain why

Physician's Name and Contact Information (If Physician's attendance is necessary):

ATTACH THE COMPLETE RESEARCH STUDY PROTOCOL TO THIS APPLICATION.

REQUIRED EXPLANATIONS FOR CHECKLIST RESPONSES

Clearly indicate the item reference for each explanation.

REQUIRED SIGNATURES

I have read the LCCC IRB Human Subjects Research Manual and I certify that

- my proposed research study is in conformity with college policy, and
- I have completed the web-based training course offered by the National Institutes of Health [see http://phrp.nihtraining.com/users/login.php?l=3] within the past three years. (Attach a copy of your most recent training certificate of completion if it is not already on file in the LCCC IR Office.)

Principal Investigator		Date
Attending Physician (if appl	icable)	Date
Other Sponsoring Agency (ij	fapplicable)	Date
	LCCC Supporting Signa	tures
	uals agree that they support the pr sistent with the mission, vision, and	oposed research study and that the study values of the college.
		Ü
LCCC Sponsor (if applicable	(e)	Date
Division Dean or Departme		
•		
Vice President		Date
	DISPOSITION BY LCC	CIRB
Exempt	Expedited Review	Full Review
Approved	Disapproved	
Continuing Review R	equired	
Next scheduled review is_	or upon completion of the	ne study, whichever comes first.
Chair's Signature		Date

Process Discovery Questions in Action

Principal Investigator(s) (PI):			
Attach <mark>curriculum vitae</mark> if not a full-time LCCC employee.			
LCCC Sponsor (required if principal investigator is not a full-time LCCC employee):			
Title of Research Project:			
Please check purpose of project:Class AssignmentMaster's ThesisDoctoral DissertationCCC ResearchOther (please explain):			
Please check the type of review being requested:ExemptExpeditedFull			
If requesting Exempt Review or Expedited Review, attach an explanation which includes justification using the definitions found in Section VIII of the LCCC IRB Human Subjects Research Manual.			

Researcher Qualifications

Human Subject Research Training:

Provide copies of certificates of training

Prior Research Study Experience:

Describe studies and your role

	research	project
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Reason for □ LCCC employee research project to meet degree requirements at external institution IRB review □ Non-LCCC employee seeking access to LCCC students/employees as research subjects

request:

Other (please describe)

LCCC Sponsor Name:

An LCCC research study sponsor required for all research studies conducted by non-LCCC employees or students and for all LCCC students, this person will be responsible for supervision of the project, compliance with the approved protocol, and ensuring all reporting is met.

Sponsor Signature:

D. Level of review requested

1) Exempt from full review

To qualify for this level of review, the research must not be greater than minimal risk* and must fall into one or more of the exemption categories.

Minimal risk is defined by the federal regulations as the probability and magnitude of physical or psychological harm that is normally encountered in the daily lives, or in the routine medical, dental, or psychological examination of healthy persons.

☐ Minimal risk met (must be met to proceed) Explanation:

D. Level of review requested (cont.)

Select research study exemption category:

- □ a) Research conducted in established or commonly accepted educational settings, involving normal educational practices, *such as*:
 - i) research on regular and special education instructional strategies, or
 - ii) research on the effectiveness of or the comparison among instructional techniques, curricula, or classroom management methods.

Note: Conducting a study <u>in</u> an educational setting does not necessarily <u>involve</u> normal educational practice. Such studies may need further review, particularly if the studied practice is not ongoing (i.e. a one-time intervention) or when the questions or subject matter goes beyond the scope of the educational practice being studied.

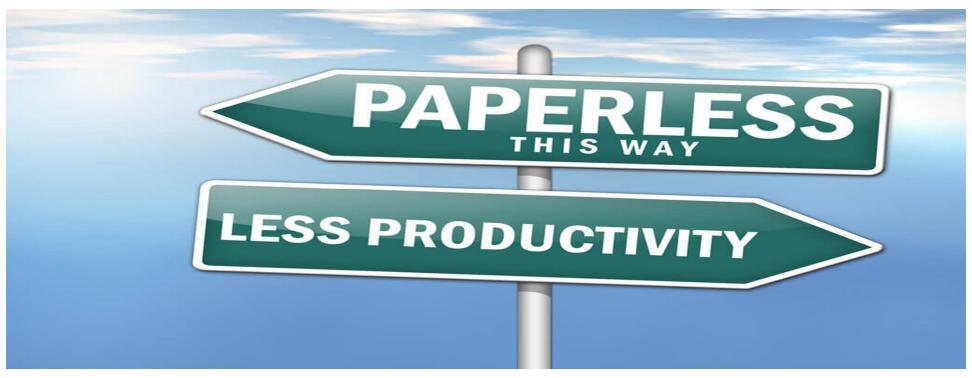
- D. Level of review requested (cont.)
 - □ b) Research involving the use of educational tests (cognitive, diagnostic, aptitude, achievement), survey procedures, interview procedures or observation of public behavior, *unless*:
 - i) the information obtained is recorded in such a manner that human participants can be identified, directly or through identifiers linked to the participants; **and**
 - ii) any disclosure of the human participants' responses outside the research could reasonably place the participants at risk of criminal or civil liability or be damaging to the participants' financial standing, employability, or reputation.

Note: Survey and interview techniques which include minors are not exempt. Reminder: LCCC enrolls students who are younger than 18 – therefore surveys of LCCC students could reasonably include minors.

- D. Level of review requested (cont.)
 - □ c) Research, involving the collection or study of existing data, documents, records, pathological specimens, or diagnostic specimens, if these sources are *publicly available* or if the information is recorded by the original investigator in such a manner that participants cannot be identified directly or through identifiers linked to the participants.

Note: The original collection must be unrelated to the proposed study.

☐ d) Other Category from 45 CFR 46



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- Vp dodlqvwlwxwlrqvdduhth{sorulqj#Euhdwlyhtdowhuqdwlyhvtwr# wkhth0surwrfrdtwdqgdug

Economic Benefit

Cost comparisons

- 1. Blackboard: Mike Jeffries, administrator of UCM's Blackboard services, reports the cost of using Bb community modules is essentially free to the IRB. The cost for the community module is estimated at \$50,000 but must be used in conjunction with the course delivery system. Another option small institutions may consider is the free use of CourseSites by Blackboard which may be accessed at https://www.coursesites.com. Although use is limited, it may provide those institutions that are interested another alternative for IRB operations."
- 2. IRB Electronic Management Services: IRBNet Collaborate Contract includes unlimited number of users associated with our institution. The annual fee for our institution was quoted at \$6,600.00 (USD).
- 3. External Reviews: Examples of fees that are charged for review of human research that is financially sponsored by industry or based at other institutions.

Mount Sinai School of Medicine

- Initial Reviews \$2,500
- Continuation Reviews \$1200
- · Modification Reviews \$500
- External IRB Review One Time Administrative Fee \$575
 Retrieved from http://icahn.mssm.edu/research/resources/program-for-the protection-of-human-subjects/researchers-palette/irb-review-fees

Seattle Children's

- Initial, Full Board Review: \$1,500
- Renewal, Full Board*: \$700
- Expedited Review or Exempt, Initial: \$300
- Modification, Subcommittee: \$250
- · Modification, Full Board: \$750

Retrieved from IRB fee policy http://www.seattlechildrens.org/research/support-services/institutional-review-board/forms-and-policies/policies/





Start Here



Institutional Review Board

The UCM Institutional Review Board reviews research applications and proposals involving human subjects to ensure the rights of the subjects are not violated and that the research conforms to the Code of Federal Regulations.

The Institutional Review Board meets every other Friday during the Fall/Spring semesters in Ward Edwards 1550 at 2 p.m. The 2018-2019 meeting dates are as follows; Fall-8/31, 9/7, 9/21, 10/5, 10/19, 11/2, 11/16, 11/30. Spring-2/1, 2/15, 3/1, 3/15, 3/29, 4/12, 4/26, and 5/3. Applications should be submitted no later than the Friday prior to the next scheduled meeting.

Please see the Application tab for updated applications. After September 1, 2017 these are the only applications that may be submitted. Any protocols submitted on the old applications will be returned for revision.



Steps for Protocol Approval

The following steps will guide you to protocol approval

- 1. Acquire a faculty advisor
- 2. Complete Responsible Conduct for Research (RCR) module of CITI training
- 3. Generate your research design and consent form (if needed)
- 4. Complete the correct application (all applications are found under "Applications" in the left navigation menu)
- 5. Submit your application to Blackboard along with corresponding materials i.e., consent form, surveys, permission from sites to conduct research.

Contact Kathy Schnakenberg, the UCM Research Compliance Officer, with further questions at researchreview@ucmo.edu



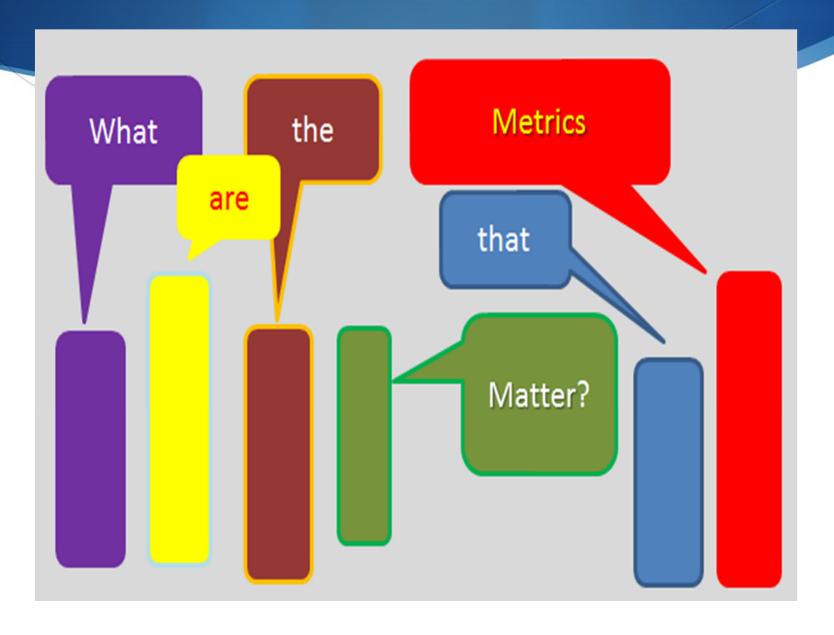
Informed Consent Templates



Additional Human Subjects Resources

ITEM Protocol Number	LAST ACTIVITY Nov 15, 2018 9:40 AM GRADED	933/1256/1263
Not human subject determination Assignment View Rubric	Nov 14, 2018 6:55 AM GRADED	1.00
Exempt application Assignment View Rubric	Nov 16, 2018 2:49 PM GRADED	1.00
Expedited application Assignment View Rubric	Aug 23, 2017 1:22 PM GRADED	1.00
Full application Assignment View Rubric	UPCOMING	<u>-</u> /4
Revisions Assignment View Rubric	UPCOMING	<u>-</u> /4
CITI verification Assignment	Aug 24, 2017 2:11 PM GRADED	8/24/20
IRB Letters View Description	Feb 15, 2019 11:40 AM GRADED	Amd 2/15/2019
Consent View Description	Nov 19, 2018 9:37 AM GRADED	App 11/19/2018
Amendments Assignment View Rubric	Feb 15, 2019 10:58 AM GRADED	1.00 /4
Renewal Assignment View Rubric	UPCOMING	<u>-</u> /4
External IRB Approvals Assignment View Rubric	UPCOMING	<u>-</u> /4
Final Report Test	UPCOMING	/16
Project Status Report Test	UPCOMING	/10

Evidence



2011 PRE BLACKBOARD AVERAGE NUMBER OF DAYS UNTIL REVIEW COMPLETED

		NRN 2012
242 total	UCM	benchmark
Exempt	9.5	14
Expedited	13.4	15
Full	21	25

2012 USING BLACKBOARD COMMUNITY AVERAGE NUMBER OF DAYS UNTIL REVIEW COMPLETED

		NRN 2012	
180 total	UCM	benchmark	
Exempt	12.7	14	
Expedited	17.6	15	
Full	24.4	25	

2011 PRE BLACKBOARD AVERAGE NUMBER OF DAYS UNTIL APPROVED

		NRN 2012	
242 total	UCM	benchmark	
Exempt	10.5	14	
Expedited	18.9	35	
Full	33.1	47	

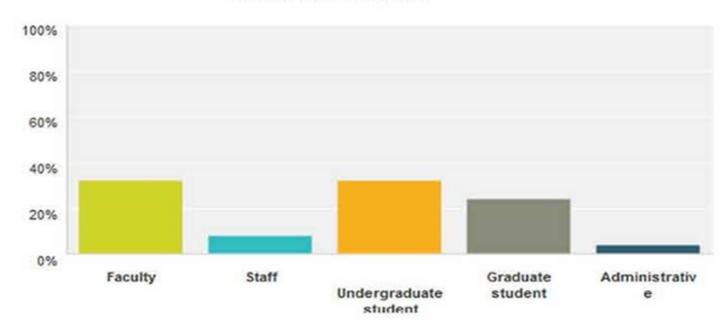
2012 USING BLACKBOARD COMMUNITY AVERAGE NUMBER OF DAYS UNTIL APPROVED

		NRN 2012	
180 total	UCM	benchmark	
Exempt	14.3	14	
Expedited	21.0	35	
Full	29.8	47	

National Research Network benchmarks retrieved from http://irbnetresources.org/news/benchmark2012.html

What is your role at UCM?

Answered: 25 Skipped: 0

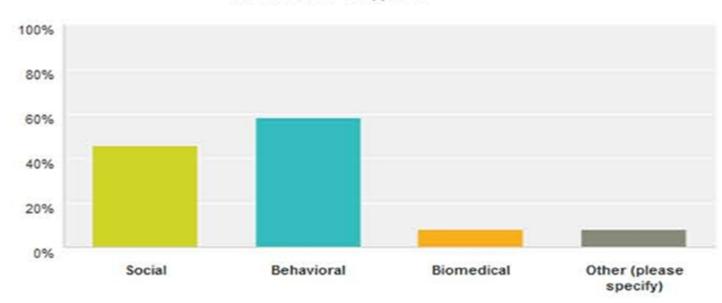


Answer Choices	Responses	Responses	
Faculty	32%	8	
Staff	8%	2	
Undergraduate student	32%	8	
Graduate student	24%	6	
Administrative	4%	1	

Total Respondents: 25

What type of research do you primarily submit to UCM IRB?

Answered: 24 Skipped: 1

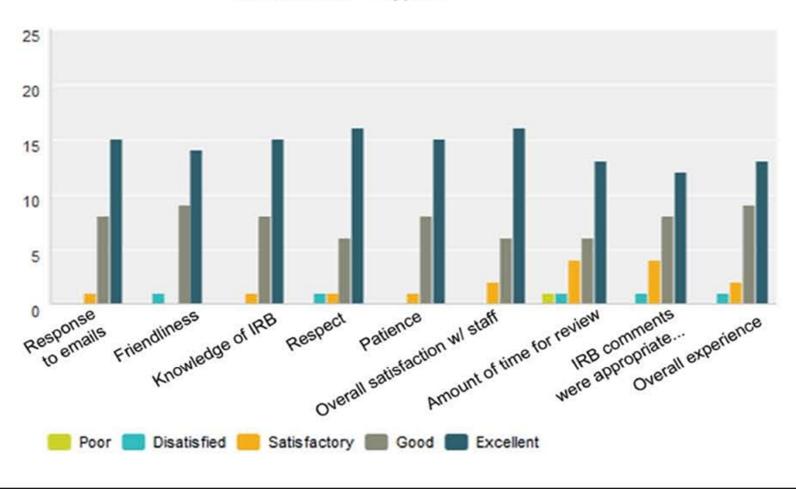


Answer Choices		Responses	
Social		45.83%	-11
Behavioral		58.33%	14
Biomedical		8.33%	2
Other (please specify)	Responses	8.33%	2

Total Respondents: 24

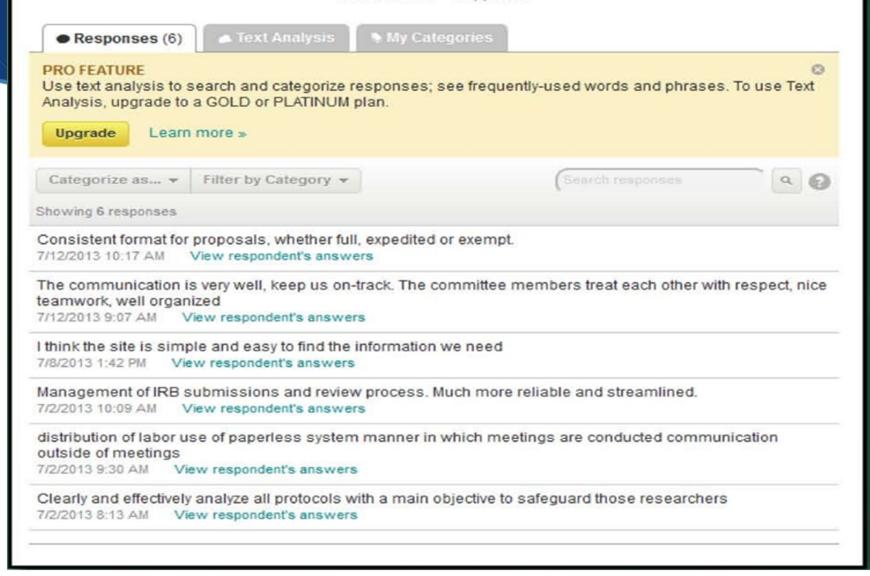
Rate on a scale from 1-5-5 being the highest and 1 the lowest

Answered: 25 Skipped: 0



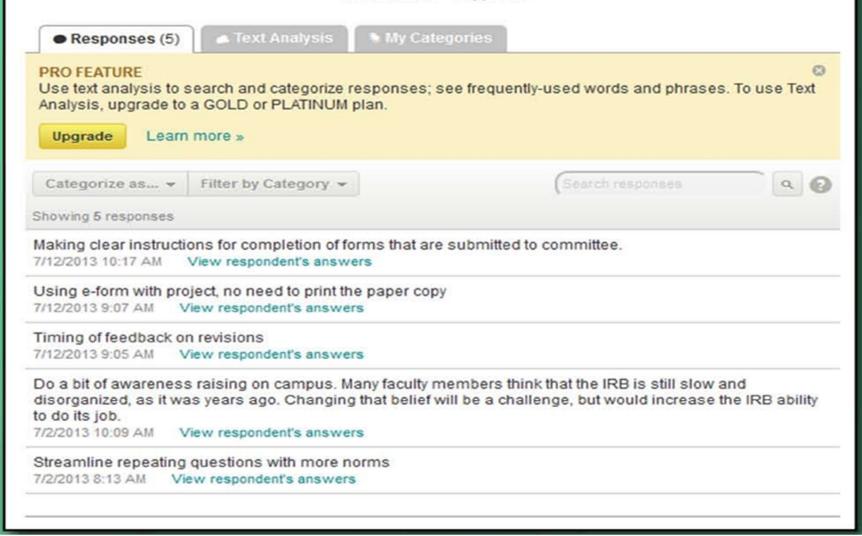
What are things that IRB does well?

Answered: 6 Skipped: 2



What are things that IRB could improve upon?

Answered: 5 Skipped: 3



Embedding Ethics Into Brief Training Videos

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The free time that is gained by using a brief, series of videos is dedicated to building campus awareness and culture including:

- visiting classes & clubs
- attending faculty committee meetings
- connecting with major research stakeholders
- board meetings



Cooper, J.A. (2011). Institutional Review Board (IRB) 201: An In-Depth Analysis of the Criteria for Review. Public Responsibility in Medicine and Research. Boston, MA.

When Times Change Scholarly Activity Strategic Positioning Platform

Mission

Research, scholarship and creative projects are one of the three strategies (teaching, service, and scholarship) that UCM uses to ensure top notch faculty will engage their students in relevant co-curricular experiences that exemplify learning to a greater degree.

Positioning Statement

Research, scholarship and creative projects are a pragmatic approach to attaining knowledge:

- keeping both faculty and students current with hands-on experience in disciplinespecific techniques;
- shaping the future through greater degrees of skill development, collaboration and problem solving;
- producing knowledge and further inquiries which positively impact local communities and the world.

Human Subjects Research Stakeholders and Vulnerable Groups

Research Pool

Research Subjects

Researchers

IRB Members

IRB Administrators

Institutional Administrators

Funders

Current Students

Future Students

Current Faculty

Future Faculty

Current Employees

Future Employees

Community

Taxpayers

FSGO Elements of an Effective Compliance Program

Designation of a Compliance Officer

Development of Compliance Policies

Development of Open Lines of Communication

Provision of Training and Education

Internal Monitoring and Auditing

Response to Detected Deficiencies

Enforcement of Disciplinary Standards

Assessment of Program's Effectiveness

Combatting Resistance to Process Improvements

Ability to demonstrate compliance with regulations

Stability and equality/fairness (and bureaucracy, which is not always bad)

Ground rules and performance expectations

Lessens waste

Helps identify and locate "other" problems

Appropriate Intervention Ladders

Guide choices through incentives;

Guide choice through disincentives;

Restrict choice;

Eliminate choice.

Questions?

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