

## **Building your Mentoring Relationship – Mentee Worksheet**

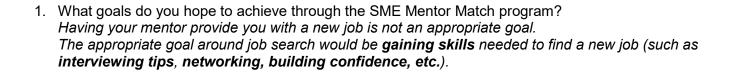
Congratulations on the decision to join the mentoring program. Your mentoring relationship will provide you with knowledge, insight and confidence. Know that the more you put into your mentoring relationship, the more you will get out of it. Answer these questions to frame the conversations you will have with your mentor.

About You
Where are you currently attending school or working within the mining/minerals/underground industries?
What are your specific professional interests at this time?
What are some of your personal interests/hobbies? Could any be applied to your work? (e.g. w hiking, traveling, flying drones, etc.)
Professional Goals

Even if you don't have well-defined answers to the below at this time, you can just jot down some ideas to discuss with your mentor.

- 1. What are your short-term career goals?
- 2. What are your long-term career goals?

## Mentoring Goals



2. Describe any experiences or learnings you hope to get from this mentoring program (Career trajectory, skills to prepare for performance reviews, information on work/life balance, etc.)