

#SITCFunRun Friday, Nov. 7 • 6:45 a.m. ET

INSTRUCTIONS FOR 5K:

1. The race will begin and end at the fountain on the southwest side of the Gaylord, overlooking the Potomac River. Get ready at the north end of the fountain and head off!
2. Enjoy the riverfront views until you reach National Plaza. Stay close to the river and continue north along the path while taking in the Waterfront District and the Capital Wheel!
3. Enjoy the view of the Potomac River and continue following it when you approach a fork in the road.
- 4, 5. Cross onto Rosalie Island using the pedestrian bridge and loop around the Potomac River Waterfront Park before making your way back to the Gaylord.

No Registration Required. This informal event will start outside of the Gaylord National Resort & Convention Center on the southwest side near the fountain overlooking the Potomac River.

- Take a picture of you or your fellow runners/walkers and then post it to social media with hashtag **#SITCFunRun** to share

