

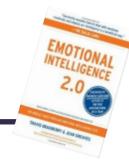
# Virtual Event

1.2 CRC CEUs



**Emotional Intelligence is a person’s ability to understand, use, and manage your own emotions in positive ways can help relieve stress, communicate effectively, empathize with others and overcome challenges and defuse conflict. In this Virtual Event speaker Lori Fightmaster will take a deep dive into the subject and teach the difference between IQ and EQ and techniques on how to manage your emotions, improve self-control, and discover how EI can help you develop more positive relationships at work and at home.**

Want to learn more and Test your EI? Reading in advance is encouraged to deepen the conversation and learning at this event. Check out Emotional Intelligence 2.0 by Dr. Travis Bradberry & Dr. Jean Greaves.



**L**ori Fightmaster understands the power of connecting with others and is inspired by the foundational significance that takes place when we open our hearts and minds to listen for learning.

As Chief Learning and Diversity Officer for First United Bank, she celebrates 32 years in the banking industry and 10 year as certified Emotional Intelligence instructor.

She found a calling in the space of Emotional Intelligence, becoming a certified Emotional Intelligence Instructor, Power of TED\* Practitioner, founder of Breakthrough Consulting, promoter, and speaker.

Lori is intentional about serving her community, empowering others to live a life of choice.

At the center of Lori's life is her husband of 32-years, Robert, their son Ryan



**REGISTER TODAY**  
**APRIL 5th, 2022**  
**1:00PM**

Members: \$10.00 | Non-Members: \$20.00

**Upcoming Events**

SAVE THE DATE

**3/10** A lesson in Derivatives: Back to Back SWAP Transactions  
**4/28** Lending Horror Stories

DATES COMING SOON

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