

RMA St. Louis presents Your Intentional Life

The St. Louis Chapter of The Risk Management Association is pleased to commence its 2021 programming with a five-part series designed to help you be your best self. The second workshop will take place on **February 25, 2021.**

Please join us on a journey toward a more intentional life.

**Workshop 4: Janine Adams – February 25, 2021 at 3:00 p.m. C.T.
Declutter for Good**

Do you have an overabundance of items in your home or office that get in the way of your living with ease? Do you sometimes create order and then struggle to maintain it? In this workshop you'll learn the benefits of decluttering and organizing and some principles of organizing that apply to most every situation. And then we'll discuss the nuts and bolts of decluttering, so that you'll feel empowered to address the spaces in your home or office that are bothering you. You'll learn about creating organizing systems that work for the way you think and creating beneficial habits that stick.

Janine Adams, CPO



- Certified Professional Organizer (CPO)
- Past President, St. Louis Chapter of the National Association of Productivity & Organizing Professionals
- Learn more about Janine at:
<https://www.peaceofmindorganizing.com/> and
<https://www.linkedin.com/in/janineadams/>

Janine Adams, a Certified Professional Organizer (CPO), founded Peace of Mind Organizing[®] in St. Louis in 2005. Her teams of organizers help clients create swift and dramatic changes in their homes. Janine blogs at www.peaceofmindorganizing.com and with life coach Shannon Wilkinson, hosts a podcast called Getting to Good Enough, about letting of perfectionism. An avid genealogist, she started the blog Organize Your Family History in 2012.



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Registration Information:

- **Presentation Format:** WebEx - Link for applicable session will follow via e-mail upon registration.
- **Workshop:**

Cost		
<input type="checkbox"/>	• Session 4—Organization	• February 25, 2021 \$25.00

- **Time:** This session will **start at 3 p.m. C.T.** and **end at 4:15 p.m. C.T. (75 Minutes)**. An opportunity to ask questions and to network will be provided.
- **Access:** Upon registration and receipt of payment, a link for the applicable WebEx Session will be delivered to the e-mail address provided.
- **Register** for all or individual sessions at <https://community.rmahq.org/stlouis/home?ssopc=1>.
- **Contact** Rose Corbett at rmast.louis@gmail.com (573) 301-6111 with any questions you may have.