



**Risk and  
Insurance  
Management  
Society, Inc.®**

*RIMS NEWS*  
*JUNE*  
*2003*

**THE AWARD WINNING HOUSTON CHAPTER**  
**Advancing the Risk Management Profession**

## **“How to Stay Fit and Healthy on the Road”**

**So many of us in the insurance community travel, both for business and pleasure. We can all use some tips on stress-busting, defensive dining, and (Dr Jo’s D.R.E.A.M.) a formula for getting a good night’s sleep anywhere. Learn from Dr. Jo the way to minimize jet lag, get a workout in a hotel, pack light, and how to keep your cool when you feel like screaming!**

**Joanne Lichten, PhD, RD is an accomplished speaker, spokesperson, and author on areas of personal change. She has presented more than 1000 keynotes, seminars, and full-day programs to a wide variety of companies, associations, agencies, and groups. Her topics include: How to Stay Healthy & Fit on the Road, How to Fix an Attitude, Defensive Dining, Stress Solutions, Swimming in a Sea of Priorities, and other topics.**

*(Continues on page 3)*

Dr. Lichten below as pictured in her Travel Talk column found in USA Today.



**On the road with...**

Dr. Jo Lichten

## **Gamma Iota SIGMA and RIMS**

A group of students that included Crystal Heydari, Nilesh Patel and Farid Chatur from the University of Houston’s Bauer College of Business were guests at our RIMS meeting during early 2002. At the time, they were in the process of starting a chapter of the Gamma Iota Sigma Fraternity, a professional fraternity for students with interests in the insurance, risk management and actuarial science professions. Our chapter was a supporter of this endeavor and it was an honor to be invited to the chartering ceremonies of the fraternity.

On April 11, 2003, our president, Pam Chavez and I attended the Gamma Iota Sigma Alpha Upsilon Chapter chartering ceremonies at the University of Houston. After opening remarks and introductions of all the guests, the ceremonies began. Attendees at the function traveled from near and far to be a part of this wonderful affair. There were a number of distinguished guests in attendance such as Lauren Tawney of Marsh who participated in the ceremonies, past board member, Michael Tawney of Loomis Fargo & Company and Mack Rogers of John L. Wortham & Son, L.L.P., to name a few. After the officers were sworn in and photos taken, Pam communicated our commitment to the ongoing support of the students and encouraged their involvement in our chapter.

When the chartering ceremonies concluded, everyone proceeded to Magic Island Restaurant for a reception and wonderful dinner that was followed by a magic show. It was a memorable evening.

*(Article written by Ella Andrews, past President for RIMS Houston Chapter)*

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## From the President's Desk

This month we are honoring our brokerage community at our luncheon meeting. The Houston Chapter of RIMS would like to say thank you to our local brokerage community for their support of our chapter over the past year. We have always been able to count on our local brokerage community for their financial support, their help in locating speakers for our luncheon meetings and special events, and last but not least, their generous support of time, through allowing their employees to volunteer at our various events throughout the year. I am sure you have many other reasons to say thank you to your broker, so please invite them to join you for lunch on June 18<sup>th</sup>.

Can you believe the year is almost half way over!! Summer is now upon us and many, including myself, are planning summer vacations. Whatever your plans are over the next few months, be sure to put RIMS on your calendar and join us for our monthly luncheon meetings June 18<sup>th</sup>, July 16<sup>th</sup> and August 20<sup>th</sup>.

See you at the meeting,

*PAM*





## Regulatory & Legislative Issues

Tennessee Supreme Court Workers' Compensation Panel decision will make it even more difficult to deny liability over issues of medical causation:

- ❖ An employee does not have to specify the nature of his alleged injury in his Complaint. Therefore, although the Employee did not allege carpal tunnel syndrome in his Complaint, those claims were not untimely.
- ❖ A permanent medical impairment rating is not always indispensable to a finding of permanent vocational disability. Although there was no testimony of a permanent medical impairment for the combined effect of concurrent injuries, the trial court properly awarded benefits to the body as a whole.
- ❖ The refusal of the Employer to provide medical treatment because a physician chosen by the Employer refuses to state with reasonable medical certainty that the claimant's injuries were causally-related to his accident at work IS EVIDENCE OF BAD FAITH. Liability for medical benefits often exists because of a mere probability of such causal connection. No degree of certainty is required.
- ❖ Finally, the Court held that while bad faith penalties were appropriate, the Court has no authority to award attorneys' fees under these circumstances.

(“How to Stay Fit and Healthy on the Road” from page 1)

Dr. Jo has touched more than a million people through her books, articles, and the mass media. She's a regular contributor to the business travel section of [USATODAY.com](http://USATODAY.com). Dr Jo has appeared on [hundreds of TV and radio shows](#) including CNN and the Fox News Channel and has been quoted in hundreds of [newspapers](#) across the country including The Washington Post. Her articles and quotes have appeared in [magazines](#) including Muscle & Fitness, Cooking Light, Business Traveler, Fit, Weight Watcher's, Prevention, Trucker's News, Cosmopolitan, MotorHome, NW Airlines World Traveler, Woman's World, and many others.

**Dr. Jo's first career was as a clinical dietitian. (BS in nutrition, SUNY Plattsburgh; MS in human nutrition, Virginia Polytechnic Institute). As one of the youngest in the country, Joanne became the Dietetics Director and assistant professor at the University of Texas/Pan American University where she developed a BS Degree in Dietetics Program and earned full national accreditation. Shortly after she earned her PhD in Adult Education from Texas A&M University.**

Broker Appreciation Day, June 18th.



Meeting Notices, Newsletters and other chapter correspondence are now sent out by [e-mail](#). If you are a deputy member and are not receiving yours please let us know by contacting Jim Lyon, Membership Director. All others, Associates and Non-Members, please contact Monica Olis. Deputies can update/correct information by logging on to the Society web site: [www.rims.org](http://www.rims.org).

## Member's Corner

The Houston Chapter has the privilege of welcoming the following new Corporate Deputy members:

- Fairfield Industries Incorporated
  - Jack Milstead, Risk Manager
- Grant Prideco, Inc.
  - Cindi Slaughter, Director of Risk Management
  - Robert Cobb, Claims Manager
- Hewlett-Packard Company
  - Hank Chan, Business Risk Manager
  - Chris Palmer, Business Risk Manager
- Houston Independent School District
  - Tom Dolan, Manager, Workers' Comp. & Claims
- Hyatt Corporation
  - J'Don Bollom, Wellness manager
- North Harris Montgomery Community College District
  - Sandra McMullan-Liggett, Vice Chancellor

We would also like to welcome our new Associate Member:

- Jim Cornell, Attorney
- Jim Loucks, AON Risk Services
- Reed Moraw, AON Risk Services

Last, but certainly not least, we welcome our new Affiliate Member:

- Ella Andrews, Sr. Analyst



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### Houston Area Job(s) Listing for June 2003

Weingarten Realty Investors - Corporate Risk Manager (05/2003)

Goodman Manufacturing Company, LP - Safety Engineer (03/2003)

Apollo Partners - Career Opportunities in Houston (05/2003)

- ❖ Any job listing descriptions, contacts, etc. can be found at The Houston RIMS website: <http://houston.rims.org/ChapterWebsite/RIMSChapter.cfm?CID=328>
- ❖ For further information regarding positions or to place a job opening for your company in our newsletter, contact Toni Green, Director - Job Placement, via email at [toni.green@nli-usa.com](mailto:toni.green@nli-usa.com) or by telephone at (281) 423-3357.
- ❖ For information regarding National RIMS listings, contact Jennifer Berman at RIMS New York at (212) 286-9292 or email: [jberman@rims.org](mailto:jberman@rims.org).
- ❖ Also, look online at the Houston Chronicle's classified web site under employment. Do a key word search for Safety or Risk Management: [www.houstonchronicle.com/classifieds](http://www.houstonchronicle.com/classifieds) or look online at the Houston Press's classified web site: [www.houstonpress.com/classifieds](http://www.houstonpress.com/classifieds)



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## Houston Chapter of RIMS

### UPCOMING EVENTS

Luncheon Meetings are at 11:30 am

### 2003

**June 18, 2003**

**Broker Appreciation**

**July 16, 2003**

**August 20, 2003**

**September 17, 2003**  
Recognition of those  
receiving the ARM  
designation.

**October 17, 2003**  
**Fall Conference**  
The Woodlands Convention Center

**November 19, 2003**  
Roster of New Board Members Presented  
Closed Meeting "Deputy Members Only"

**December 17, 2003**  
**50th Anniversary Celebration**  
Installation Ceremony: New Officers

**January 21, 2004**



Check the web Site: [www.rims.org](http://www.rims.org) >chapters  
>chapter web sites > Houston.  
Watch for event information.

### Reservation Deadline

is **Monday, June 16th, 2003 at 4pm.**  
Please send your response by e-mail to  
[ginny.penzell@elpaso.com](mailto:ginny.penzell@elpaso.com) or fax the  
notice to her, at 713.420.6350.

The Luncheon Registration form is avail-  
able on the chapter web site at  
[www.rims.org](http://www.rims.org)

choose "chapters" then "chapter web  
sites" then "Houston" look for the  
"Monthly Meeting Notice" on the list to  
the left.

### MEETING PLACE

**Crowne Plaza Medical Center Hotel.**  
**6701 Main @ Holcomb, Houston, TX 77030.**  
**Phone # 713.797.1110**

**Parking is available in the hotel garage for \$3.00.**  
**Bring your parking ticket to the registration table**  
**for a validation sticker.**

**Parking is also available on the surface**  
**lot to the south of the hotel**

