WA-IARP FALL CONFERENCE

SUCCESSFUL VOCATIONAL REHABILITATION PLANNING

SEPTEMBER 12-13, 2013

THE HOTEL MURANO • TACOMA, WA
2013 Fall Pre-Conference

Creating the Timely, Defensible Ability to Work Assessment (AWA) & Preparing for a PSRS Audit

Agenda

Thursday September 13, 2013

8:30 – 9:00 am  Medical Case Management
9:00 – 9:45 am  Transferable Skills Analysis
9:45 – 10:30 am  Job Analysis
10:30 – 10:45 am  Break
10:45 – 11:15 am  Job Modification
11:15 – 12:00 am  Labor Market Survey
12:00 – 12:45 pm  Lunch
12:45 – 1:30 pm  AWA Outcomes
1:30 – 2:45 pm  AWA Components and Report Writing
2:45 – 3:00 pm  Break
3:00 – 5:00 pm  Private Sector Rehabilitation Services – Preparing for and defending a PSRS audit
5:00 pm  Closing
2013 Fall Pre-Conference

Creating the Timely, Defensible Ability to Work Assessment (AWA) & Preparing for a PSRS Audit

Topics and Speakers

Thursday September 12, 2013

Title: Medical Case Management

Objective: Attendees will increase their understanding of medical diagnoses, treatment and prognoses associated with common musculoskeletal conditions associated with industrial injuries. The presenter will discuss medical specialties and best practices for communicating with the medical community.

Speaker:
Chris Fascilla, Ed.S., CRC has been a rehabilitation counselor and vocational evaluator since 1980. He became a CRC and CVE in 1985 after receiving his Masters in Rehabilitation Counseling and Educational Specialist degree in Vocational Evaluation. He has worked in a variety of settings such as, non-profit organizations working with developmentally disabled, private rehabilitation companies working with industrial insurance and disability management at Boeing. Chris is currently employed at Northwest Center for Integrative Medicine, an interdisciplinary pain rehabilitation program where he provides vocational / educational services, biofeedback and relaxation therapy to injured workers with chronic pain.

Title: Transferable Skills Analysis

Objective: Attendees will be able to define a transferable skill and how to use a transferable skills analysis to determine employability.

Speaker:
Kari Hansen D’Aboy, MA, CRC, has over 25 years of vocational and management experience. Kari received her degree in Counseling Psychology from Gonzaga University and a Certificate in Human Services Management from the University of Washington. She is a past President of the Washington Chapter of the International Association of Rehabilitation Professionals and currently serves on the Board. She has been an IARP-sponsored statewide trainer of vocational rehabilitation counselors since 1993. Kari has practiced in private sector vocational rehabilitation in Washington for over 25 years working state fund, self-insured, long term disability, VA, and legal cases. She specializes in training, curriculum development, and human services management issues. Kari is formerly an adjunct professor at The Evergreen State College teaching counseling and management related courses. She currently manages D’Aboy Career Horizons, a worker-owned vocational cooperative, and provides online learning opportunities through BlueCarbon Learning.
Title: Job Analysis

Objective: Attendees will be able to define DOT physical demand characteristics and describe how they are used in performing an on-site job analysis. Standardized methodology for measuring weight and frequencies will be presented.

Speaker:
Chris Fascilla, Ed.S., CRC

Title: Job Modification

Objective: Attendees will learn why, when and how jobs may be modified or accommodated to meet the client’s physical capacities. The presenter will discuss and review adaptive equipment, ergonomic work stations and accommodation resources such as JAN.

Speaker:
Chris Fascilla, Ed.S., CRC

Title: Labor Market Surveys

Objective: The attendees will be able to define a labor market survey and learn how to conduct a labor market survey that is objective and defendable using standardized methodology.

Speaker:
Kari Hansen D’Aboy, MA, CRC

Title: AWA Outcomes

Objective: Attendees will learn the outcome codes used in assessing a client’s ability to work and be able to list the supporting documentation required by WA Department of Labor & Industries.

Speakers:
Kari Hansen D’Aboy, MA, CRC

Topic: AWA Components and Report Writing

Objective: Attendees will lean the components of an ability to work closing report including, closure code, summary of activity, medical history, MMI, return to work priority, work history, education, employer contact and recommendations.

Speaker:
Kari Hansen D’Aboy, MA, CRC

Topic: Preparing for and Defending a PSRS Audit
Objective: Attendees will learn the “anatomy” and process steps of an audit by the WA Department of Labor & Industries Private Sector Rehabilitation Services auditor. The presenter will discuss best practices for defending the integrity of rehabilitation services and work product.

Speaker:
Sam Harvey, Ph.D. earned a doctorate in philosophy from the University of North Carolina, Chapel Hill and has served on the faculties of several universities and colleges. He became a vocational professional in 1978, designing and operating a vocational training program for Oregon CETA participants. In 1979 he went to work at the Tongue Point Job Corps Center in Astoria, Oregon where he designed new vocational programs. In 1983 he began working in Washington State as a vocational counselor and continued that work in both Washington and Oregon, rising to branch management for several private vocational companies. In 1991 Dr. Harvey went to work as a vocational professional for the department of Labor and Industries. Dr. Harvey served as a vocational auditor in the Department’s PSRS program and is responsible for improvements in the program, including a peer review program and inclusion of rigorous financial auditing. He has been part of the department’s development of WAC 296-19A and is privy to the department’s strategic decisions underlying the rules and the department’s re-formulation of its vocational audit program. Dr. Harvey is a CRC and is published in Workers’ Compensation and Vocational Rehabilitation professional literature. He has recently retired from state service.
My New Career
Successful Vocational Rehabilitation Planning
2013 Fall Conference

Friday September 13, 2013
Agenda

8:00 – 9:00 am  Vickie Kennedy - The Future of Vocational Rehabilitation Services and the VIP Program

9:00 – 10:00 am  Jeremy Senske, PsyD - Executive Functioning and Chronic Pain

10:00 – 10:30 am  Vendor Break

10:30 – 11:30 am  Eric Smith, MD - Best Practices for Monitoring Plan Implementation and Successful Plan Completion

11:30 – 12:00 am  Bob Mortimer - Adjustment to Disability; Overcoming Barriers with Renewed Perspective

12:00 – 1:00 pm  Lunch

1:00 – 2:00 pm  Molly Onkka, MS, Beckie Hill, BA, CDMS & Dennis Funk, MS, CRC - Developing On-The-Job Training Sites

2:00 – 3:00 pm  Judith Parker, M.Ed., CDMS, ABVE-D, CLCP - Ethical Considerations in Plan Development

3:00 – 3:30 pm  Vendor Break

3:30 – 4:30 pm  Brad Bates, PhD - How Psychologists Can Help Improve Vocational Outcomes

4:30 pm  Closing
Title: The Future of Vocational Rehabilitation Services and the VIP Program

Objective: The presenter will discuss the future of vocational rehabilitation services in Washington’s Industrial Insurance system based on the recent reauthorization by the legislature to extend the Vocational Improvement Pilot Program.

Speaker:
Vickie Kennedy is the Assistant Director for Insurance Services at the Washington State Department of Labor and Industries, managing one of the nation’s largest workers’ compensation insurers. She oversees approximately 1,000 employees involved with L&I’s State Fund workers’ compensation functions including Claims Administration, Employer Services (Policy and Account Management), Health Services Analysis (management of provider fee schedule and medical cost containment efforts), Office of the Medical Director, and the Self-Insurance program.

Formerly, she was the Director’s Chief Policy Advisor and worked closely with agency leadership, external stakeholders and legislators on workers’ compensation policy and approaches to improve Washington’s system for employers and injured workers. Vickie has also managed the Insurance Services Policy and Quality Coordination and Pension programs.

Title: Best Practices for Monitoring Plan Implementation

Objective: Attendees will learn best practice strategies in monitoring a client’s medical and psychological stability during plan implementation to ensure successful plan completion.

Speaker:
Eric Smith, M.D. is board certified in Occupational Medicine, a senior FAA examiner, and a Certified Medical Review Officer. He received his medical training at Oregon Health Sciences Center, Deaconess Medical Center in Spokane, and the University of Washington, School of Public Health. He was licensed in Washington State in 1982. He is Board certified in Occupational Health, which deals with the relationship between health and work, since 1991.

Title: Executive Functioning and Chronic Pain

Objective: The presentation will examine how disruptions in executive functioning (i.e. initiating behaviors, organizing tasks and behaviors, regulating emotions, maintaining attention and concentration, inhibiting unwanted behaviors, etc.) can complicate the course of clinical treatment and returning to work in individuals with chronic pain with an emphasis on detection, assessment procedures, treatment and future directions.
Speaker: Jeremy Senske, PsyD is a licensed psychologist in Washington State. His background includes working with individuals with psychosis, unipolar and bipolar depression and anxiety, as well as experience working with individuals in acute crisis situations. He has extensive training and experience in Health Psychology, most notably oncology, diabetes, chronic pain and cognitive and neuropsychological assessment. His research interests lie in executive function and dysfunction and the role these functions play in behavioral health conditions such as chronic pain. Additionally, Dr. Senske also has research interests in pharmacological and non-pharmacological treatment of executive functioning spectrum conditions. Dr. Senske also serves as an adjunct faculty member in Argosy University, Seattle's Counseling Psychology and undergraduate programs.

Title: Adjustment to Disability; Overcoming Barriers with Renewed Perspective

Objective: Attendees will learn about the adjustment process people make when faced with an unexpected disability and that having a disability does not mean there is a handicap. Handicaps are things we put on ourselves that keep us from Being Our Best. The speaker will explain his adjustment theory and process that “The Only Handicap You Have is the One You Put on Yourself”.

Speaker: Bob Mortimer walked into a downed power line after a late night car crash at the age of 21. His injuries resulted in the amputation of one arm and both legs. He is a motivational speaker who shares his story of hope and courage.

Title: Developing On-The-Job Training Sites – Panel Discussion

Objective: The attendees will learn how to develop a vocational re-training plan that incorporate on-the-job training as the primary means of attaining new work skills. This panel of speakers will address in practical terms how to approach and secure participating employers and develop a training curriculum.

Speakers: Molly Onkka, MS has a Masters in Rehabilitation Counseling from Mankato State University and was a CRC for 10 years. She has almost 20 years professional experience working with individuals with disabilities including eight years as a VRC in the Washington State worker’s compensation system. Molly is currently the acting program manager for the WA State Department of Commerce WorkFirst program where she runs three state-wide transitional jobs programs serving over 3,000 clients per year.

Beckie Hill has a Bachelor’s Degree in Psychology from Western Washington University and is a Certified Disability Management Specialist. She is currently completing training to become a Certified Ergonomics Assessment Specialist. Beckie will continue her work as a vocational rehabilitation counselor as she begins her Master's in Adult Education program in August 2013 via Colorado State University. She has provided vocational rehabilitation counseling through the Washington State Department of Labor & Industries workers’ compensation system for over 13 years, including identifying and assisting with numerous successful on-the-job training placements for her clients. She also provides services in the civil and self-insured arenas.

Dennis Funk holds a Masters in Educational Counseling. He is a Certified Rehabilitation Counselor and Vocational Expert with the Social Security Administration. With over 30 years of experience, Dennis provides a full range of services including eligibility evaluations, Early Return-To-Work Programs, and job site evaluations for injured workers in Oregon and Washington. He is currently the President of Human Resource Development, Inc.
Title: Ethical Considerations in Plan Development

Objective: Attendees will review CRC and CDMS codes of ethics that apply specifically to developing vocational rehabilitation plans. **CRC Codes** will focus on: A.3. Client Rights in the Counseling Relationship, A.5. Roles and Relationships with Clients, D.2. Cultural Competence/Diversity, G.4. Competence to Use and Interpret Tests, and J.13 Distance Counseling Security and Business Practices. **CDMS Codes** will focus on: RPC 2.01 - Dual Relationships, RPC 2.03 – Confidentiality, RPC 2.04 - Interruption of Services and RPC 2.05 - Termination of Services

Speakers:
**Judith Parker, M.Ed., CDMS, ABVE-D, CLCP** has been a practicing VRC since 1987 and works for OSC in Bothell, WA. Judith has provided vocational expert testimony in workers’ compensation, personal injury, dissolution, Social Security, and the Veterans’ Administration. She is a Certified Life Care Planner and is currently serving as a Commissioner for CDMSC.

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Title: How Psychologists Can Help Improve Vocational Outcomes

Objective: Attendees will learn:
1. Several psychological related causes of plan failure
2. How diagnostic evaluations can improve plan success
3. How cognitive & academic testing can improve plan success

Speaker:
**Brad Bates, PhD** is a clinical psychologist and owner of Tacoma Psychology, PLLC. He sees adults and performs therapy, testing, and legal evaluations. While he has a general practice, he specializes in rehabilitation psychology and has over 20 years of experience working within the industrial insurance system.