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  - Vicki Freedman, Institute for Social Research, University of Michigan

- **Data collection**
  - Westat

- **Funding**
  - National Institute on Aging
Vision for NHATS

- Long-term panel study of late-life disability trends and dynamics, disparities, antecedents and consequences
- Platform designed to guide efforts to reduce disability, maximize functioning, and enhance quality of life of older Americans
Sample & Fieldwork

- **Study population**
  - Initially 8,000+ Medicare beneficiaries ages 65 years or older living in all settings
  - Oversample by age and race
  - Periodic replenishment of sample

- In 2020, ~4600 cases ages 70 and older
  - >50% age 80 or older & ~20% Black

- **Fieldwork**
  - 2011-2019: annual in-person interviews
  - 2020: telephone interview
NHATS Conceptual Framework
Guiding Content

Environment (physical, social, technological, service)

Health Conditions

(Impairments in)
Body Functions & Structures

Physical, cognitive and sensory capacity

Accommodations (using assistive devices/environmental modifications, doing less often, getting help)

Ability to carry out essential self-care and domestic activities

Extent of participation in productive, generative, community, social, and civic life

Additional Content

- Socioeconomic and demographic characteristics, wellbeing
- Facility interview: facility type, services, monthly payments
- Last Month of Life interview: place and quality of end of life care
- Dried blood spot collection
- Links to Medicare claims and assessment files
- Geocoded files (older adults, children, caregivers)
- Periodic interviews with family and unpaid caregivers [National Study of Caregivers (NSOC)]
COVID-19 Collections

- During 2020 interview: New open ended item on how COVID-19 has affected participants
  - Plan to transcribe and make available for qualitative analysis

- Following 2020 interview: Two mail-out/mail-back COVID-19 surveys
  - NHATS Participant (or Proxy)
  - Family Members and Friends
  - Instruments available at https://micda.isr.umich.edu/research/covid-19/
NHATS Participant Questionnaire

- COVID-19: symptoms, defining “during” the outbreak, measures taken to limit spread
- Changes (before/during/changes): living situation, social activities, coping behaviors, caregiving, grocery shopping, health care, finances, wellbeing
- Help with daily activities & reasons changed
NHATS Participant Questionnaire

- Contact information for (up to) two adult family members or friends who have helped the most during the outbreak
Family & Friends Questionnaire

- About you: demographic items
- COVID-19: symptoms, defining “during” the outbreak, measures taken to limit spread
- Changes (before/during/changes): coping behaviors, caregiving, work & finances, wellbeing, living situation, contact with NHATS participant, relationship with NHATS participant
Family & Friends Questionnaire

- Help to NHATS participant before/during & reasons for helping
- If help was for health or functioning reasons before or during
  - Change in amount & reasons for change
  - If related to memory: dementia care during outbreak
  - Challenges and supports during outbreak
Goal: Covid-19 collections end by Dec 2020; early release in 2021

For announcements and access to data register at: www.nhats.org