

# SONA News



SONA News

March 2021

**Southwestern Ohio Nurses Association**

## ONA Human Trafficking Awareness Symposium

On March 9, ONA started this conference which consists of 4 live-virtual webinars on March 9<sup>th</sup>, 16<sup>th</sup>, 23<sup>rd</sup>, and 30<sup>th</sup>, each from 12:00pm - 1:00pm earning a total of 4.0 Contact Hours. **Sessions will be recorded for**



**completion by 4/2/2021 for anyone who can't make it to a live session.**

View the event at [ONA CE4Nurses](#) for all details including registration, speaker, and agenda information.

## Join a SONA Committee

SONA Members are encouraged to get involved in their professional association. Consider joining one of these three committees today. Email [info@sonanet.org](mailto:info@sonanet.org) for more information or to volunteer.

### **Human Rights Committee:**

Human Rights Committee members are tasked to assist persons in SONA in understanding, accepting and respecting societal differences which focus on the inherent dignity of individuals. They engage in educational efforts which focus on the inherent dignity and cultural diversity of individuals, review reports of incidents of discrimination in health care and investigate such reports and take appropriate action including referral to units of ONA or to governments or community agencies regarding incidents of discrimination. Meets monthly the 3<sup>rd</sup> Monday 6-7pm.

### **Health and Legislative**

**Committee:** Health/Legislative

Committee members are tasked to educate members in the political process. They evaluate proposed federal, state and local legislation for its implications for nurses, nursing and health and take appropriate action consistent with policies of the SONA Board of Directors. They assist in promoting ONA political and legislative programs. Educate legislators about nursing and health care. Promote legislative activity among membership. Advise the Board of Directors on legislative matters. Meets monthly 2<sup>nd</sup> Tuesday 6-7pm.

**Program Committee:** Program Committee members are tasked to coordinate an annual calendar of events for all SONA program activities. Prepare delegates for convention in regard to candidates and issues. They develop and coordinate educational programs for SONA. Coordinate contact hour activities of the organization. Publish the SONA newsletter. Meets monthly 3<sup>rd</sup> Tuesday 5-6pm.

## SONA Call for Nominations

### SONA BOARD

#### PRESIDENT (9/22)

Robert Weitzel

#### VP (9/21)

Tina Arrona

#### SECRETARY (9/21)

Michelle Thoman

#### TREASURER (9/22)

Jean Anthony

### DIRECTORS

Kathy Franklin (9/21)

Sandra Curtis (9/21)

Patricia Castle (9/22)

Victoria Clark (9/22)

Kelly Hicken-Begley  
(9/22)

#### PAST PRESIDENT

Deborah Schwytzer

#### EXEC. DIRECTOR

Jill Claire

The SONA Nominating Committee invites you to submit your name as a candidate for one of the following leadership positions in the Southwestern Ohio Nurses Association. This is an opportunity to serve your profession and have an impact on its future, to participate in decisions related to nursing and health care, to learn the inner workings of the professional organization at the district and state levels, and to influence the image of nursing.

**Terms of office are for two years:  
September 2021 - September 2023**

#### VICE PRESIDENT

A member of the Executive Committee of the Board of Directors; accepts delegated responsibilities from the committee in relation to personal interest and needs of the Association; in the absence of the President shall assume duties of the President; shall also chair the Bylaws Committee.

#### SECRETARY

Responsible for recording meetings of SONA, the Executive Committee, and the Board of Directors.

#### BOARD OF DIRECTORS

(2 to be elected)

Members meet every other month to transact the business of the Association in accordance with its mission and purposes; act as liaisons to standing committees; initiate action on a variety of professional issues of personal/professional interest; communicate action and direct recommendations for action to SONA committees and ONA Board of Directors when needed.

#### NOMINATION COMMITTEE

(3 to be elected)

Members prepare a slate of candidates for election which is then submitted to the SONA Board and general membership for completion; facilitate the mail ballot voting by membership; determine election results; and notify membership of results. This is a one year term.

#### DISTRICT DELEGATES TO ONA CONVENTION

(74 to be elected)

State level participation as a District Delegate provides the opportunity for members to lobby, network, and influence other nurses. Requires an interest to participate in decisions affecting the ONA, nursing as a profession, and health care in general.

**The 2021 ONA Convention** will be held at the Hyatt Regency in Columbus, OH October 4-7, 2021.

As President, Robert Weitzel will head the SONA Delegation. See Page 3 for Delegate registration and hotel reimbursement details.

**Interested individuals should submit your name by completing the Consent-to-Serve form below and return it by *May 30, 2021* with your bio. The slate will be finalized and sent out for a vote with June newsletter.**

Email to: [info@sonanet.org](mailto:info@sonanet.org)

Mail to: SONA, PO Box 31206, Cin., OH 45231

Fax: 1+513-939-2653

Questions? Call 513-426-6582

*Yes, I consent to serve if elected to...*

\_\_\_\_\_ Vice President  
\_\_\_\_\_ Secretary  
\_\_\_\_\_ Convention Delegate

\_\_\_\_\_ Board of Directors  
\_\_\_\_\_ Nomination Committee

#### My Area of Practice is:

\_\_\_\_\_ Administration    \_\_\_\_\_ Consultant    \_\_\_\_\_ Education    \_\_\_\_\_ Other  
\_\_\_\_\_ Practice    \_\_\_\_\_ Research    \_\_\_\_\_ Retired

Name: \_\_\_\_\_

Address: \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

Phone (h) \_\_\_\_\_ (w) \_\_\_\_\_ (cell) \_\_\_\_\_

E-mail address: \_\_\_\_\_

Signature: \_\_\_\_\_

**Join fellow SONA members taking an active role in your professional organization.**

## Be a SONA Delegate to the ONA Convention

SONA is in a very strong position to give voice on what our state professional organization should look like and be involved in. The House of Delegates, at this convention, will be making decisions that could significantly change the structure and dues of ONA in the future. Therefore, it is important for SONA to fill all its allotted delegate seats.

SONA delegates who are elected to ONA Convention 2021 will be provided a coupon code to utilize during ONA convention registration to cover early bird registration cost only. SONA will reimburse ONA early bird registration fees for those members who attend convention and sign the daily attendance sheet or attendance can be confirmed virtually. SONA will reimburse one time parking, and up to 3 nights in a double occupancy room if convention is held in person, upon receipt.

To run for delegate, use the Consent to Serve form on Page 2 to submit your name to SONA. You may also contact the SONA office at 513-426-6582 or email [info@sonanet.org](mailto:info@sonanet.org) so that your name can be placed on the ballot.

Convention registration and hotel block opens July 1<sup>st</sup>. It is also extremely important for all members to become knowledgeable about the recommended ONA by-law changes prior to the convention to give input/direction to SONA's delegates. Starting in a few months, there will be a significant amount of information and opportunities for discussion available to members before the convening of the House of Delegates.

### ONA Convention Dates to Remember:

- July 1- Registration and Hotel Block opens
- July 29- Final bylaws proposals sent to members
- September 7- Hotel Room Block deadline, Hyatt Regency, Columbus
- October 4-7 ONA Convention

## Women's Shelter Craft Program Restarts April 15!

SONA is resuming our weekly crafts program at the Marie Hatton Women's Shelter every Thursday from 1-3PM. Call 513-426-6582 or email [info@sonanet.org](mailto:info@sonanet.org) to volunteer. Craft donations are not needed at this time.

### Free SONA T-shirt

Free Nurse T-Shirts are available from SONA on a first come, first served basis.

Sizes available include small, medium and large. Please email [info@sonanet.org](mailto:info@sonanet.org) with your name, desired size and current mailing address.



Southwestern Ohio Nurses Association

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PERMIT NO. 1736

**Mark Your Calendar...**

- March 9-30: **ONA Human Trafficking Awareness Symposium**
- March 23: **6pm Finance Committee Meeting**
- March 24: **6pm Board of Directors Meeting**
- March 31: Interact for Change **RN scholarship applications due**, for more information, visit [www.interactforchange.org/nursing-scholarships/](http://www.interactforchange.org/nursing-scholarships/)
- May 12: **UC Florence Nightingale Event**
- October 4-7: **ONA Convention**, Columbus, OH



[www.Facebook.com/  
SONArn](http://www.Facebook.com/SONArn)